



Khoom noj khoom haus Pantry | Pg. 2



Hlub Koj Ib Leeg | Pg. 5



Cov dej num hauv Kev Soj Ntsuam

| Pg. 7



Peb nyob hauv Facebook!

UWRA-Madison



THE SIFTER

NEWSLETTER OF THE UNIVERSITY OF WISCONSIN—MADISON RETIREMENT ASSOCIATION

NYIAJ WEBINAR

Tsim ib Daim Ntawv Pov Thawj Ua Haujlwm Zoo Tshaj Plaws Zoo
Tshaj Plaws nrog qhov pheej hmoo tsawg tshaj plaws thiab kev thaj
yeeb nyab xeeb tshaj plaws ntawm lub siab

Los ntawm FAISAL KAUD thiab KATHY ZWEIFEL, cov tswv cuab,
 COMMITTEE ntawm Cov Nyiaj Txiaq Nyiaj Txiaq hauv Kev so haujlwm

Join peb rau kev sib tham nrog Paul Merriman ntawm Seattle,
 Washington, thaum nws tham txog yuav ua li cas faib cov feem
 pua ntawm kev ncaj ncees thiab cov nyiaj tau los ruaj khov rau
 cov ntaub ntawm yuav ua rau qhov zoo tshaj plaws rov qab los
 ntawm kev pheej hmoo tsim nyog. Nws yuav muab cov tswv yim
 los ua kom cov nyiaj laus tshaj tawm yam tsis muaj nyiaj txaus
 thiab yuav ua li cas xaiv txoj hauv kev zoo tshaj plaws rau tag
 nrho koj lub neej.



Nws peev
 cov lus pom zoo yog
 cuam tshuam rau me me, nruab
 nrab, lossis loj "zes qe," rau ntaw yam
 kev txhoj puab heev,
 nruab nrab, thiab conservative
 lub hom phiaj peev. Nws yuav qhia tias qhov yooj yim li cas 10%
 hloov pauv hauv cov ntaub ntawm tuaj yeem ntxiv ib lab nyiaj rau
 cov nyiaj laus yuav tsum siv thiab tawm mus rau cov koom haum
 thiab tsev neeg.

Yog tias koj muaj lus nug ua ntej rau tus hais lus, thov xa mus rau
Program Coordinator Faisal Kaud ntawm fakaud@wisc.edu, los yog
Kathy Zweifel ntawm kazweife@wisc.edu, los ntawm Tuesday, Peb
Hlis 8.

Paul Merriman yog lub teb chaws
 lees paub txoj cai ntawm
 kev sib nrig sib pab nyiaj, indexing
 investing, thiab asset allocation. Tom
 qab so haujlwm ntawm Merriman
 Wealth Management, Seattle-
 Raws li kev lag luam tawm tswv
 yim, hauv 2012, nws tau tsim lub
 Merriman Nyiaj Txiaq
 Education Foundation. Lub Foundation muab
 cov tub ua lag luam ntawm txhua lub hnub
 nyog nrog cov ntaub ntawm thiab cov cuab
 yeej los txiai txim siab txog laww tus kheej
 zoo tshaj plaws

txaus siab thiab pab lawv siv lawv cov nyiaj laus thiab cov phiaj xwm siv
 nyiaj laus. Merriman yog tus yeej xyoo 2021 ntawm American Association
 of Individual Investor's James B. Cloonan "Excellence in Investment
 Education" Award. Nws yog tus sau yim phau ntaww, suav nrog Kev Noj Qab
*Haus Huv Nyiaj Txiaq Mus Ib Txhis: 5 Cov kauj ruam kom tau nyiaj ntaw
 dua, tsawg dua kev pheej hmoo, thiab kev thaj yeeb nyab xeeb dua.* Nws
 sau ib kem rau Marketwatch.com, thiab nws tsim cov podcast txhua lub lim
 tiam, "Sound Investing." Nrhiav ntaw qhov chaw pub dawb txog kev nqis
 peev ntawmpaulmerriman.com.



IB QHOV CHAW UA HAUJ LWM

Tuesday, Peb Hlis 15, 2022

10:00 AM – NOON Online Webinar

Daim ntawv thov Deadline: Lub Peb Hlis 11
 Yuav tsum sau npe ua ntej. Sau npe online ntawm:
UWRAMadison.org/event-4522634

Tseem muaj sijhawm los sau npe rau FEBRUARY
webinars. Saib nplooj 5 kom paub meej.

Los ntawm EXECUTIVE DIRECTOR'S DESK

Kev daws teeb meem: Pab dawb!

Los ntawm SANDI HAASE

How ntawm koj tau txiav txim siab rau cov dej num txhawb kev noj qab haus huv ntawm lub cev, lossis qhov ntawd



kev daws teeb meem rau kev noj qab haus huv zoo dua, lossis kev noj qab haus huv nyiaj txiag thiab kev noj qab haus huv? Muaj pes tsawg tus ntawm koj tseem tab tom tuav rau qhov kev daws teeb meem? Muaj pes tsawg tus ntawm koj tau pov lawv tawm ntawm qhov rais?

Peb caug-ib hnub rau xyoo 2022, UWRA txuas ntxiv nws txoj kev siv zog rau lub xyoo tshiab uas tuav cov lus cog tseg tshwj xeeb... ib

uas yuav rov ua rau peb sib sau ua ke! Peb lub hom phiaj yog los txhawb kev nyiam, kev noj qab haus huv, thiab kev noj qab haus huv ntawm peb cov tswv cuab los ntawm ntawd, los pab txhawb cov tswv cuab kev txhawb nqa ntawm University thiab cov zej zog nyob ib puag ncig los ntawm kev pab dawb, thiab tswj kev sib tham nrog cov tsev kawm ntawv qib siab thiab cov zej zog. cov koom haum.

Nees nkaum-peb lub hlis dhau los no yog ib qho nyuaj uas kuv paub tseeb tias peb tsis muaj leej twg yuav hnov qab. Tus mob coronavirus tau ua rau peb txhua tus neeg tuag. Nrog lub hom phiaj kom muaj kev sib koom ua ke thiab muab ib qho chaw zoo rau kev kawm, peb pawg neeg txuas ntxiv txhim kho cov kev pab cuam zoo uas hais txog cov ntsiab lus ntawm lub cev, lub hlwb, thiab kev noj qab haus huv ntawm peb cov tswv cuab. Cov pawg neeg txuas ntxiv siv cov ntaub ntawv uas koj tau muab rau huv Kev Tshawb Fawb Cov Tswv Cuab Tswv Cuab, nrog rau koj cov lus pom thiab cov lus pom zoo uas tau muab rau huv kev ntsuam xyuas kev sib tham tom qab txhua qhov kev nthuav qhia, los tsim cov kev pab cuam tshiab. Koj lub tswv yim yog qhov tseem ceeb rau peb txoj kev vam mee! Raws li kuv saib mus rau lub caij ntuj no thiab lub caij nplooj ntoo hlav yuav los tom ntej, kuv ntseeg tias UWRA tau npaj rau lub xyoo tshiab zoo.

