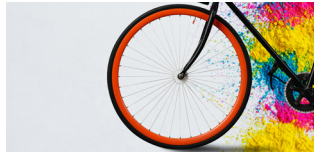


Kawm txog Chromebooks | p. 4



Lub Tsheb Zoo | p. 5



Hnub Mus Rau Crane Foundation | p. 4



Peb nyob hauv Facebook! UWRA-Madison



# THE SIFTER

NEWSLETTER OF THE UNIVERSITY OF WISCONSIN-MADISON RETIREMENT ASSOCIATION

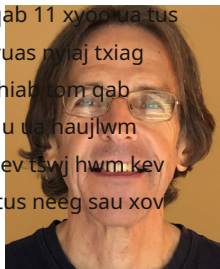
## UWRA kev xaiv tsa

### Tus neeg sib tw Slate rau UWRA Pawg Thawj Coj, 2022-23

An kev xaiv tsa rau tsib lub luag haujlwm ntawm UWRA pawg thawj coj yuav muaj nyob rau hauv lub rooj sib tham ua tswv cuab txhua xyoo rau hnuv Wednesday, Tsib Hlis 18. Cov neeg sib tw yog raws li hauv qab no.

#### Lub Sijhawm Peb Xyoo raws li Cov Neeg Ua Haujlwm Kev Kawm

**Scott Hildebrand** so haujlwm xyoo 2020 tom qab 11 xyoo ua tus pabcuam tshwj xeeb rau tus lwm thawj saib xyuas nyiaj txiag thiab kev tswj hwm (thawj rau Darrell Bazzell thiab tom qab ntawd rau Laurent Heller). Yav dhau los nws tau ua haujlwm ntawm UW-Green Bay. Ua ntej nkag mus rau kev tswj hwm kev kawm qib siab / kev sib txuas lus, Scott yog ib tus neeg sau xov xwm.



#### Lub Sijhawm Peb xyoo ua tus neeg sawv cev hauv University

**Ramona Gasperso** haujlwm xyoo 2020 tom qab 34 xyoo ua haujlwm hauv University of Wisconsin System ua tus pab tswj hwm. Nws yog ib tug tswv cuab ntawm UWRA pawg neeg noj su, pawg neeg ncig tebchaws, thiab Pawg Thawj Coj Loj Kaum 2023.



#### Lub Sijhawm Peb xyoo ua tus sawv cev kws qhia ntawv

**Michael Bernard-Donals**, Chaim Perelman xib fwb ntawm Rhetoric thiab Culture, pib ua haujlwm ntawm UW-Madison nyob rau hauv 1998 raws li ib tug associate professor ntawm lus Askiv. Nws yog yav tas los vice provost rau cov kws qhia ntawv thiab cov neeg ua haujlwm. Thaum tseem tsis tau so haujlwm, nws tau ua tswv cuab ntawm UWRA txij xyoo 2022.



#### Tus tuav nyiaj txiag

**Beth Zempso** haujlwm los ntawm UW-Madison thaum Lub Ib Hlis 2018 nrog cov xwm txheej emerita raws li IS kev lag luam automation laus. Beth pib ua haujlwm rau UW xyoo 1978. Tam sim no nws tab tom ua tiav 3 xyoo ua tus tuav nyiaj.



#### Thawj Tswj Hwm-xaiv

**Rob Seltzer** yog ib nraw so haujlwm thiab tam sim no yog tus kws pab tswv yim nkag hauv tsev kawm qib siab hauv kev coj ua ntiag tug. Nws tau ua haujlwm ntawm UW-Madison rau ntau tshaj 10 xyoo, ua ntej ua tus thawj coj ntawm kev nkag mus kawm thiab tom qab ntawd yog tus pab tshwj xeeb rau kev tswj kev sau npe. Nws so haujlwm los ntawm University hauv 2011.-



Tseem muaj sijhawm los sau npe rau MAY webinars thiab cov rooj sib tham. Saib pp. 4 & 9 kom paub meej.

## Los ntawm EXECUTIVE DIRECTOR'S DESK

### Kev Ua Tswvcuab Txhua Xyoo Rov Ntxiv Tshiab Kicks Off

Los ntawm SANDI HAASE

**A**Koj puas xav paub yog tias koj cov tswv cuab yuav tas rau xyoo no? Muaj peb qhov chaw uas koj tuaj yeem ua tau



nrhiav koj hnuv tshiab. Thawj yog nyob rau hauv email koj tau txais nrog qhov txuas mus rau hauv online tsab ntawm *Tus Sifter*. Qhov chaw thib ob yog daim ntawv xa ntawv ntawm *Tus Sifter*, yog tias koj sau npe rau daim ntawv luam tawm. Qhov thib peb yog nyob rau hauv koj tus tswv cuab profile ntawm [UWRAMadison.org](http://UWRAMadison.org). Tsis tas li ntawd, ob qho tib si email ceeb toom thiab

koj tus tswv cuab profile qhia koj qib kev ua tswv cuab tam sim no. Yog tias koj daim ntawv xa ntawv, email ceeb toom, lossis tus tswv cuab profile qhia 2022, nws yog lub sijhawm los txuas ntxiv!

UWRA muaj ob hom kev koom ua tswv cuab tshwj xeeb uas koj xav tau los txiav txim siab - Kev Lag Luam lossis Lub Neej. Txhua tus tswvcuab tuaj yeem ua kom zoo dua ntawm tus nqi sib tham ntawm "rau xyoo rau tus nqi ntawm tsib" thiab txuag qhov hassle thiab xa ntawv ntawm kev rov ua dua tshiab txhua xyoo. Kev ua tswv cuab lub neej kuj muaj yog tias koj lossis koj tus txij nkawm / tus khub tau txais Wisconsin Retirement System nyiaj xyoo.

Koj tuaj yeem rov pib dua sai dua thiab yooj yim dua hauv online! Muaj peb txoj kev rov ua dua tshiab:

- Txuas ntxiv online thiab them nyiaj online
- Txuas ntxiv online, tsim ib daim ntawv xa nyiaj, thiab them los ntawm daim tshev
- Rov ua dua tshiab nrog daim ntawv xa rov qab luam tawm thiab daim tshev.

Txawm hais tias muaj kev sib tw, UWRA tau muaj lub xyoo zoo heev. Koj yuav tsis xav nco cov kev sib tham zoo kawg uas tau npaj rau xyoo 2022-23. Koj qhov kev koom tes txuas ntxiv tseem ceeb heev rau peb thiab txaus siab heev.

Daim ntawv thov kev ua tswv cuab / daim ntawv txuas ntxiv muaj nyob rau hauv qhov teeb meem no ntawm p. 3. Thov txuas ntxiv koj tus tswv cuab-

nkoj hnuv no thiab khaws koj tus kheej rau hauv daim ntawv xa ntawv kom koj tsis txhob nco ib qho kev sib txuas lus UWRA.

### Koj puas tau sau npe *Sifter*?

Rau cov uas tau xaiv kom tau txais ib tsab ntawv luam ntawm *Tus Sifter*, nws tseem yog lub sijhawm los txuas ntxiv koj qhov kev tso npe, ntawm \$ 15 toj ib xyoo. Daim ntawv sau npe muaj nyob rau hauv qhov teeb meem no ntawm nplooj ntawv 3. UWRA yuav tsum tau txais koj daim ntawv txuas ntxiv ua ntej Lub Yim Hli 1.-



### Txheej txheem: Lub Rooj Sib Tham Txhua Xyoo Kev Ua Tswvcuab

**T**nws UWRA lub rooj sib tham (nrog rau noj su thiab ncig saib) yuav muaj rau hnuv Wednesday, Tsib Hlis 18, 2022, 12:30–4:00 teev tsaus ntuj ntawm Tripp Commons hauv Memorial Union.