Txawm li cas los xij, kev vam mee! ntawm ib lub koom haum yog nyob ntawm kev koom tes ntawm nws cov tswv cuab. Puas muaj t xo j hauv kev uas koj tuaj yeem koom nrog UWRA zej zog? Muaj 720 teev hauv ib hlis. Koj puas

muaj ob teev hauv ib hlis uas koj tuaj yeem koom nrog UWRA zej zog? Koj muaj kev txaus siab, txuj ci, thiab kev txawj ntse dab tsi uas koj txaus siab qhia? Koj muaj kev txawj ntse dab tsi uas yuav ua rau UWRA lub koom haum muaj zog dua thaum peb taug kev xyoo tom ntej? Koj t xo j kev koom tes tuaj yeem ua rau UWRA muaj zog dua, tseem ceeb dua, nthuav?

Kuv pom cov tswvcuab uas txawj ntse heev uas txhua tus coj qhov kev xav tshwj xeeb rau Lub Koom Haum. UWRA yuav muaj zog dua nrog koj t xo j kev koom tes. Peb nyob ua ke zoo dua! Koj puas yuav xav txog kev ua haujlwm pub dawb?

Txuas ntxiv saib xyuas koj tus kheej thiab koj tsev neeg thaum lub caij ntuj no. Ua tsaug!

Koj tseem tuaj yeem muab pov rau hauv koj lub kaus mom rau UWRA Board

Akoj puas xav ua haujlwm ntawm UWRA pawg thawj coj saib? Thov xav txog kev xaiv tus kheej. Pawg Thawj Coj ntsib ob teev txhua hli, Cuaj Hlis txog rau Lub Rau Hli. Tsis tas li ntawd, Pawg Thawj Coj ua haujlwm ua tus sib tham rau ib pawg UWRA uas sib ntsib rau ib thiab ib nrab rau ob teev txhua hli. Hnub kawg rau kev xaiv tsa yog hnub Tuesday, Lub Ob Hlis 15. Xa cov npe rau retireassn@mailplus.wisc.edu.

Koj Cov Khoom Noj Pantry Pab Txhawb Cov Tub Kawm Ntawv ntawm Thanksgiving

Tnws cov tub ntxhais kawm-khiav Open Seat Food Pantry hauv tsev kawm ntawv tau muab lub thawv khoom noj Thanksgiving-themed xyoo no rau cov tub ntxhais kawm ntsib kev txom nyem nyiaj txiag thiab tsis tuaj yeem taug kev thaum muaj kev sib kis. Yuav luag 100 tus tub ntxhais kawm tau kos npe rau lub thawv, pab 270 tus neeg. 483 ib lub hnab ntawv qhia zaub mov tau npaj.

Open Seat yog tus tsim los ntawm UWRA zaub mov pub dawb rau xyoo 2021-22. Khoom noj khoom haus pantry (asm.wisc.edu/the-open-seat/) yog ib qho kev pabcuam tseem ceeb los ntawm Associated Students of Madison (ASM).

Xav txog kev muab nyiaj pub dawb rau Open Seat nrog daim tshev them rau UW Foundation, nrog "Open Seat" ntawm kab ntawv sau tseg. Xa ntawv pub dawb rau UWRA, 21 North Park Street, Room 7205, Madison, WI 53715-1218.

REFLECTIONS

Groundhog's 15 Minutes of Fame

Los ntawm MARY BARNARD RAY



When kuv nyob hauv universitylong, ntev dhau los—Andy Warhol nyuam qhuav hais tias, "Nyob rau yav tom ntej, txhua tus neeg yuav muaj npe nrov hauv ntiaj teb rau 15 feeb." Txhawm rau piav qhia nws cov ntsiab lus, nws tau ua yeeb yaj kiab ntawm cov neeg zoo tib yam tham txog tsis muaj dab tsi tshwj xeeb, thiab kuv tus xibfwb Askiv

xav kom peb saib nws. Lub cim xeeb nkaus xwb kuv muaj ntawm cov vis dis aus ntawd yog daim duab ntawm ib tug poj niam hnub nyoog nruab nrab hauv curlers. Txawm hais tias kuv tsis yog tus kiv cua loj ntawm Warhol, kuv yog thiab tseem txaus siab rau nws txoj kev ua siab zoo ntawm qhov ntawd. Muab qhov xwm txheej ntawm cov yeeb yaj kiab hauv social media, txawm li cas los xij, kuv tsis ntxhov siab kom muaj lub sijhawm muaj koob meej ntawm kuv tus kheej.

Dab tsi ua rau kuv nco txog Warhol qhov kev twv ua ntej yog Hnub Groundhog. Ob peb cov tsiaj muaj ntau yam tsis zoo tshaj li cov tsiaj quis. Nyob rau hauv tsos, lawv zoo li vague, rog lumps ntawm plaub. Lawv siv feem ntau ntawm lawv lub neej tsaug zog, thiab lawv siv cov khoom seem noj. Peb yeej tsuas pom lawv thaum lawv pib khawb qhov uas cuam tshuam thiab txaus ntshai ntawm peb cov khoom; txvv tsis pub, lawv yog tsiaj peb tsis txawm saib nrog kev txaus siab, zoo li peb ua squirrels los mos mos. Groundhogs tsis ntxim hlub los yog endearing. Tawm ntawm kev xav paub, Kuv tau tshawb nrhiav cov yeeb yaj kiab ntawm cov yeeb yaj kiab lom zem, tab sis kuv qhov kev tshawb nrhiav tau me ntsis. Thawj nplooj ntawm ntawm cov vis dis aus tau qhia txog peb yam ntawm tib lub vaj-noj zaub mov thiab ib daim vis dis aus ntawm "groundhogs thiab cov phooj ywg" uas tsom feem ntau ntawm porcupines, squirrels, thiab chipmunks. Zoo li Rodney Dangerfield, groundhogs tau txais kev hwm me ntsis, txawm tias hauv YouTube.

Tab sis tom qab ntawd los txog Lub Ob Hlis 2, thiab groundhogs tau txais lawv 15 feeb. Lub nroog vixaj los thov "tus nom" groundhog uas tuaj yeem kwv yees thaum lub caj ntuj no yuav xaus. Sun Prairie, Wisconsin, muaj cov lus tseeb, tau kawg! Cov kws tshaj lij huab cua piav qhia tias kev coj noj coj ua hauv av tsis yog qhov kev ntseeg siab heev, tab sis lawv tseem tshaj tawm cov txiaj ntsig ntawm xov xwm yav tsaus ntuj. Cranky

groundhogs qee zaus tom lawv lub siab, tsis muaj qhov tsis ntseeg vim tias lawv tau sawv ntxov ntxov, tab sis qhov ntawd tsis txwv cov neeg los ntawm kev sab laj rau lawv xyoo tom ntej. Warhol tau muaj ib lub sijhawm, tsawg kawg, ntawm kev tshoov siab tiag tiag. Txawm tias groundhogs tau txais lawv hnub nyob rau hauv lub hnub, los yog tsawg kawg yog lub caj nyoog mus nrhiav nws..

PARTNERS IN GIVING

Ua ib qho cuam tshuam los ntawm Muab

Los ntawm GIANNA TAYLOR, UNIVERSITY COMBINED COMPAGN COMMITTEE

Tnws Cov Neeg Koom Tes Hauv Kev Tshaj Tawm yuav xav ua tsaug rau UWRA cov zej zog rau nws txoj kev siab dawb siab zoo txog tam sim no thaum lub xyoo kev sib tw. Peb zoo siab heev uas cov neeg so haujlmw tseem koom nrog UW-Madison zej zog kom muaj kev cuam tshuam hauv zos thiab thoob ntiaj teb los ntawm kev pub dawb rau Cov Neeg Koom Tes hauv Kev Muab. Koj qhov kev txhawb nqa txhais tau tias lub ntiaj teb rau peb!

Yog tias koj tseem tsis tau muab rau xyoo no thiab xav tau, tseem muaj sijhawm. Txawm tias \$5 tuaj yeem txhawb nqa cov kev pabcuam tseem ceeb uas peb cov neeg nyob sib ze nyob ntawm. Peb caw koj tuaj xyuasmuab.wi.gov/mus saib cov charities muaj, los yog Give.wi.gov/about-us/giving-in-retirement/sau npe kom tau txais cov ntaub ntawm ntawm kev sib tw ncaj qha rau koj tus email lossis tsev. Txhawm rau saib tag nrho cov kev xaiv rau kev muab, mus Give.wi.gov/options-for-giving/.Kev koom tes tau txais tos mus txog lub Tsib Hlis 15, 2022.

Ib zaug ntxiv, peb ua tsaug rau koj qhov kev txhawb nqa dav dav ntawm Cov Neeg Koom Tes hauv Kev Tshaj Tawm, thiab peb xav kom koj thiab koj tsev neeg noj qab haus huv 2022.

MAKE AN IMPACT!

Be a Partner in Giving

giving.wi.gov

Partners in Giving

WEBINAR RECAP

Kev Noj Qab Haus Huv ntawm Teb Chaws Asmeskas Economy

Los ntawm JOAN GILLMAN thiab KAY KEUTERKROHN, cov tswvcuab, COMMITTEE ntawm cov teeb meem nyiaj txiag hauv kev so haujlwm

Kuvt zoo siab txais tos rov qab los rau UWRA Steve Rick, tus kws tshaj lij nyiaj txiag ntawm CUNA Mutual. Peb tau ploj mus txog pes tsawg xyoo nws tau tham nrog peb txog kev lag luam, tab sis nws tuaj yeem ntxiv tus kws tshaj lij nyiaj txiag rau UWRA rau nws qhov kev xav tau! Yog tias koj tsis tuaj yeem koom nrog peb thaum Lub Kaum Ob Hlis 15, peb xav kom koj saib cov ntaub ntaww kaw tseg ntawm UWRA lub vev xaib, nrog rau cov kab kos thiab cov duab uas nrog cov lus hais.

Steve Rick's 2021-2022 Economic Summary

- Kev loj hlob ntawm kev lag luam muaj zog heev rau 2 xyoos tom ntej.
- Cov paj laum mus sij hawm ntev nce 1% hauv ob xyoos tom ntej.
- Tus neeg poob hauj lwm nyob qis dua li qub rau ob peb xyoos tom ntej no; nrui zog ua lag luam.
- Kev tsim vaj tsev nyob kom ruaj khov rau ob peb xyoos tom ntej no, nrog rau kev lag luam tsis sib xws.
- Kev loj hlob ntawm cov khoom lag luam thiab cov nqi tsev yuav qeeb tom qab xyoo 2022.

Hauv qab no yog qhov tseem ceeb ntawm cov ntsiab lus.

Kev Loj Hlob

Kev loj hlob hauv 2020 yog 3.5% tsawg dua xyoo 2019, tsim khoom tsawg dua thiab kev pabcuam. Qhov nruab nrab kev loj hlob yog 2% thiab kev kwv yees rau 2021 yog 5.5% kev loj hlob. Cov khoom siv:

- Yuav tsis muaj kev poob nyiaj txiag.
- **Txo kev lag luam tsis meej.**
- Kev ntseeg siab ntawm cov neeg siv khoom siab dua.
- Kev tsim kho cov khoom muag yuav siv sij hawm ntau xyoo.
- Kev siv nyiaj txiag vaj tse yuav ntxiv .5% tawm rau xyoo 2026.

Lo lus nug loj: Inflation lossis Deflation?

- Tus nqi ntawm kev nyob yog nce 6.8% piv rau ib xyoos dhau los; siab tshaj hauv 40 xyoo. (2.5% yog qhov kev nce nqi ib txwm muaj.)
- Xav tau ntau dhau thiab khoom siv tsawg dhau.
- "Kev nce nqi yog nyiaj ntau dhau los caum cov khoom tsawg dhau."

US Consumer Price Index Inflation

- Kev ntxhov siab nyiaj txiag hauv tsev siab dua.
- **Cov nqi qiv nyiaj siab dua.**
- Cov paj laum siab dua.
- Tus nqi zog ntau dua.
- Cov nqi khiav hauj lwm siab dua.

Kev nce nqi yog ib ntus thiab kev cia siab yog nyob ntawm daim ntaww cog lus. Bond lag luam cia siab tias yuav nce 2.35% txhua xyoo rau 10 xyoo tom ntej. Qhov xwm zoo yog cov paj laum yuav tsis spiking. Cov nqi roj tsis xav tias yuav nce ntxiv. "Kev nce nqi yog nyob txhua qhov chaw thiab ib txwm muaj qhov tshwm sim nyiaj txiag," tus kws sau nyiaj txiag Milton Friedman tau sau.

Kev Ua Haujlwm thiab Kev Poob Haujlwm

5 lab tus neeg Asmeskas tsawg dua ua haujlwm hnub no piv rau Lub Ob Hlis 2020.

- Tib neeg ntshai tsam COVID-19.
- Cov kev pab zov me nyuam muaj tsawg dua.
- Cov neeg ua haujlwm rov ntsuam xyuas dua lawv txoj haujlwm thiab lawv xav tau ua haujlwm.
- Cov me nyuam boomers txiav txim siab so kom ntxov.



Nrog rau 4.2% kev poob haujlwm hnub no, peb qis dua qhov "natural" nyiaj poob haujlwm ntawm 4.5%. Qhov no yog qhov kev lag luam tshwj xeeb: kev kwv yees ntawm cov nyiaj poob haujlwm qis dua 4.5% tus nqi ntuj rau 5 xyoos tom ntej, kev lag luam nrui.