I. Hu rau kev txiav txim

II. Zoo siab txais tos cov tswv cuab thiab cov qhua

III. Guest speaker, Mark Guthier

IV. Lub Rooj Sib Tham Kev Lag Luam Txhua Xyoo

- Cov cai tshwj xeeb ntawm kev txiav txim rau cov rooj sib tham txhua xyoo thiab cov tswv cuab tshwj xeeb
- 2021–22 xyoo nyob rau hauv tshuaj xyuas
- Kev lees paub thiab ua tsaug
- 2021 cov rooj sib tham txhua xyoo
- 2021–22 Pawg Thawj Saib Xyuas Kev Ua Haujlwm
- 2021 audit report
- 2022–23 kev siv nyiaj txiag
- Nominating committee report, nominations from floor, xaiv tsa
- Lwm yam lag luam
- Cov lus hais/lus nug los ntawm kev ua tswv cuab
- Dhau qhov muab thiab cov lus hais ntawm tus thawj tswj hwm tshiab

V. Kev ncuav

Ntxiv cov ntsiab lus ntawm lub rooj sib tham, noj su, thiab ncig xyuas tuaj yeem nrhiav tau ntawm [uwramadison.org/event-4545408](http://uwramadison.org/event-4545408) .-

UA NEWS

# Keve nce nqi pib pib lub Cuaj Hlis 1

Tnws UW Retirement Association Pawg Thawj Coj tau pom zoo cov nqi qis me ntsis nce ntxiv txij lub Cuaj Hlis 1, 2022. Cov nqi them tshiab, siv tau nrog cov nyiaj them ua ntej lossis tom qab lub Cuaj Hlis 1, 2022, yuav yog:

- Txhua xyoo\$30
- Kev Lag Luam (6 xyoo rau tus nqi ntawm 5)\$150

- Lub neej\$400
- Tawm ntawm cheeb tsam(nyob sab nraum 535xx, 537xx, lossis 539xx zip codes)\$15
- Tawm ntawm Cheeb Tsam Bargain(6 xyoo rau tus nqi 5 thiab nyob sab nraum 535xx, 537xx, lossis 539xx zip codes)\$75
- Tseem tsis tau so haujlwm\$15

Qhov no yog thawj qhov keve nce nqi txij li UWRA tau tsim nyob rau xyoo 1999 thiab tsis cuam tshuam rau cov nuj nqis xa tawm tam sim no thiab Lub Yim Hli 31, 2022.-

UW-Madison Retirement Association Daim ntawv thov ua tswv cuab thiab daim ntawv rov ua dua tshiab

(Thov Luam)

Lub npe	Tus txij nkawm/tus khub npe
Email	Tus txij nkawm/tus khub Email
Koj puas tau so haujlwm? ___Yog ___Tsis yog Xyoo koj so haujlwm?	Koj puas tau so haujlwm? ___Yog ___Tsis yog Xyoo koj so haujlwm?
Tawm ntawm? (Lub Tsev Haujlwm)	Tawm ntawm? (Lub Tsev Haujlwm)
Kev faib tawm ___Cov Neeg Ua Haujlwm Kev Kawm ___Cov Neeg Ua Haujlwm Kev Kawm ___Faculty (limited) ___Faculty (limited) ___Cov neeg ua haujlwm hauv University	Kev faib tawm ___Cov Neeg Ua Haujlwm Kev Kawm ___Cov Neeg Ua Haujlwm Kev Kawm ___Faculty (limited) ___Faculty (limited) ___Cov neeg ua haujlwm hauv University
Xov tooj hauv tsev Txawb xov tooj	Txawb xov tooj
Txoj Kev Chaw Nyob	Lub nroog/State Zip Code + 4
<b>MEMBERSHIP LEVEL OPTIONS.</b> Txhua qib suav nrog daim ntawv theej hluav taws xob <i>Tus Sifter</i> uas tau tshaj tawm txhua hli lub Cuaj Hli - Lub Rau Hli.	
___Txhua xyoo\$20 ___Nqis(6 xyoo) \$100 ___Lub neej\$300 ___Tseem Tsis Tau Retired\$10	Ntawm 535xx, 537xx, 539xx: ___ \$10 (1 xyoo) lossis ___\$50 (6 xyoo)
<b>NYIAJ</b>	

Koj raug txhawb kom koom nrog hauv online! Mus ntsib UWRAMadison.org

- Koom nrog thiab them nyiaj online
- Koom nrog online thiab them nyiaj los ntawm daim tshav them rau UWRA
- Koom nrog los ntawm kev xa daim foos no thiab daim tshav them rau UWRA rau UW-Madison Retirement Association, 21 N. Park Street, Room 7205, Madison, WI 53715-1218

Subscription Order Form rau daim ntawv luam ntawm *Tus Sifter*

- Daim ntawv sau npe ua haujlwm ib txhij nrog kev ua tswv cuab UWRA Xyoo Nyiaj Txiaj (Lub Xya Hli 1-Lub Rau Hli 30)
- Kev tso npe yuav raug txuas ntxiv txhua xyoo
- Kev tso npe ntau xyoo tsis muaj nyob rau lub sijhawm no
- Luam tawm Sifter tsuas yog xa mus rau US chaw nyob nkaus xwb CEEB TOOM: Txhua tus tswv cuab tau txais ib daim ntawv theej ntawm *Tus Sifter*txhua hli.

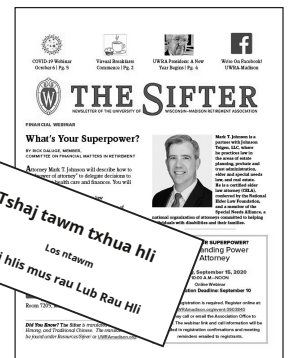
kuv xav subscribe rau *Tus Sifter*hauv daim ntawv ntawm tus nqi ntxiv ntawm \$15/xyoo.

(Thov Luam)

Lub npe	Xeev	Zip + 4 tus lej
Txoj kev		
Lub nroog		
Email		

- Koj tau:
- Sau npe yuav *Tus Sifter*thiab them nyiaj online los ntawm online khw UWRA
  - Sau npe yuav *Tus Sifter*online los ntawm UWRA Store online thiab them los ntawm daim tshav them rau UWRA
  - Sau npe yuav *Tus Sifter*los ntawm kev xa daim foos no thiab daim tshav them rau UW-Madison Retirement Association, 21 N. Park Street, Room 7205, Madison, WI 53715-1218

Thov pab nias subscribe *Tus Sifter*online! Mus ntsib UWRAMadison/Store kom xaj



**Daim ntawv SIFTER SUBSCRIPTION Nqi \$15ib xyoos ib zaug**

**TRAVEL COMMITTEE**

## Crane Foundation Day Trip

Rtsis yog los yog ci, koom nrog UWRA lub Rau Hli 7 mus rau International Crane Foundation (ICF) ze Baraboo, Wisconsin, lub ntiag teb chaw rau kev kawm thiab khaws cia cov cranes. Tsim muaj xyoo 1973 thaum cranes nyob rau hauv qhov xwm txheej txaus ntshai thiab ntau tus nyob rau ntawm qhov kawg ntawm kev ploj tuag, ICF yog tib qhov chaw hauv ntiag teb uas koj tuaj yeem pom tag nrho 15 hom cranes hauv ntiag teb!

Yog tias koj tsis tau mus xyuas ICF lossis tsis tau mus xyuas hauv tsib xyoos dhau los, koj yuav xav pom cov chaw nyob thiab kawm txog ICF txoj haujlwm thoob ntiag teb. Tus nqi sau npe suav nrog kev nkag, coj mus ncig, thiab noj su hauv thawv. (ICF cov tswv cuab tsis tuaj yeem siv lawv cov tswv cuab rau kev nkag mus.) Peb yuav ntsib ntawm ICF qhov chaw txais tos thaum 10 teev sawv ntxov hnuv Tuesday, Lub Rau Hli 7. Kev ncig xyuas pib thaum 10:15 AM Qhov no yog kev tsav tsheb tus kheej, lossis caij tsheb nrog phooj ywg.