Cov paj laum

Tus nqi tseem ceeb tshaj plaws hauv kev lag luam yog dab tsi? Tus nqi ntawm cov nyiaj: tus paj laum.

- Cov paj laum tseem ceeb tshaj plaws: 10-xyoo US Treasury note/bond = 1.5%.
- Kev cia siab nyiaj txiag: tsawg dua 2.5%.
- Treasury bond 1.5% minus Inflation 2.5% = negative 1.0% return on invest.
- Feds tab tom tso nyiaj rau hauv tsev txhab nyiaj (QE = quantitative easing, printing money to buy bonds.)
- Cov paj laum tsis zoo los txhawb kom cov neeg qiv nyiaj.

WEBINAR RECAP, txuas ntxiv los ntawm p. 4

- QE tej zaum yuav qeeb = cov paj laum tiag tiag yuav nce.
- 10-xyoo Treasury tus nqi nruab nrab yog 3.3% tshaj 20 xyoo.
- 2021 tus nqi yog 1.5%, kev kww yees ntawm cov nqi nce hauv 5 xyoo tom ntej mus rau 3.0%.
- Lub hor phiaj luv luv paj laum yog 2.5% los ntawm 2026.

US Tsheb Muag

- Qhov nruab nrab yav dhau los yog 16.5 lab lub tsheb muag / xyoo.
- Tam sim no, 13 lab lub tsheb muag. Supply chain cuam tshuam; qhov no yog tuav kev lag luam rov qab.

Kev Muag Khoom Hauv Tsev

- Cov vaj tsev loj hlob: cov paj paj qis thiab cov pej xeem.
- Lub sij hawm ntev kev muag khoom hauv tsev tau 5 lab muag hauv ib xyos.
- Tam sim no, 6.3 lab muag tsev.
- 1.27 lab = tam sim no cov khoom muag ntawm cov tsev muag khoom.
- Cov nqi tsev nce 17% (feem ntau nce 4.1% toj xyoo).
- Cia siab tias lub xyoo siab tshaj yuav yog 16% hauv 2021 thiab 9% hauv 2022.

S&P 500 Stocks (Wealth Effect)

- Cov khoom lag luam roaring siab dua txij li xyoo 2009.
- Tus nqi Tshuag tam sim no ntawm cov ntaub ntaww siab.
- Tus nqi tam sim no / Nyiaj tau los piv (P / E) yog 39; tshaj 25 xyoo P/E piv tau 27.

S&P 500 Kev Loj Hlob Tus Nqi Tshaj Tawm

- 5.2% = kev loj hlob ntev
- 25% = 2021
- 9% = 2022
- 1% = 2023
- .5% = 2024
- 0% = 2025

Kos koj daim ntaww qhia hnub xyoo 2022 rau lub Kaum Ob Hlis 14, 2022, thaum Steve Rick yuav nthuav tawm cov ntsiab lus ntawm kev lag luam ib zaug ntxiv.

- TAM SIM NO THIAJ LI NTAUB NTAWV

YUAV UA LI CAS YUAV TSUM TAU TXAIS LEEJ TWG Raws li koj ua

Hnub Tuesday, Lub Ob Hlis 8, 2022

10:00 AM – NOON Online Webinar

Daim ntawv thov Deadline: Lub Ob Hlis 4

Yuav tsum sau npe ua ntej. Sau npe online ntawm:
UWRAMadison.org/event-4462453

Hlub koj lub siab

Kev nce qib thiab cov tswv yim rau Kev Saib Xyuas
Lub plawv Health

Hnub Monday, Lub Ob Hlis 14, 2022

1:00-3:00 PM Online Webinar

Daim ntawv thov Deadline: Lub Ob Hlis 10

Yuav tsum sau npe ua ntej. Sau npe online ntawm:
UWRAMadison.org/event-4562377

Kev sau npe online rau webinars yog ib qho yooj yim, tab sis cov tswv cuab

kuj tuaj yeem xa email mus rau UWRA chaw ua haujlvwm ntawm

retireassn@mailplus.wisc.edu lossis hu rau

608-262-0641 txhawm rau sau npe rau cov xwm

txheej. Webinar txuas thiab hu xov tooj yog suav nrog

kev lees paub kev sau npe thiab kev ceeb toom xa email rau

cov neeg sau npe 7 thiab 2 hnub ua ntej cov xwm txheej.

FEBRUARY
National Heart Month



UA NTEJ UA NTEJ

Kev Pabcuam rau Poultry Science thiab Kev Ua Liaj Ua Teb

Los ntawm LOUIS C. ARRINGTON, UWRA tus tswv cuab

Kuv loj hlob nyob rau hauv ib qho kev ua liaj ua teb nyob ze Sykesville, Maryland (qhov ntawd yog lub hauv paus Maryland, yog tias koj tuaj yeem pom qhov nruab nrab ntawm lub xeev zoo li Maryland). Kuv lub ntsiab 4-H thiab FFA tej yaam num yog nyob rau hauv cov nqaij qaib: raising thiab muag nyob broilers thiab ib tug breeder flock tsim qe rau ib lub zos hatchery. Kuv tau mus kawm National FFA Convention thiab 4-H Congress thaum kuv kawm tiav high school thiab tau txais ntawm yam kev quhas los ntawm cov koom haum no, suav nrog Xeev FFA Degree thiab induction rau hauv Maryland 4-H All-Stars.



Kuv lub hom phiaj hauv tsev kawm ntawv qib siab yog los ua ib tus kws tshaj lij hauv lub xeev tshwj xeeb hauv qaib. Kuv tau mus kawm University of Maryland, University of California-Davis, thiab Michigan State University kom khwv tau kuv BS, MS, thiab PhD. degrees, ntsig txog, tag nrho hauv kev tshawb fawb nqaij qaib.

Kuv txoj haujlwm txuas ntxiv pib xyoo 1966 hauv Univer-yog Wisconsin Department of Poultry Science

(uas tom qab ntawd tau koom nrog Animal Sciences). Kev koom tes hauv chav haujlwm thiab cov haujlwm hauv tsev kawm qib siab yog qhov kev pabcuam uas xav tau (nrog rau kev ua kom ntseeg tau tias muaj cov qaib ntxhw tshiab rau Poultry Science Club muag ntawm Thanksgiving). Kuv cov dej num Extension suav nrog kev sib koom tes kev kawm; tsim cov ntawv xov xwm thiab cov ntawv xov xwm; cov kev pab cuam rau cov hluas; thiab kev sab laj. Cov neeg tuaj saib loj yog cov neeg tsim khoom nqaij qaib, cov tub ntxhais hluas, cov koom haum kev lag luam, thiab cov neeg siv khoom. Kuv so haujlwm xyoo 1998 tab sis tseem pab raws li xav tau.

Zoo li cov kws tshaj lij txuas ntxiv feem ntaw, kuv tau ua haujlwm nrog ntawm lub xeev, cheeb tsam, thiab lub teb chaws cov koom haum nqaij qaib, ua tus thawj coj lossis tub ceev xwm ntawm kaum pab pawg ntaw xyoo. Kuv tau muaj hmoo tias kuv qhov kev koom tes tau lees paub nrog ntaw qhov kev quhas (xws li Poultry Science Fellow thiab American Poultry Industry Hall of Fame). Ob qhov kev ua tiav tshwj xeeb tau ua tiav tiav thiab nthuav tawm qhov kev xaiv tsa ntawm Wisconsin tus kws kos duab tsiaj quis Owen Gromme rau tus kws kho mob tshwj xeeb los ntawm UW-Madison thiab kho 136-nplooj phau ntawv ua kev nco txog 100 xyoo ntawm Poultry Science Association.

Kuv txoj kev koom tes nrog cov neeg hauv Wisconsin, kev lag luam nqaij qaib, thiab kev ua liaj ua teb feem ntaw yog qhov muaj txiaj ntsig zoo rau kuv thiab kuv tsev neeg —kuv tus poj niam Sandra thiab peb cov menuam Joyce (Iola, WI) thiab John (Berkeley, CA). -

Lub Kaum Ob Hlis 1-31, 2021

Peb zoo siab txais tos cov tswv cuab tshiab

Ronald Burnette,

Tsev Kawm Ntawv Pharmacy

Pamela Skaar, UA

Wisconsin State Lab of Hygiene, Tshuaj thiab Public Health

Shirley DeWitt,

Tus neeg saib xyuas

Robert Zimmerman

Division of Information Technology

—UWRA yog koj lub network hauv kev so haujlwm!—

ACTIVITIES nyob rau hauv so

Ua haujlwm pab dawb nrog Madison Audubon

Los ntawm JOANNE JONES, UWRA MEMBER

Owning me me 20-acre farmette, nyob sab nraum Madison hauv Deerfield, yeej cuam tshuam rau peb cov nyiaj laus. Thaum kuv tus txiv so haujlwm thawj zaug hauv xyoo 2010, peb tau los ntawm peb txoj haujlwm mus rau ob. Thaum kuv so haujlwm los ntawm Division of Information Technology uas kuv yog tus thawj saib xyuas nyiaj txiag, peb tau poob rau ib txoj haujlwm rau peb sib koom.

Tsis ntev tom qab so haujlwm xyoo 2015, kuv raug xaiv los ntawm lwm tus neeg ua haujlwm so haujlwm UW-Madison los ua tus tuav nyiaj txiag rau Madison Audubon Society. Kuv yog ib tug neeg nyiam tsiaj thiab sab nraum zoov tab sis tsis paub ntau txog Madison Audubon, lub koom haum zoo thiab muaj zog. Kuv txhawb kom koj kawm ntxiv ntawm madisonaudubon.org.



Hauv rau xyoo dhau los, Madison Audubon cov neeg ua haujlwm, kev ua ub no thiab kev siv nyiaj tau nce ntxiv. Cov peev nyiaj tau nce peb zaug hauv lub sijhawm kuv tau ua lub koom haum tus neeg tuav nyiaj txiag.

Madison Audubon tau tiv thaiv ntau txhiab daim av ntawm thaj chaw tseem ceeb nyob rau sab qab teb-central Wisconsin. Ntawm tag nrho Audubon tshooj thoob tebchaws, Madison Audubon yog tus thawj coj hauv kev saib xyuas thaj av, nyob rau thib peb ntawm ntau tshooj hauv-

tal acreage peb tswj rau cov tsiaj qu. Nrog rau cov neeg ua haujlwm me me, cov neeg ua haujlwm txaus siab, thiab cov neeg tuaj yeem tuaj yeem pab dawb, Madison Audubon nquag tswj hwm ob lub chaw tua tsiaj qu thiab cov khoom nyob ze kom ua kom muaj txiaj ntsig zoo tshaj plaws.

Tsis tas li ntawd, Madison Audubon muaj keeb kwm ntev thiab txuas ntxiv ntawm kev pab lwm lub koom haum thiab cov tswv av ntiag tug nrog rau kev tswj hwm av thiab kev tsim kho vaj tse.



Nws kuj tseem muaj cov kev kawm txuj ci los txuas cov menuam mus rau sab nraum zoov los ntawm kev koom tes nrog cov tsev kawm ntawv hauv zos thiab cov chaw hauv zej zog. Madison Audubon muaj ntau qhov kev mus ncig ua si dawb, cov xwm txheej tshwj xeeb, thiab cov lus qhuab qhia xav txog txhua xyoo, ntau yam pub dawb rau pej xeem..

Txhawm rau xa ib lub tswv yim rau Cov Kev Ua Si hauv Cov Nyiaj Laus, thov e-mail tus neeg saib xyuas kab ke Bob Jokisch ntawm bobjokisch@gmail.com yog .

ELECTRONIC TECHNOLOGY

Tswj Password Muaj raws li UW Retiree Perk

Los ntawm MILLARD SUSMAN, MEMBER, ELECTRONIC TECHNOLOGY COMMITTEE

Rcov neeg ua haujlwm uas siv UW-Madison IT cov kev pabcuam tuaj yeem sau npe rau LastPass Premium, daim ntawv thov kev tswj tus password. Qhov kev pabcuam no yog muab tsis tau them nqi, txuag koj ntawm \$35 toj ib xyoo. LastPass yog ib txoj hauv kev yooj yim los ntxiv dag zog rau kev ruaj ntseg ntawm koj cov kev lag luam online uas xav tau tus password.

Yog xav paub ntxiv txog cov yam ntxvv ntawm LastPass Premium, saib qhov txuas no ntawm UW-Madison KNOWLEDGEBASE:wb.wisc.edu/103552.

Yog tias koj twb muaj qhov dawb version ntawm LastPass thiab xav hloov mus rau Premium, saib: lastpass.com/partnerpremium/uw. -

CAMPUS NEWS

Caij nplooj ntoos hlaw 2022 University Roundtable Series

Los ntawm LESLIE FISHER, DEPUTY SECRETARY OF ACADEMIC STAFF

Eib lub semester, University Roundtable nta peb cov kev pabcuam noj su nrog kev tham los ntawm ib tus tswvcuab hauv tsev kawm ntaww zej zog. Cov kev pabcuam Roundtable yog qhib rau txhua tus tswvcuab hauv tsev kawm ntaww zej zog thiab lawv cov qhia. Txhua qhov kev kawm nyob hauv Varsity Hall hauv Union South thaum 11:45 teev sawv ntxov txog 1:00 teev tsaus ntuj

Lub Ob Hlis 16, MADISON MADE, nrog Anna Andrzejewski, tus xibfwb ntawm keeb kwm kos duab

Yuav ua li cas Madison-based builder-developer Marshall Erdman tus quav tsim tau hloov kho thaj chaw ntawm thaj chaw tom qab Tsov Rog Ntiaj Teb Zaum II.