Nrhiav cov lus qhia tsav tsheb thiab cov ntsiab lus noj su ntawm nplooj ntawv sau npe.-

Yog tias koj muaj lus nug, thov coj lawv mus rau tus kws saib xyuas kev mus ncig Ted Collins ntawm [tedcollins67@gmail.com](mailto:tedcollins67@gmail.com).

### **HNUB TIM: CRANES!**

**Hnub Tuesday, Lub Rau Hli 7, 2022**

10:00 AM – 1:00 PM Self-Drive

\$ 35 / tus neeg suav nrog kev nkag, noj su, thiab ncig saib International Crane Foundation, Baraboo

**Daim ntawv thov Deadline: May 31**

Yuav tsum sau npe ua ntej. Sau npe online ntawm: [UWRAMadison.org/event-4765347](http://UWRAMadison.org/event-4765347)

— Kev sau npe online rau webinars yog ib qho yooj yim, tab sis cov tswv cuab kuj tuaj yeem xa email mus rau UWRA chaw ua haujlwm ntawm [retireasn@mailplus.wisc.edu](mailto:retireasn@mailplus.wisc.edu) lossis hu rau 608-262-0641 txhawm rau sau npe rau cov xwm txheej. Webinar txuas thiab hu xov tooj yog suav nrog kev lees paub kev sau npe thiab kev ceeb toom xa email rau cov neeg sau npe 7 thiab 2 hnuv ua ntej cov xwm txheej.

**ELECTRONIC TECHNOLOGY WEBINAR**

## Txhua Yam Koj Xav Paub Txog Chromebooks (Thiab Puas Xav Nug?)

Los ntawm ORV JORDAHL, tus tswv cuab, ELECTRONIC TECHNOLOGY COMMITTEE

**W**lub kaus mom yog Chromebook thiab nws ua li cas? Nws yog ib yam tshiab uas yooj yim dua, tus nqi qis dua lub computer **n**ce ua



tau txais los ua khoom siv kev xaiv rau cov neeg uas tsis tas computer gurus. Cov menyuum yaus hauv tsev kawm ntawv theem qis, cov laus, thiab cov neeg laus siv lawv. Peb yuav sib tham thiab ua kom pom tias Chromebooks tuaj yeem ua li cas (thiab tsis tuaj yeem) ua, thiab peb yuav piav qhia vim li cas koj thiaj xav txiav txim siab yuav ib qho.-

Yog tias koj muaj lus nug ua ntej, thov coj lawv mus rau tus kws saib xyuas haujlwm Orv Jordahl ntawm [ojordahl@gmail.com](mailto:ojordahl@gmail.com) yog los ntawm hnuv Monday, Tsib Hlis 23.

### **Txhua yam hais txog CHROMEBOOKS**

**Wednesday, May 25, 2022**

10:00 AM – NOON Online Webinar

**Daim ntawv thov Deadline: May 20**

Yuav tsum sau npe ua ntej. Sau npe online ntawm: [UWRAMadison.org/event-4776645](http://UWRAMadison.org/event-4776645)



### **FOOD PANTRY CONTRIBUTIONS**

**C**hecks them rau UW Foundation, nrog "Open Seat" ntawm kab ntawv sau cia, tuaj yeem xa mus rau UWRA, 21 North Park Street, Room 7205, Madison, WI 53715-1218.-

## KEV SIB THAM

## The Wellness Log, Part 3

Los ntawm STEPHANIE EHLE, MS, CWP, CPT

Hnyob zoo thiab zoo siab caij nplooj ntoos hlav! Caij nplooj ntoos hlav yog lub caij zoo siab txais tos xyoo ... lub hnuv ci ntsa iab, cov noog hu nkauj, thiab thaum kawg peb tuaj yeem muab peb cov shov pov tseg. Raws li qhov chaw sab nraum zoov pib nthuav dav thiab hloov pauv, nws yog lub sijhawm zoo los tshawb txog peb ib puag ncig thiab lub cev kev noj qab haus huv.

**Environmental Wellness** encompasses lees paub kev sib koom ua ke ntawm tib neeg, lub ntiab teb, thiab lwm yam tsiaj muaj sia. Kev tuav thiab muab cov peev txheej uas peb xav tau los txhawb lub neej tam sim no thiab yav tom ntej yog lub hom phiaj. Kev saib xyuas cov tsiaj txhu thiab cov chaw uas tau tso siab rau peb hauv txoj hauv kev uas ua kom muaj kev vam meej ntxiv rau txhua tus tsiaj nyob ua rau pom kev loj hlob ib puag ncig. Ua kom muaj kev txaus siab rau qhov kev zoo nkauj uas pom nyob rau hauv qhov xwm txheej thiab ib puag ncig koj tus kheej nrog rejuvenating, nplij siab, thiab lees paub qhov chaw thiab tib neeg ua rau koj muaj peev xwm ua kom rov zoo dua koj tus kheej.

**Kev xyaum hauv tsev** Nrhiav ob hnuv rau lub lim tiam no los siv 10-15 feeb sab nraum. Huab cua ntshiab yog qhov zoo rau peb tus ntsuj plig thiab ua rau peb lub siab xav. Xav txog yuav ua li cas koj tuaj yeem koom nrog kev ua si sab nraum zoov lub caij nplooj ntoos hlav no. Gardening, leej twg?!

Raws li koj tuaj yeem pom, ntau qhov ntev ntawm kev noj qab haus huv sib tshooj. Ib qho kev sib koom ua ke zoo nrog Environmental Wellness yog Physical Wellness.

**Kev noj qab nyob zoos**uav nrog txhua yam ntawm kev ua kom koj lub cev ua haujlwm ntawm nws lub peev xwm siab tshaj plaws nyob rau tag nrho lub neej. Kev tawm dag zog (xws li lub zog, yoog raws, thiab kev ua siab ntev), noj zaub mov, tswj qhov hnyav, kev saib xyuas tus kheej, txo kev ntxhov siab, pw tsaug zog, thiab kev tiv thaiv tus cwj pwm txhua tus ua rau lub cev txav mus los kom ua tiav nws cov kev xav tau txhua hnuv. Kev noj qab nyob zoo ntawm lub cev kuj tseem txwv tsis pub haus luam yeeb, tshuaj, thiab haus cawv ntau dhau.

Hloov chaw ntawm kev txheeb xyuas txhua yam hauv cov npe saum toj no, sim tsom mus rau qhov koj tuaj yeem ua hnuv no los ua koj li

lub neej zoo tag kis. Piv txwv li, kuv tuaj yeem taug kev hnuv no? Los yog xaiv ib qho zaub xam lav es tsis yog burger?



Thaum tsom xam ib yam

ib feem ntawm koj txoj kev noj qab haus huv, nws yuav pab tau

sau rau hauv phau ntawv journal txog qhov koj nyob tam sim no. (Nco ntsoov ua siab mos siab muag thiab tsis txiav txim siab nrog koj tus kheej.) Koj puas tam sim no tawm dag zog? Yam khoom noj twg koj noj? Thaum koj tau soj ntsuam tag nrho, koj yuav muaj lub tswv yim zoo ntawm qhov koj xav mus. Tsis txhob hnov qab nug kev taw qhia yog thiab thaum twg koj xav tau cov ntaub ntawv ntxiv.

**Kev xyaum hauv tsev** Sim daim ntawv teev zaub mov peb hnuv. Sau txhua yam koj noj thiab saib seb puas muaj ib yam dab tsi uas koj ploj lawm. Nws yog yuav luag lub caij veggie hauv zos, lub sijhawm zoo los ntxiv fiber ntau!

Hauv tsab ntawv tom ntej no peb yuav nkag mus rau peb qhov kawg ntawm kev noj qab haus huv: kev ua haujlwm, kev xav, thiab kev noj qab haus huv ntawm sab ntsuj plig. Kuv vam tias koj yuav txaus siab rau koj txoj kev saib xyuas tus kheej. Mus txog rau lwm lub sijhawm, nyob zoo.-

## Wisconsin Coalition of Annuitants (WCOA) Lub Rooj Sib Tham Txhua Xyoo (online)

Los ntawm SANDY DREW, UWRA tus tswv cuab thiab WCOA lub rooj sib tham txhua xyoo

Tnws lub rooj sib tham xyoo yuav nthuav tawm nyob rau hauv ob tag kis sawv ntxov (9:30 AM – tav su) hnuv Thursday, Tsib Hlis 5 thiab Thursday, Tsib Hlis 19. Saib cov webinars dawb no los ntawm kev nplij siab hauv koj lub tsev. Mloog State of Wisconsin Investment Board (SWIB) thiab Employee Trust Fund (ETF) cov neeg sawv cev piav qhia txog kev txhim kho tshiab thiab kev kwv yees txog koj cov nyiaj laus. Tsis tas li ntawd hais lus hauv webinars yuav yog cov neeg sawv cev los ntawm Lub Xeev Lub Tsev Haujlwm Saib Xyuas Kev Noj Qab Haus Huv thiab Tsev Kawm Qib Siab Wisconsin, sib tham txog cov teeb meem kev laus thiab Medicare.

Yog xav paub ntxiv cov lus piav qhia, bios ntawm cov neeg hais lus, thiab cov ntaub ntawv sau npe rau qhov kev tshwm sim pub dawb, mus saib [wicoa.org/2022conference.html](http://wicoa.org/2022conference.html) .-

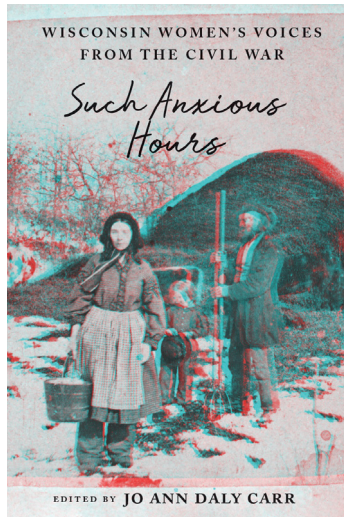
UA NTEJ UA NTEJ

# Los ntawm Carnival Waitress mus rau Sau Sau

Los ntawm JO ANN CARR

**Kuv** Lub Rau Hli 1974 Kuv tuaj txog Madison lig rau hnuv Friday tav su. Ua ntej kuv txawm pib unpacking, kuv hustled mus rau Lub Tsev Kawm Ntawv ntawm Library thiab Information Science (SLIS) mus xyuas lawv cov hauj lwm board. Kuv tau siv kuv lub asthiv thov rau cov haujlwm no nrog rau lwm txoj haujlwm uas kuv nrhiav tau.

Ntawm kuv thawj hnuv Monday hauv Madison, kuv tau xa kuv daim ntawv thov thiab pib ua haujlwm ua tus saib xyuas ntawm Spud-Nuts ntawm State Street. Hnuv Monday thib ob, kuv tau pib ua haujlwm ua tus neeg tos qhua hauv tsev noj mov carnival. Hnuv Monday thib peb, kuv tau pib ua haujlwm rau lub koom haum sau nqi. Hnuv Monday thib plaub, kuv pib kuv txoj haujlwm nrog Tsev Kawm Ntawv Kev Kawm.



Craving stability tom qab ntawd maj ntawm cov hauj lwm, rau peb caug-rau xyoo tom ntej no kuv yog ib feem ntawm kev hloov pauv uas suav. thiab internet coj mus rau cov kev pab cuam, rau cov xib fwb qhia ntawv, thiab rau ntiaj teb no. (Tsis txhob ua cov neeg tshawb nrhiav hauj lwm yuav tsum tau scour cov ntawv ceeb toom tacked rau SLIS cov hauj lwm board.)

Nyob rau hauv retirement, kuv yog en-

zoo siab rau tej yam me me. Kuv nyiam hloov kho thiab tsim cov zaub mov txawv thiab nyiam taug kev ncig lub pas dej ze ntawm kuv lub tsev. Kuv nyiam txoj kev taug kev uas tsis tau npaj tseg hauv lub tebchaws mus rau cov nroog me uas cuam tshuam txog kev cia siab ntawm lawv cov tsim.

Kuv qhov nyiaj laus "kev ua haujlwm" tau txais kev tshoov siab thaum kuv mus koom kev qhuab qhia txog Civil War tsab ntawv los ntawm Wisconsin cov laus. Thaum kawg ntawm kev qhuab qhia kuv nug, "Tab sis

ua li cas rau cov poj niam? Rau yim xyoo dhau los kuv tau sim teb kuv cov lus nug. Thaum xub thawj, kuv nrhiav cov ntawv los ntawm Wisconsin cov poj niam thiab luam tawm ib phau ntawv ntawm cov ntawv ntawd *Cov Sijhawm Ntshai Zoo li no: Wisconsin Cov Poj Niam Lub Suab los ntawm Kev Tsov Rog Thoob Ntiaj Teb* (University of Wisconsin Press, 2020). Tam sim no kuv tab tom tshawb nrhiav cov nyiaj pab los ntawm Union poj niam ntawm Fort Sumter thaum peb lub teb chaws poob rau hauv kev ua tsov ua rog thaum lub Plaub Hlis 1861.

Tsis ntev kuv yuav mus rau Charleston ntsib nrog cov neeg ua haujlwm Fort Sumter, taug kev ntawm cov poj niam ntawm Fort Sumter, thiab tshawb nrhiav cov peev txheej hauv zos. Ib tug ntawm kuv cov viv ncaus mus ncig nrog kuv. Kuv vam tias yuav mus xyuas Charleston Diocesan archives nyob rau hauv nws daim ntawv teev npe thoob!

## PARTNERSHIP THIAB KEV PAB CUAM

### Ua haujlwm pab dawb ntawm UW Arboretum

Los ntawm TOM BROMAN, Thawj Tswj Hwm, COMMITTEE ntawm Kev Koom Tes thiab Kev Koom Tes

**T**nws UW Arboretum yog qhov chaw zoo rau kev tuaj yeem pab dawb hauv qhov chaw zoo nkauj! Lub Arb tau teeb tsa zoo kom tau txais cov neeg tuaj yeem pab dawb thiab coj lawv mus ua haujlwm uas haum rau lawv cov sijhawm teem sijhawm thiab lawv lub cev muaj peev xwm. Txhua tus neeg xav ua haujlwm pub dawb ntawm Arboretum yuav tsum mus ntsib lawv lub vev xaib ([arboretum.wisc.edu/get-involved/volunteer/](http://arboretum.wisc.edu/get-involved/volunteer/)), lossis hu rau Judy Kingsbury, Arboretum tus neeg ua haujlwm pab dawb, ntawm [judith.kingsbury@wisc.edu](mailto:judith.kingsbury@wisc.edu) kev los yog hauv xov tooj 608-262-5604.-

### Lub Peb Hlis 1-31, 2022

#### Peb zoo siab txais tos cov tswv cuab tshiab

**Michael Bernard-**

**Donals,** *Lus Askiv*

**Christine Coughlin**

**Ian Duncan,** *thiab Kho mob*

*Kev tshawb fawb*

**Todd Friske,** *Ua*

**Richard Linton,** *Ua*

**Donna Mober,** *Kev saib xyuas mob*

**Barbara Strand,** *thiab*

*Pediatrics*

**UWRA yog koj lub network hauv kev so haujlwm!**

## ACTIVITIES nyob rau hauv so

### Txuas Kev Tshawb Fawb rau Lub Koom Haum

Los ntawm BASSAM Z. SHAKHASHIRI, UWRA tus tswv cuab

Rnyiaj tau los ntawm kev ua neej nyob Wisconsin Idea thiab txuas kev tshawb fawb nrog tib neeg? Nah, koj yuav tsum xav txog lwm tus. Txawm hais tias kuv tau so haujlwm ua ib tug xibfwb ntawm chemistry, kuv tseem yog William T. Evjue Distinguished Chair rau Wisconsin Idea thiab kuv tseem tsis tau tiav. Koj puas xav koom nrog kuv hauv import-



kev nthuav qhia thiab kev koom tes rau pej xeeb?