Lub Peb Hlis 23, YUAV TSUM TAU TXAIS, nrog Simon Gilroy, tus xibfwb ntawm botany

Cov teeb meem uas tsis muaj qhov hnyav ntawm lub dav hlau ya davhlau cuam tshuam rau hauv av biology thiab kev tshawb fawb tam sim no qhia tau li cas cov nroj tsuag tuaj yeem loj hlob thiab txawm tias muaj kev vam meej hauv thaj chaw neeg txaww teb chaws.

Lub Plaub Hlis 20, TROPICAL TALES OF POLAR ICE, nrog Andrea Dutton, tus xibfwb ntawm geoscience

Yuav ua li cas kev tshawb fawb ntawm pob txha coral reefs nyob rau hauv cov chaw kub thiab muaj xyoo ntoo Islands tuaj qhia cov kws tshawb fawb txog kev hloov pauv ntawm Antarctic ice sheet retreat thaum lub caij sov dhau los thiab qhov ntawd txhais li cas rau yav tom ntej ntawm ntug dej hiav txww thoob ntiaj teb.



Txhua plusu raug nqi \$15. Yog xav paub ntxiv, thov mus saib hauv University Roundtable nplooj ntaww ntawmacstaff ua.wisc.edu/programs/university-roundtable/. Rau cov lus nug, email roundtable@soas.wisc.edu.

CAMPUS NEWS

UW Arboretum Muab Cov Kev Qhia Hauv Online Nature

Los ntawm SHEILA LEARY, UWRA tus tswv cuab thiab SIFTER Editor

Tnws UW-Madison Arboretum lub caij ntuj no Enrichment lub caij ntuj no muaj kev qhuab qhia rau cov kws tshaj lij thiab cov neeg ua haujlmw pab dawb thiab rau cov neeg nyiam hauv zej zog. Cov lus qhuab qhia 2022 yuav yog virtual thaum sawv ntxov hnub Thursday, Lub Ob Hlis 3 txog Lub Plaub Hlis 7, 10-11:30 AM (CST). Cov lus qhuab qhia yog \$10 txhua qhov thiab yuav tsum tau sau npe ua ntej. Kev sib tham pib tam sim ntawm 10 AM

Ntau tus neeg hais lus hauv zos thiab hauv tebchaws yuav nthuav tawm cov lus hais txog ntau yam, suav nrog cov zej zog Dub txhawb kev ncaj ncees ib puag ncig thiab kev saib xyuas, kev zoo nkauj thiab ntau haiv neeg hauv ib square meter ntawm thaj av, koom nrog pej xeem kev sib txuas rau Arboretum's Longenecker Horticultural Gardens, txav. thiab pej xeem kev hloov pauv ntawm cov noog tsiv teb tsaws chaw, 400 xyoo ntawm hluav taws thiab cua hauv Minnesota's Boundary Waters, kev tawm tswv yim dej hauv Wisconsin, cov kws kos duab thiab cov neeg ua yeeb yam hais txog kev hloov pauv huab cua, qhov kev daws teeb meem loj npaum li cas satellite duab hloov pauv kev tshawb fawb hauv Antarctica, thiab pab pawg neeg tswj hwm thaj av kev siv zog txuag. kab lis kev cai tseem ceeb dub tshauv ntoo. Sau npe rau ib tug neeg lectures los yog tag nrho cov series ntawmarboretum.wisc.edu/learn/adult-education/winter-enrichment/.

Thaum Lub Ob Hlis 17, Arboretum yuav muab nws qhov kev tshawb fawb online pub dawb los ntawm 10 teev sawv ntxov txog 11:45 teev sawv ntxov (Kev tso npe yuav tsum tau saib cov kev nthuav qhia online). Cov tub ntxhais kawm, kws qhia ntaww, thiab lwm tus kws tshawb fawb tau nthuav qhia luv luv ntawm cov haujlmw tshawb fawb uas lawv tab tom ua ntawm Arboretum av thiab hauv Lake Wingra watershed. Cov ntsiab lus xyoo no suav nrog kev tswj hwm ntawm thaj chaw microhabitats, lub zej zog kev hloov pauv ntawm Arboretum's Curtis Prairie, cov nyom nyom thiab kev txuag npaup npaim, kev ua qias tuaj, cuam tshuam rau ntau haiv neeg ntawm cov kab mob fungal, thiab cov quav ntawm cov noob deposition nyob rau hauv encroached tallgrass prairies. Sau npe ntawm arboretum.wisc.edu/science/research-symposium/.

XOV XWM HMOOB**- TAU TXAIS LUB SIJ HAWM****CIVILIZATIONS nyob rau hauv Italis los ntawm ANTIQUITY mus rau tam sim no**

Txhua txoj kev coj mus rau Rome

Ib Daim Ntawm Qhia Ua Yeeb Yam los ntawm Chris Kleinhenz

Hnub Thursday, Lub Peb Hlis 25, 2022**2:00 – 4:00 p.m.**

Ntawm qhov kev sib tshuam ntawm Mediterranean, Italis muaj ntawm qhov sib txawv hauv cheeb tsam thiab kev coj noj coj ua hauv zos. Cov lus piav qhia zoo nkauj no yuav nthuav tawm ntawm dua yog tias cov tub ntxhais hluas kev vam meej uas flourished nyob rau hauv tam sim no Italis, los ntawm Antiquity mus rau njaj hnub lub sij hawm, thiab lub enduring importance ntawm Rome, lub "Eternal City." Sau npe ntawm:

UWRAMadison.org/event-4498433**HIDDEN DIGITAL GEMS hauv UW-MADISON LIBRARIES****Tuesday, Peb Hlis 29, 2022****10:00 AM – NOOB**

Sau npe ntawm:

UWRAMadison.org/event-4623702**Madison Senior Center Caij Nplooj Ntoos Hlav Tshaj Tawm**

Los ntawm LAURA HUNT, MSC PROGRAM COORDINATOR

Tnws Madison Senior Center tau qhib tag nrho txij li lub Cuaj Hlis 2021, muab ntawm yam kev paub txog tus kheej, virtual, thiab hybrid program. Kev sib cuag nrog lwm tus neeg tseem ceeb heev rau peb lub hlwb thiab lub cev kev noj qab haus huv!

Daim ntawm qhia hnub rau Lub Ob Hlis thiab Lub Peb Hlis tseem nyob hauv kev ua haujlwm, tab sis ntawm no yog ob peb yam haujlwm uas tau lees paub:

- **Tshawb nrhiav paj huam** 2nd & 4th Wednesday thaum 11:00 AM
- **Sau Koj Lub Neej** Hnub Thursday thaum 10:00 AM
- **Painting (acrylics)** Hnub Friday sawv ntxov pib lub Ob Hlis 4th
- **Lub Vev Xaib Tsev 101** date TBD
- **Lub suab xim** Lub Ob Hlis 3, 10:00 teev tsaus ntuj

Ntxiv rau,

nyob rau lub Ob Hlis

18, mus

muaj peevee xwm-

kev hlub ntawm Alan

Graveen, ib

Elvis tribute

tus kws kos duab.