Kev tshawb fawb thiab tib neeg ntsib cov teeb meem loj: kev ua kom sov hauv ntiav teb, kev loj hlob ntawm cov pej xeeb, cov peev txheej tsis txaus, kev noj zaub mov tsis txaus, kev kis kab mob, kev ua phem rau neeg tuag, kev ua tsov ua rog, thiab kev tsis lees paub txog tib neeg txoj cai - tshwj xeeb yog txoj cai tau txais txiaj ntsig los ntawm kev tshawb fawb thiab thev naus laus zis.

Qhov sib txawv ntawm peb cov neeg uas vam meej vim kev nce qib hauv kev tshawb fawb thiab thev naus laus zis thiab cov neeg uas tsis muaj qhov txaus ntshai thiab cuam tshuam tsis zoo. Kev ntsib cov teeb meem no yuav tsum tau ceev faj, muaj tswv yim, thiab kev ntseeg tseem ceeb tias kev ua zoo hauv lub ntiav teb yog qhov tseem ceeb ntawm peb yog leej twg thiab peb sawv cev rau dab tsi.

Nrog rau kev nce qib hauv kev tshawb fawb tsis tu ncu, qhov xav tau ntawm kev sib txuas kev tshawb fawb rau tib neeg xav tau kev saib xyuas, hwm, thiab kev ntseeg siab. Wisconsin Initiative for Science Literacy (WISL), uas kuv coj, muaj ntau lub cib fim los ua qhov no (mus saib [scifun.org/wisl/wisl.html](https://scifun.org/wisl/wisl.html) ).

Thov qhia rau koj tsev neeg, phooj ywg, thiab lwm tus paub txog UW-Madison Ph.D. Cov neeg sib tw tau sib koom lawv cov kev tshawb fawb tshawb fawb nrog cov neeg tuaj saib dav, tsis yog kev tshawb fawb (mus saib [scifun.org/Thesis\\_Awards/thesis\\_awards.html](https://scifun.org/Thesis_Awards/thesis_awards.html) ).

Tsis tas li, thov pab tshaj tawm cov lus hais txog phau ntawv qhia txog huab cua hauv online rau cov kws qhia ntawv thiab cov kws qhia ntawv

txhawv rau muab cov khoom siv huab cua rau hauv lawv cov ntaub ntauv kawm ([scifun.org/ClimateWorkbook/home.html](https://scifun.org/ClimateWorkbook/home.html) )

Peb tuaj yeem ua raws li kev kawm tus kheej nrog rau kev ua haujlwm zoo hauv zej zog. Kev kawm yog txhawv los ntawm kev sib koom nrog lwm tus. Nws raug lees paub los ntawm kev koom nrog kev sib tham sib hwm. Nws raug lees paub los ntawm kev lav phib xaub rau kev ua haujlwm zoo.

Kuv caw koj los koom nrog WISL cov kev pab cuam. Koj qhov kev txhawv nqa tuaj yeem pab txuas kev tshawb fawb thiab zej zog ( [scifun.org/WISL/WISLsupport3.html](https://scifun.org/WISL/WISLsupport3.html) ). Ua neej nyob ntev Wisconsin lub tswv yim nyob rau hauv lub xyoo pua 21st!

### Lake Wingra Watershed Sib Sau

Vilas Park: Hnub Saturday, Tsib Hlis 21, 1-4:00 teev tsaus ntuj

Tnws Dudgeon-Monroe Neighborhood Association's WATER Team caw koj mus rau ib qho kev tshwm sim hauv tsev neeg thiab dawb. Nqa koj tsev neeg, phooj ywg, lossis neeg zej zog.

Sib tham nrog cov tswv tsev thiab cov neeg los ntawm 30 lub koom haum cog lus los ntxuav cov dej uas xav tau los ntawm txhua hom kev ua neej uas sib koom lub ntiav teb no. Kawm paub txog kev tswv xyuas dej. Tawm nrog cov tswv yim tshiaib thaum peb sib sau ua ke kom noj qab haus huv pas dej, kwj deg, thiab thaj av nyob nrub nrab.

- Koom nrog kev lom zem nrog cuaj yam ua rau menyua yaus.
- Koom nrog zaj dab neeg Andi Huab, ib tug tswv cuab ntawm Ho-Chunk Nation.
- Rov kho koj txoj kev nkag siab ntawm kev sib txuas ntawm tib neeg, av, thiab dej.
- Tham nrog cov tib neeg uas cog paj thiab kho thaj chaw ntsuab ntawm pej xeeb cov khoom.
- Ntsib cov tswv tsev nrog lub vaj los nag, cov kab nag, thiab cov paj ntoo es tsis txhob siv cov nyom raws li txoj hauv kev kom dej tawm ntawm lawv lub qab daus thaum tsim vaj tsev rau butterflies, kab, thiab tsiaj txhu.
- Tham nrog cov neeg cog zaub hauv nroog.
- Kawm paub txog kev ncaj ncees ntawm huab cua, kev hloov pauv huab cua cuam tshuam li cas rau Madison Lakes thiab txoj hauv kev los txo qhov cuam tshuam.
- Muaj kev saib xyuas pas dej thiab taug qab cov tshuaj chloride uas tsim kev puas tsuaj.
- Txuas siab rau kev kos duab tshwm sim los ntawm kev tshawb fawb dej.

Teem sijhawm cov ntsiab lus nyob ntawm [fb.me/e/2fBr0YwrY](https://fb.me/e/2fBr0YwrY) Xav hu rau Taylor [dej.wingragathering@gmail.com](mailto:dej.wingragathering@gmail.com) . -

UA NEWS

# Paub Cov Tswv Cuab Lub Neej

Tnws UW–Madison Retirement Association xav siv lub sijhawm no los lees paub tag nrho nws cov tswv cuab tam sim no (txog lub Plaub Hlis 1, 2022) thiab ua tsaug rau lawv cov kev txhawb nqa.

Susan Adams	Susan Dentinger	<small>Sue Hilgemann: koj puas xav tau ntau tus thwjim?</small>
Hans Adler	John B Dillon	Douglas D Hill
<small>Colleen Albrecht: koj puas xav tau ntau tus thwjim?</small>	Lynn Dr	Karen Ib Hill
Kenneth Albrecht	Jane Doughty	Mark Hill
B. Lynn Allen-Hoffmann	Susan Douglas	David W Hoffman
Michael W Apple	Ruth Drage	Michael Hoffmann
Rima D Apple	Edwin L Dreier	James Holden
Jerry Apps	Jack Duschak	Karen Holden
Ruth Apps	Shirley Duschak	Bradley Hughes
Ana Araujo	Jean Dye	Shitao Huo
Sandra Arfa	Robert Dye	Mona Huo
Elizabeth Barlow	Gerhard Ellerkamp	Gregory Iaccarino
Susan Barthel	Peggy Ellerkamp	<small>Patricia Iaccarino: koj puas xav tau ntau tus thwjim?</small>
Mark Beatty	Gayle Ellis	Richard Jahnke
Sandra Bertics	Richard Ellis	Matthew Jaworski
Brian Bigler	Diane Elson, MD	Gail Jobelius
Rebecca Blank	Rau Erdahl	Lars Jorgensen
Franklyn Boll	Barbara Erlenborn	Murray Katcher
Virginia Terry Boyd	Jim Erlenborn	Susan Katcher
Keith Bozarth	Herman Felstehausen	Robert G Kauffman
Bruce Braun	Marian Fisher	Phyllis A Kauffman
Nancy Braun	Raymond Fonck	Coky Klimpel
Robert Buchanan	David E Foster	Don Klimpel
<small>Barbara Buenger: koj puas xav tau ntau tus thwjim?</small>	Linda Ib Foster	Sharon Kluender
Ronald Burnette	<small>Aaron Friedman: 5 Lab tus kiv cua tos koj rau Weebalk!</small>	Cheryl Knobloch
Gerald E Burns	Todd Friske	Frank Kooistra
David Callan	Susanna Fuerstenberg	Gundega Korsts
Jim Callen	Susan Fuszard	James Koza
Judy Callen	Kathleen Mary Gleeson	Julia Koza
Gerald Campbell	Karen Goebel	Richard Kunert
Christine Cefalu-Moses	Janice Golay	Lawren Kunz
Robin Chapman	Elise Kub	<small>Hanns Kuttner: koj puas xav tau ntau tus thwjim?</small>
Mei Hao Chen	Constance Grogan	Janet LaBrie
Birgit Christensen	Ib Wayne Grogan	Ann Landry
Joyce W Crim	Sandi Haas	Greg Landry
Colleen Cummins	Brent Haase	Ullrich Langer
Geke de Vries	W Lee Hansen	Kathy Lewinski

Allen Liegel	Angela Powell	Audrey Tluczek
Joan Liegel	Paul H Rabinowitz	Cathleen Trueba
Sherry Lloyd	Ronald Raines	Jerald Taus
Richard Lottridge	Shiela Reaves	Kendra Taus
Jean Lottridge	Rolf Reitz	John J Uicker
Barend Lotz	Joel Robbin	Edward Van Gemert
Stephen R Lund	Jeanette Roberts	Grace Vab
Terry Roe Lund	Stephen M Robinson	Ann Wallace
Bruce Maas	Chong-Suk H Robinson	Sandra Ward
Jan Mas	Barbara Rust	David Wilson
<small>Florencia Mallon: koj puas xav tau ntau tus thwjim?</small>	Kewal K Saluja	Ann Wilson
Susan Manning	Wilton Sanders	Larry Winkler
Bradley Manning, MD	Bonnie Schmidt	David Wood-
Carrie Marlette	Stephen P Schmidt	
Duane Marlette	John Schmitz	
Doug Marshall	Jean Tretow-Schmitz	
Mary Marshall	<small>Anthony J Schreiner: koj puas xav tau ntau tus thwjim?</small>	
Katharyn Maj	Ann M Schreiner	
Michael Maj	Robert C Schubert	
Laurie Mayberry	Stephen Schuelke	
Linda McDonald	Tom Schwab	
<small>Patrick McDonnell: koj puas xav tau ntau tus thwjim?</small>	Karen Schwarz	
Julia McGivern	Dan Schwarz	
Ruth McNichols	Ken Scott	
Catherine Middlecamp	Wes Severson	
<small>Rosalie Migas: koj puas xav tau ntau tus thwjim?</small>	James Shaft	
Suav Milch	Sheryl Shaft	
Anne Miner	Debra Shapiro	
John Mauxes	Elizabeth Sheehan	
Allan Nettleton	Jim Shurts	
<small>Aileen Nettleton: 5 Lab tus kiv cua tos koj rau Weebalk!</small>	Kathy Shurts	
Deborah Neuheisel	Paulette Siebers	
Diane Norback	Michael Siebers	
John Norman	Miriam Simmons	
Jane Norman	Hollis Skaife	
Doris Ockert	Michael Smith	
Shel Ohare	Thomas Smith	
Esther Olson	<small>Brenda Spychalla: koj puas xav tau ntau tus thwjim?</small>	
James O'Neill	Glen Stanosz	
<small>Alberto Palloni: koj puas xav tau ntau tus thwjim?</small>	JoAnne Stanosz	
Russell Panczenko	Kathy Stella	
Mary Beth Plane	David Stella	
Peter Plane	Steve J Stern	

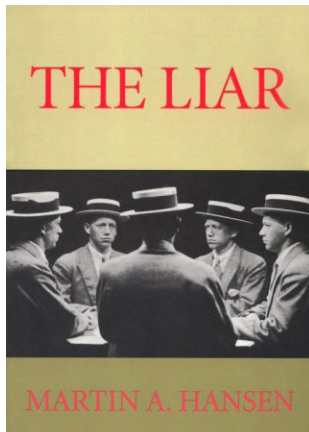


BOOK MARKS

Tus Liar

REVIEWED NTAWM NETE SCHMIDT, UWRA MEMBER

Utsis ntseeg, tus kab mob COVID-19 tau qhia peb ntau yam. Arguably, peb tau kawm kom txaus siab rau "yam me me" hauv lub neej uas peb yuav tsis lees txais. Peb tau siv sijhawm tsawg dua kev sib raug zoo thiab ntau lub sijhawm hauv cov voj voog kaw. Nyob rau hauv lub siab ntawm refocusing no, kuv reread ib tug ntawm kuv nyiam phau ntawv txhua lub sijhawm, *Tus Liar* (1950) los ntawm Danish tus sau Martin A. Hansen, nyob rau hauv ib tsab ntawv Askiv txhais los ntawm John Jeppson Egglisshaw (Sun & Moon Press, 1995).



*Tus Liaryog* ib phau ntawv me me ntawm 199 nplooj ntawv hauv lus Askiv. Ntawm lub npog yog ib daim duab, "Multiple-Portrait of a Man," uas muaj txiaj ntsig zoo rau ntau tus kheej thiab ambivalence ntawm tus protagonist, ib tug schoolteacher npe Johannes Vig. Nws nyob ntawm ib lub koog pov txwv me me, Sandø, uas nws lub npe im-

mediately hais txog qhov tsis ntseeg thiab tsis ruaj ntseg ntawm nws lub neej. (Sandø txhais tau tias yog Sand Island lossis Truth Island.) Tus kws qhia hnuv nyoog no yog, qhov tseeb, sim nrhiav qhov tseeb ntawm nws tus kheej lub neej nyob rau yav dhau los, tam sim no, thiab yav tom ntej nrog rau cov neeg nyob ib puang ncig cov kob.

Johannes sau ib daim ntawv teev npe rau ib tus neeg tsis muaj npe hu ua Nathanael, ib daim duab hauv phau Vajlugkub qhia tias "tus txiv neej tsis muaj kev dag ntxias." Thaum ua li ntawd, nws tab tom ntsib cov xwm txheej uas yuav txhais nws txoj hauv kev yav tom ntej hauv lub neej thiab ntawm cov kob thaum paub tias "ib tug txiv neej, ib yam nkaus, tej zaum yuav yog ib lub kob." Tib neeg kuj yog "cov noog ntawm txoj kev" nyob hauv lub ntiaj teb no, sim zam kev ua phem thaum siv lawv lub zog txhawb nqa thiab tswj hwm kom tau lub neej zoo txawm tias muaj teeb meem thiab xwm txheej.

Phau ntawv yog ib qho kev taug kev los ntawm cov xwm txheej ntawm 13 lub hlis. Tus nyeem ntawv tau kos rau hauv Johannes lub siab

los ntawm kev zoo nkauj, yuav luag lyrical, cov lus, kab lus, thiab cov lus qhia rau lwm tus kws sau paj huam thiab sau ntawv. Cov phiaj xwm tsis nyuaj, tab sis nws ua rau ntau cov lus nug txog kev ncaj ncees txog lub ntsiab lus ntawm peb tus kheej lub neej thiab peb kev sib raug zoo nrog lwm tus. Qee qhov kev xav los ntawm tus kws tshawb fawb Søren Kierkegaard tau lees paub, tab sis feem ntau, phau ntawv nyiam los ntawm nws txoj kev xav, kev xav zoo, thiab kev hlub tshua kos duab ntawm ib tug txiv neej sim nrhiav nws txoj hauv kev rau qhov kev zoo siab me me uas nws tuaj yeem faib thiab tau txais.