Thaum Lub Peb Hlis 16, tus neeg hu nkauj hauv hiav txwv thiab tus kws sau nkauj Tom Kastle yuav ua yeeb yam.

Sau npe rau cov kev pab cuam los ntawm kev hu rau 608-266-6581.

Nrhiav kom paub ntxiv los ntawm kev sau npe kom tau txais *Tus tub txib ntawm* cityofmadison.com/senior-center/the-messenger thiab Lub Limtiq Qhov rai ntawm cityofmadison.com/contact/email-lists?category=senior-center.



BOOK MARKS

Kev sov ntawm Lwm Lub Hnub

REVIEWED BY EVAN RICHARDS, UWRA tus tswv cuab

Tnws Sov Ntawm Lwm Lub Hnub: Epic Zaj Dab Neeg ntawm TEB Chaws Asmeskas Txoj Kev Loj Hlob, los ntawm Isabel Wilkerson (Random House, 2010), yog ib qho ntawm cov phau ntawv tsis tshua muaj uas suav nrog ntawv tus yam ntxvv. Nws tau txais

siab qhuas los ntawm
reviewers (win-
nyob National
Phau Ntawv Critics Circle
Award hauv 2010),
soj ntsuam sub-
ua ntej
yuav luag tag
saib tsis taus, muaj
qhov kev pom tshwj xeeb
rau hauv qhov tseem ceeb thiab
to taub yuam kev
teeb meem, yog rendered
nyob rau hauv exceptionally
poetic sau, thiab
yog cam khwb cia nrog
rau kev txawj ntse
ntawm ib tug zoo heev historian thiab koom plig reporter.
Kuv pom nws absorbing thiab yuam.

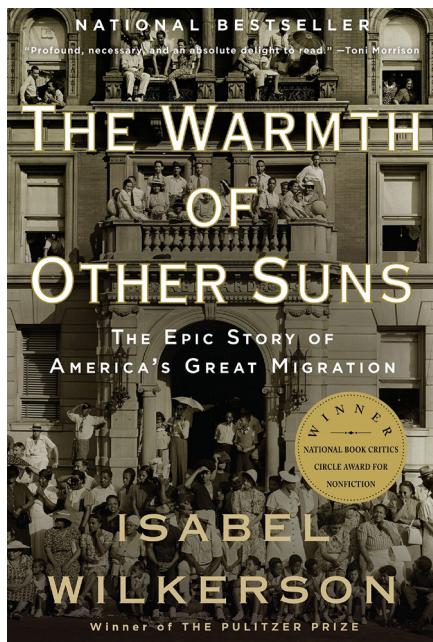
Wilkerson cov ntsiab lus yog "Kev tsiv teb tsaws zoo" ntawm
Asmeskas Dub los ntawm Jim Crow-era Sab Qab Teb mus rau
Midwest, Northeast, thiab West, pib thaum ntxov 1900s thiab txuas
ntxiv mus txog rau xyoo 1970. Nws hu nws tias yog kev tsiv teb
tsaws chaw thiab ua rau rooj plaub uas nws sib koom. ntawm
ntxvv ntawm lwm yam kev tsiv teb tsaws ntawm cov neeg los
ntawm cov teb chaws Europe, Ireland, Mexico, thiab lwm qhov.

Los ntawm qhia cov ncauj lus kom ntxaws txog peb tus neeg, nws piav
qhia txog cov laj thawj ntawm kev tsiv teb tsaws chaw thiab nws cov txiaj
ntsig. Ib qho ntawm nws cov kev kawm tau tsiv mus rau Harlem hauv
New York City, ib qho mus rau Los Angeles, thiab ib qho mus rau
Chicago. Ib yam li cov neeg tsiv teb tsaws chaw feem ntawm, qhov cuam
tshuam ntawm kev tsiv teb tsaws tau txawv heev rau cov menuyam
yaus, thawj tiam hauv qhov chaw tshiab. Wilkerson qhov kev ntsuam
xyuas ntawm cov ntaub ntawv nthuav tawm ntawm qhov kev ntseeg uas
muaj feem ntawm, suav nrog ntawm dua

ob peb ntawm kuv uas yog qhov txawv ntawm qhov
tseeb.

Kuv pom zoo rau phau ntawv no rau txhua tus uas tab
tom sim nkag siab txog keeb kwm Asmeskas thiab peb
tuaj txog qhov twg tam sim no. Phau ntawv no ci ntsa iab
heev rau qee qhov chaw tsaus ntuj heev. Rau kuv, cov
phau ntawv zoo tshaj coj koj mus qhov twg koj tsis tau
mus, qhia koj tej yam koj tsis paub, qhia koj cov dab neeg
zoo, thiab ua rau koj dai rau txhua lo lus. Qhov no ua
txhua yam..

*Thov e-mail tshuaj xyuas rau Phau Ntawv Cim kab rau
kem tus neeg saib xyuas Laurie Mayberry ntawm laurie.mayberry@wisc.edu.*



EAST-WEST VIRTUAL BREAKFAST

Hnub Thursday, Lub Ob Hlis 10, 2022

9:00-10:00 AM Kev Sib Tham Online

Daim ntawv thov Deadline: Lub Ob Hlis 7

Yuav tsum sau npe ua ntej. Sau npe online ntawm:
uwraramadison.org/event-4606231

TshiabNTAWM LUB WEBSITEUWRAMadison.org

- Quantum Computing yog dab tsi? Vim li cas koj yuav tsum tu? Lub Ib Hlis 4: Kev nthuav qhia video thiab slides

TRAVEL

Quirky and Fun Museums Abound in Wisconsin

Wisconsin yog lub tsev rau ntaw lub tsev cia puav pheej txaww txaww. Nov yog qee qhov kev xav txog kev mus xyuas.

National Mustard Tsev khaws puav pheej | 7477 Hubbard Ave., Middleton | Dawb. Ntau tshaj 6,000 mustards los ntawm tag nrho 50 lub xeev thiab ntaw tshaj 70 lub teb chaws.

Prairie Moon Sculpture Garden thiab Tsev khaws puav pheej | 52727 Prairie Moon Rd., Fountain City | Dawb. Tus neeg ua liaj ua teb Rusch tau siv ntaw xyoo los sau cov duab puab, cov tshuab txaww txaww thiab lwm yam cim nco txog thaum kho nws qhov chaw muaj tsww yim.

Midwest Microcar Tsev khaws puav pheej | 103 Crescent St., Mazomanie | Dawb. Los ntawm microcars mus rau mopeds thiab nco, lub tsev cia puav pheej muaj cov kev sib hloov ntawm cov keeb kwm kev thauj mus los.

National Bobblehead Hall of Fame | 170 S. 1st St., Milwaukee | \$5+. Lub ntiaj teb loj tshaj plaws bobblehead sau los ntawm txhua hom thiab lub sijhawm.