Nws yog ib phau ntawv uas txaus siab heev, suav nrog ntau cov lus nug txog kev xav. Kuv xav kom nws.

Yog tias koj txaus siab nyeem lwm yam Danish ua haujlwm hauv kev txhais lus thiab sib tham hauv lub rooj sib tham qhib ib hlis ib zaug, kuv xav kom koom nrog National Danish Book Club. Nws yog ib qho kev pib tshiab, thiab txais tos txhua tus.

([Northwestdanish.org/nationalbookclub/](http://Northwestdanish.org/nationalbookclub/) ).-

*Thov xa email rau cov ntawv txheeb xyuas luv luv rau Phau Ntawv Cim rau kab ke tus kws saib xyuas Laurie Mayberry ntawm [aurie.mayberry@wisc.edu](mailto:mayberry@wisc.edu).*

**TSEEM CEEB RAU LUB SIJ HAWM**

**EAST-WEST VIRTUAL BREAKFAST**

**Hnub Thursday, Tsib Hlis 12, 2022**

9:00–10:00 AM Kev Sib Tham Online

**Daim ntawv thov Deadline: May 9**

Yuav tsum sau npe ua ntej. Sau npe online: [UWRAMadison.org/event-4606244](http://UWRAMadison.org/event-4606244)

**LUB SIJ HAWM TSEEM CEEB RAU INVESTING IN RETIREMENT**

**Tuesday, May 10, 2022**

10:00 AM – NOON Online Webinar

**Daim ntawv thov Deadline: May 6**

Yuav tsum sau npe ua ntej. Sau npe online ntawm: [UWRAMadison.org/event-4522654](http://UWRAMadison.org/event-4522654)

## REFLECTIONS

# Cockatoos thiab Kookaburras

Los ntawm MARY BARNARD RAY

**Kuv** Kuv rov qab los ntawm kuv lub hli hauv Australia thiab, raws li ib txwm muaj, kuv pom kuv tus kheej pom hauv tsev nrog ob lub qhov muag sib txawv. Kuv saib cov finches thiab sparrows ntawm kuv tus noog feeder nrog siab txaus siab. Lub antics ntawm lub



squirrels fascinate kuv. Luav 'titching qhov ntswg yog ntxim nyiam. Qhov kev txaus siab ntawm cov tsiaj zoo li no yog qhov tshwm sim ncaj qha ntawm kev siv sijhawm ib hlis xav tsis thoob ntawm cov tsiaj qus zoo tib yam hauv tebchaws Australia.

Vim yog COVID, qhov kev mus ntsib no tsis muaj ib tus neeg sau

nrog kev mus rau Outback lossis lub plawv ntawm Sydney. Hloov chaw, peb siv sijhawm ntau tsuas yog saib lub qhov rais ntawm peb tus tub lub tsev nyob hauv nroog, qhov chaw thaiv kev ceev ntiag tug txwv cov tsiaj qus rau cov noog. Lossis, peb taug kev hauv cov tiaj ua si thiab thaj chaw ntuj, qhov chaw uas cov tsiaj qus tau txwv rau cov tsiaj me es tsis yog flashier kangaroos lossis koalas. Tab sis tag nrho cov noog, npauj npaim, thiab lizards yog tshiab rau kuv. Sulphur-crested cockatoos zaum ntawm ntug ntawm gutters, sib txuas lus nrog ib leeg nrog bobs, cocked taub hau, thiab flared crests. Flocks ntawm zaj sawv lorikeets ua kev zoo siab ntawm lub raj mis txhuam hniav thiab ua rau cov neeg nyob ze tsis txaus siab nrog lawv cov lus sib tham. Australian ravens zaum ntawm lub laj kab thiab peered ntawm peb nrog lub qhov muag daj-ringed. Txawm hais tias Australian crows kuj xav tsis thoob,

Hauv cov tiaj ua si, peb pom cov paj liab thiab grey nyob txhua qhov chaw, nrog rau cov npua crested scurrying rau hauv av, zoo li peb cov quail, nrog rau Australian ntoo ducks thiab magpie-larks, uas hmoov zoo tsis nyob rau hauv lawv nruj heev, territorydefending hom thaum lawv. paub mus caum cov neeg taug kev relentlessly. Lub caij no, qee zaus Willie wagtail wagged nws tus Tsov tus tw, thiab lub kookaburra xav tsis thoob rau peb nrog nws hu.

Nyob rau hauv lub roob xiav, uas peb tuaj yeem mus xyuas, ib tsoob ntoo qaib ntxhw strutted los ntawm kev ntaus pob ncaws pob zoo nkauj thiab ib khub zoo nkauj lyrebirds ua rau peb nrog lawv nyob thiab lawv cov nkauj nyuaj.

Thaum peb nug cov pej xeem ntawm lub vaj txiv apple txog lub hauv paus ntawm lub tswb nrov nrov, peb tau kawm tias nws yog ib pab pawg ntawm tswb nrov, uas nws hu suab zoo li lub nplhaib ntawm cov me me, puag ncig, laub khawm tswb siv los hu tus neeg ua haujlwm ntawm lub tsev so. . Cov nplhaib tuaj ntawm txhua qhov kev qhia, ib zaug ib zaug, cov noog sib tham thaum tseem tsis tau pom los ntawm peb.

Cov kev paub no ua rau kuv nco qab tias cov tsiaj qus me hauv peb feem ntawm lub ntiaj teb muaj nws tus kheej xav tsis thoob, thiab kuv txaus siab rau lawv dua tam sim no uas kuv tau rov qab los hauv thaj chaw uas paub. Raws li lub caij nplooj ntoos hlav koj nws cov haujlwm tshiab rau koj ib puag ncig, kuv vam tias koj tuaj yeem txaus siab rau cov kev xav me me no, ib yam nkaus.-

## UNIVERSITY LEAGUE

### Aldo Leopold, Phenology, thiab Kev hloov pauv huab cua nrog Stanley Tuam Tsev

Los ntawm JOANNE CANTOR, PUBLICITY CO-Chair, UNIVERSITY LEAGUE

**Stanley Tuam Tsev**, Beers-Bascom xibfwb Emeritus hauv Kev txuag hauv Department of Wildlife Ecology ntawm UW-Madison, yog tus hais lus rau University League's 2022 lub rooj sib tham txhua xyoo thiab noj su rau hnuv Tuesday, Tsib Hlis 10, ntawm 11 AM Lub Tuam Tsev yuav sib tham txog tus nqi kav ntev ntawm kev ceev faj. Kev soj ntsuam phenological ua los ntawm Aldo Leopold (xws li ntau tus txiv ntawm cov tsiaj qus ecology), muab cov ntaub ntawv ntawm thaum cov nroj tsuag tawg, noog tsiv teb tsaws, thiab lwm yam xwm txheej ntuj. Muab piv nws cov kev soj ntsuam rau cov ntaub ntawv tsis ntev los no pab peb nkag siab txog qhov cuam tshuam ntawm kev hloov huab cua.

Qhov kev nthuav qhia yuav tshwm sim ntawm Maple Bluff Country Club, 500 Kensington Drive, Madison. Qhov kev tshwm sim yog qhib rau pej xeem, thiab kev nkag, suav nrog kev qhuab qhia thiab noj su, yog \$ 30. Yuav tsum sau npe ua ntej lub Tsib Hlis 3. Xav paub ntau ntxiv, hloov tshiab, thiab cov ntaub ntawv hais txog yuav sau npe li cas muaj nyob ntawm [univleague.wisc.edu/programs](https://univleague.wisc.edu/programs) .-

LUB SIJ HAWM NTAWM LUB SIJ HAWM

## ROC Quiz thiab Caw

Los ntawm SUSAN FISCHER, Tus Thawj Coj, Tus Thawj Coj  
Saib Xyuas Kev Noj Qab Haus Huv

**C**COVID Kev Hloov Kho Kab Mob Sib Kis, Madison's Sister Cities, Vietnam War-Era Music, Heart Health, Putin's Russia, Master Gardener Program, Tribal Relations, Learning the Skill of Well Being, Bugs, Wildlife Rehabilitation, Civil War Writings of Wisconsin Women.

QUIZ: Cov ncauj lus ntau yam no muaj dab tsi sib xws? Cov lus teb tsis muaj dab tsi! Tsis muaj ib yam dab tsi uas tsuas yog qee qhov ntawm ntau qhov UWRA cov kev pab cuam uas tsim los ntawm Pawg Neeg Saib Xyuas Kev Noj Qab Haus Huv (ROC) dhau yim xyoo dhau los. Zoo nkauj heev, txog cai? Tsuas yog cov ntsiab lus ntawm kev txwv tsis pub ROC yog cov cuam tshuam txog nyiaj txiag, kev mus ncig, thiab thev naus laus zis; cov cheeb tsam no muaj lawv tus kheej UWRA pab pawg pawg.

Peb tab tom caw cov tswv cuab tshiab (thiab tej zaum tsis yog-tshiab) UWRA koom nrog ROC. Peb sib ntsib ntawm ZOOM hnuv Monday 4th ntawm lub hli, 10:00-11:30 AM Peb xav tsim plaub mus rau tsib qhov kev pab cuam thaum lub Cuaj Hli thiab Lub Rau Hli txhua xyoo. Ntxiv nrog rau kev muab cov programming zoo, qhov txiaj ntsig zoo kawg nkaus ntawm kev koom nrog ROC tau paub txog lwm tus neeg so haujlwm thiab ua phooj ywg tshiab. Yog tias koj xav paub ntau ntxiv, zoo siab txais tos tuaj rau hauv ib qho ntawm peb lub rooj sib tham kom tau txais kev nkag siab ntawm pab pawg thiab peb lub hom phiaj.

Koj tuaj yeem pom ROC cov rooj sib tham yooj yim tshaj tawm rau ntawm [UWRAMadison.org](http://UWRAMadison.org) lub vev xaib nyob rau hauv "Cov xwm txheej" tab lossis "Cov Pab Pawg" nqe lus. Yog tias koj xav koom nrog peb pab pawg ntawm eclectic dabblers thiab xav paub ntau ntxiv txog ROC, thov hu rau Susan Fischer ([yog\\_sfisher@uwalumni.com](mailto:yog_sfisher@uwalumni.com)) los yog Mary Beth Plane ([marybethplane@yahoo.com](mailto:marybethplane@yahoo.com)). Peb yuav zoo siab los qhia peb cov kev paub dhau los thiab teb cov lus nug uas koj muaj. Nws yuav yog peb zoo siab tos txais koj rau ROC!

### UA NEWS

## UWRA is on Facebook

Los ntawm MARCY DOELP, tus tswv cuab, ELECTRONIC TECHNOLOGY COMMITTEE thiab BOARD OF DIRECTORS



Do koj nyiam social media? Xav ua raws li UWRA i hauv Facebook? UWRA-Madison yog nyob rau hauv Facebook, yog li koj muaj lwm qhov chaw rau cov ntau ntawm ntawm cov xwm txheej, mus ncig ua si, thiab lwm yam kev tshwm sim-

penings ntxiv rau *Tus Sifter*.

Txhawm rau koom nrog nplooj ntawv, tshawb rau UWRA-Madison thiab thov kom koom. UWRA-Madison yog ib pab pawg neeg ntiag tug. Tsuas yog cov tswv cuab tuaj yeem tshaj tawm, pom leej twg nyob hauv pab pawg, thiab pom lwm tus tshaj tawm. Thaum tshawb nrhiav pab pawg, nco ntsoov suav nrog hyphen ntawm UWRA thiab Madison.-

## - UW-Madison Retirement Association Hnuv tim-

Txuas ntxiv mus saib xyuas cov [UWRAMadison.org](http://UWRAMadison.org) lub vev xaib rau kev hloov tshiab ntxiv.

Cov xwm txheej virtual (V), Cov xwm txheej hauv tus neeg (IP)

- |                                     |                    |   |
|-------------------------------------|--------------------|---|
| • Tuesday, May 10, 2022             | 10:00 AM – NOOB    | <i>Ib Lub Tswv Yim Thoob Ntiaj Teb rau Kev Lag Luam Hauv</i>        |
| • Hnuv Thursday, Tsib Hlis 12, 2022 | 9:00-10:00 IB      | <i>Nyiaj Laus(V) East ntsib West Virtual Breakfast(V)</i>           |
| • Wednesday, May 18, 2022           | 12:30-4:00 dr hab  | <i>Kev Koom Tes Txhua Xyoo Mtg, noj su, hais lus, ncig saib(IP)</i> |
| • Wednesday, May 25, 2022           | 10:00 AM – NOOB    | <i>Txhua yam koj xav paub txog Chromebooks(V)</i>                   |
| • Hnuv Tuesday, Lub Rau Hli 7, 2022 | 10:00 AM – 1:00 PM | <i>Ncig saib ntawm International Crane Foundation(IP)</i>           |

Yog xav paub ntxiv txog PLATO mus ncig ua si, mus saib [Platomadison.org/page-18561](http://Platomadison.org/page-18561) .Rau cov ntau ntawm Board thiab

Cov rooj sib tham hauv Pawg Neeg Saib Xyuas thiab cov hnuv kawg rau *Tus Sifter*, saib UWRA lub vev xaib ntawm [UWRAMadison.org](http://UWRAMadison.org) .

# LUBSIFTER

UWRAMadison.org

UW-Madison Retirement Association c/o

Division of Continuing Studies 21 North  
Park Street, Room 7205 Madison, WI  
53715-1218

Nonprofit  
Organization  
US Postage

**PAID**  
UMS

## Tsiv los yog Tsiv?

*Tus Sifter* yuav tsis cia li xa mus los ntawm Postal Service. Thov siv email, xa ntawv tsis tu ncuu, lossis mus saib peb lub vev xaib kom muab koj qhov chaw nyob tshiab rau peb kom koj tuaj yeem tau txais txuas ntxiv *Tus Sifter* ua ntu zus.

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Xaib: [UWRAMadison.org](http://UWRAMadison.org) Xov tooj: **608-262-0641** ib

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[Susman](#)

## NTAWM NO

Cov neeg sib tw rau Pawg Thawj Cojp. **1**

Los ntawm Thawj Tswj Hwm. **2**

Cov txheej txheem rau UWRA Lub Rooj Sib Tham Txhua Xyoo. **2**

Kev Ua Tswvcuab Rov Ntxiv, Dua Ntxiv, Subscription Renewal for \* Sau \* Sau npe. **3**

Day Trip to International Crane Foundation. **4**

Tech Webinar: Kawm txog Chromebooks. **4**

Kev Noj Qab Haus Huv Matters: Environmental & Physical. **5**

Wisconsin Coalition of Annutants Conference. **5**

Ntsib ib tug tswv cuab UWRA: Jo Ann Carr. **6**

Zoo siab txais tos, Cov Neeg Tshiab. **6**

Ua haujlwm pab dawb ntawm UW Arboretum. **6**

Cov Kev Ua Si hauv Cov Nyiaj Laus: Kev Tshawb Fawb & Lub Koom Haum. **7**

Wingra Watershed Sib Saup. **7**

Paub txog UWRA Lub Neej Cov Tswv Cuab. **8**

Phau Ntawv Cim: *Tus Liap*. **9**

Reflections: Cockatoos & Kookaburras. **10**

University League Noj su: Aldo Leopold. **10**

Pawg Neeg Saib Xyuas Kev Ua Haujlwm. **11**

UWRA Calendar. **11**