Deke Slayton Memorial Space thiab Bicycle Museum | 200 W. Main St., Sparta | \$3+. Honouring Sparta-yug astronaut Deke Slayton, lub tsev khaws puav pheej nco txog txoj kev loj hlob ntawm kev thauj mus los thiab qhov chaw yug ntawm thawj txoj kev tsheb ciav hlau-rau-txoj kev.

Lub Tsev khaws puav pheej Keeb Kwm ntawm Tsev fuabtais | 330 E. College Ave., Appleton | \$7.50+. Nyob rau hauv ib lub tsev fuabtais epic, lub tsev khaws puav pheej ua kev zoo siab txog keeb kwm ntawm Outagamie County tab sis paub zoo tshaj plaws rau nws qhov kev nthuav tawm ntawm Appleton tus tub, tus kws yees duab Harry Houdini.

Lub Ntiaj Teb ntawm Accordions Tsev khaws puav pheej | 1401 Belknap St., Superior | \$10+. Saib lub ntiaj teb kev sau ntaw tshaj plaws ntawm accordions, kawm txog lawv keeb kwm thiab kev hloov pauv, tshawb nrhiav cov tsev khaws ntaub ntaww ntaw dua ib lab yam koom, thiab tej zaum yuav ntes tau qhov kev ua tau zoo.

- *Tshaj tawm los ntawm lub vev xaib xov xwm online 608 Hnub no 608today.6amcity.com/weirdest-museums-madisonwi/*

- UW-Madison Retirement Association Hnub tim-

Txuas ntxiv mus saib xyuas cov UWRAMadison.org lub vev xaib rau kev hloov tshiab ntxiv.

• Hnub Tuesday, Lub Ob Hlis 8, 2022	10:00 AM – NOOB
• Hnub Thursday, Lub Ob Hlis 10, 2022	9:00–10:00 IB
• Hnub Monday, Lub Ob Hlis 14, 2022	1:00–3:00 IB
• Hnub Thursday, Lub Peb Hlis 10, 2022	9:00–10:00 IB
• Tuesday, Peb Hlis 15, 2022	10:00 AM – NOOB
• Hnub Thursday, Lub Peb Hlis 24, 2022	2:00 – 4:00 p.m
• Tuesday, Peb Hlis 29, 2022	10:00 AM – NOOB
• Hnub Tuesday, Plaub Hlis 12, 2022	1:00–3:00 IB
• Hnub Thursday, Plaub Hlis 14, 2022	9:00–10:00 IB
• Hnub Wednesday, Plaub Hlis 20, 2022	10:00 AM – NOOB
• Hnub Thursday, Plaub Hlis 28, 2022	1:00–3:00 IB
• Tuesday, May 10, 2022	10:00 AM – NOOB
• Hnub Thursday, Tsib Hlis 12, 2022	9:00–10:00 IB
• Wednesday, May 18, 2022	NOOB – 4:00 PM

Ua Koj Cov Nyiaj Them Ntev Ntev npaum li koj ua East ntsib West Virtual Breakfast
Hlub Koj Lub Siab: Ua Ntej thiab Cov Tsww Yim rau Kev Noj Qab Haus Huv Lub Plawv

East ntsib West Virtual Breakfast
Tsim ib Daim Ntaww Pov Thawj rau qhov zoo tshaj plaws rov qab los thiab kev pheej hmoo tsawg kawg nkauz kev vam meej hauv Ital is los ntawm Antiquity mus rau tam sim no Hidden Digital Gems hauv UW-Madison Libraries

Ib xyoos ib zaug SWIB thiab ETF Hloov Tshiab East ntsib West Virtual Breakfast Cov phooj ywg ntawm Madison Parks thiab Natural Areas Lub luag haujlwm ntawm Digital Media

Ib txoj hauv kev thoob plaws rau Kev nqis peev sab hnub tuaj ntsib West Virtual Breakfast
Kev Sib Tham Txhua Xyoo, Noj su, hais lus, ncig saib

Yog xav paub ntxiv txog PLATO mus ncig ua si, mus saib Platomadison.org/page-18561 .Rau cov ntaub ntaww ntawm Board thiab

Cov rooj sib tham hauv Pawg Neeg Saib Xyuas thiab cov hnub kawg rau Tus Sifter, saib UWRA lub vev xaib ntawm UWRAMadison.org.

LUBSIFTER

UWRAMadison.org

UW-Madison Retirement Association c/o
Division of Continuing Studies 21 North
Park Street, Room 7205 Madison, WI
53715-1218

Nonprofit
Organization
US Postage
PAID
UMS

Tsiv los yog Tsiv?

Tus Sifterua tsis cia li xa mus los ntawm
Postal Service. Thov siv email, xa ntaww tsis tu
ncua, lossis mus saib peb lub vev xaib kom
muab koj qhov chaw nyob tshiab rau peb kom
koj tuaj yeem tau txais txuas ntxiv *Tus Sifterua*
ntu zus.

LUBSIFTER

EDI TOR • [Sheila Leary](#)

COLUMNIST • [Mary Barnard Ray](#)

COLUMN COORDINATORS

Ntsib ib tug tswv cuab • [Crescent Kringle](#) Cov dej

num hauv Kev Soj Ntsuam • [Bob Jokisch](#)

Phau Ntawv Cim • [Laurie Mayberry](#)

UW-MADISON RETIREMENT ASSOCIATION Lub Vev

Xaib: [UWRAMadison.org](#) Xov tooj: **608-262-0641** ib

Email: retireassn@mailplus.wisc.edu

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NTAWM NO

Tsim ib Daim Ntawv Pov Thawj Ua Haujlwm Zoo Tshaj Plaws Zoo Tshaj

Plaws, Tsawg Tsawgp. **1** Los ntawm Thawj Tswj Hwmp. **2** Nrhiav UWRA

Pawg Thawj Cojp. **2**

Koj Qhov Kev Pabcuam Pantry Fed UW Cov Tub Ntxhais Kawmp. **2**

Reflections Kem; Cov koom tes hauv Givingp. **3** Webinar Recap: Kev

Noj Qab Haus Huv ntawm Tebchaws Meskas p. **4**

Webinars: Ua Koj Cov Nyiaj Them Ntev Ntev npaum li koj ua; Hlub Koj Lub Siabp. **5**

Ntsib UWRA Tus Tswv Cuab Louis C. Arrington; Cov tswv cuab tshiabp. **6**

Cov dej num hauv Kev Soj Ntsuam p. **7**

Caij nplooj ntoos hlav 2022 University Roundtable Tham

p. **8** UW Arboretum Online Nature Lectures p. **8** Txuag

Hnub: Lub Peb Hlis Webinars p. **9** Madison Senior

Center Txheej xwm p. **9**

Phau Ntawv Cim; East-West Virtual Breakfastp. **10** Quirky

Tsev khaws puav pheej muaj nyob hauv Wisconsin p. **11**

UWRA Calendar p. **11**