



State of Wisconsin Group Health Insurance Program
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Peb nyob hauv Facebook!
UWRA-Madison



THE SIFTER

NEWSLETTER OF THE UNIVERSITY OF WISCONSIN-MADISON RETIREMENT ASSOCIATION

FALL MEMBER RECEPTION

Lub Sijhawm Sib Sau thiab Txuas nrog Cov Phooj Ywg!

T nws UWRA Pawg Thawj Coj tau zoo siab caw koj thiab koj cov qhua tuaj rau peb Kev Txais Tus Tswv Cuab. Nov yog peb lub sijhawm kom tau paub (lossis rov tau ntsib dua) thiab txuas siab rau ib leeg lub tuam txhab tom qab lub sijhawm ntev ntawm kev nyob nrog deb. Peb yuav sib sau ua ke ntawm Carson Gulley Center, Upper Gulley, rau kev sib tham thiab teeb ci hors d'oeuvres. Yuav muaj nyiaj ntsuab bar nrog npias, cawv, thiab dej cawv tsis muaj cawv.

Carson Gulley Center tuaj yeem siv tau rau txhua tus. Muaj lub of Elevator mus rau qhov chaw tshwm sim ntawm ob chav.

Chaw nres tsheb tsis muaj nqi tom qab 4:30 teev tsaus ntu hauv Lot 34 uas nyob ib sab rau Carson Gulley Center. Nrhiav a daim duab qhia chaw ntawm no qhia Tshooj 34: map.wisc.edu/s/vj2iv03

- Tus nqi yog \$ 10.00 rau ib tus neeg.
- Yuav tsum tau sau npe ua ntej.
- Hnub kawg rau npe yog Friday, Kaum Hli 1. *Qhov no yog hnub kawg nyuaj.*
- Chav muaj peev xwm txwv, yog li sau npe ntxov!
- Koj raug txhawb kom sau npe online.
- Yog tias koj xav xee npe los ntawm kev xa ntawv, mus rau nplooj ntawv sau npe hauv online thiab nqes mus nrhiav qhov txuas rau luam tawm PDF ntawm Daim Ntawv Teev Npe.



Nrhiav ib daim ntawv qhia tsev kawm ntawv nrog rau qhov chaw ntawm Carson Gulley Chaw nyob ntawm map.wisc.edu/s/al5owofb

Peb yuav ua raws txhua UW -Madison COVID cov lus qhia. Yog tias qhov xwm txheej raug tso tseg lossis ncuu sijhawm, cov neeg sau npe yuav raug ceeb toom. n

Lus nug? Hu rau Lub Koom Haum ntawm 608-262-0641 lossis email retiredassn@mailplus.wisc.edu

FALL MEMBER RECEPTION
Hnub Wednesday, Kaum Hli 20, 2021
5: 00-7: 00 teev tsaus ntu

Hnub Kawg Sau Npe: Lub Kaum Hli 1
Yuav tsum sau npe ua ntej.
UWRAmadison.org/event-4421948

Los ntawm Tus Thawj Coj Tus Thawj Coj Lub Roj

Zoo siab txais tos rau xyoo 2021-22 UWRA!

Los ntawm SANDI HAASE



Greetings, txhua tus. Kuv vam tias koj tau nyob zoo thiab txaus siab rau koj lub caij ntuj sov. Ib xyoo dhau los, peb tau xav tsis thoob txog "qhov qub ib txwm muaj." Tam sim no peb tab tom pib saib seb nws yuav zoo li cas. Ib yam kom paub tseeb, nws zoo li lub qhov ncauj qhov ntswg yuav nyob nrog peb ib pliag.

Cov Neeg Sawv Cev tau ua haujlwm thoob plaws lub caij ntuj sov los npaj lwm xyoo txoj haujlwm zoo kawg. Qhov teeb meem no tau ntim nrog ntau yam kev thov uas kuv vam tias koj yuav tuaj koom tau. Pawg Neeg Saib Xyuas tau pom zoo peb cov haujlwm rau lub Cuaj Hli - Kaum Ob Hlis kom xa tawm siv Zoom. Peb tab tom tshawb nrhiav seb dab tsi yog txoj hauv kev zoo tshaj plaws ntawm kev xa khoom rau cov phiaj xwm hauv 2022. Thaum zooming peb cov phiaj xwm yuav tsis zoo tag nrho, peb tau mus txog ntau tus tswv cuab sab nraud thaj tsam Madison ntau dua. Nws tsis yog qhov txawv uas muaj cov tswv cuab uas nyob ntawm ntug dej hiav txwv sab hnub poob thiab sab hnub tuaj sab hnub tuaj koom nrog cov haujlwm. Qhov tseeb, ib tus ntawm peb cov tswv cuab uas nyob hauv tebchaws Israel tau tuaj koom tau!

Hloov chaw noj su thaum lub caij nplooj ntoo zeeg, Pawg Neeg Luncheon tab tom npaj cov tswv cuab txais tos thaum Lub Kaum Hli 20. Raws li qhov kev sau ntawv no, nws zoo li yuav xav tau lub qhov ncauj qhov ntswg rau txhua tus neeg tuaj koom. Cia peb hla peb cov ntiv tes hla uas tsis muaj cov txheej txheem kev noj qab haus huv ntxiv/txoj cai txwv tsis pub peb tuav lub roj sib tham.

Kuv tab tom nrhiav rau pem hauv ntej kom pom ntau ntawm

koj nyob ntawd - qhov ncauj qhov ntswg thiab txhua yam!

Thaum pib xyoo, Kuv xav txais tos cov tswv cuab tshiab Marc Fink, Jurgen Patau, Mary Czyszczak-Lyne, thiab Jim Stratton uas koom nrog tus thawj tswj hwm Esther Olson, tus thawj tswj hwm xaiv Jane Dymond, tam sim no tus thawj tswj hwm Chris Kleinhenz, tus tuav ntaub ntawv Marian Fisher, tus neeg khaws nyiaj Beth

Zemp, thiab tus thawj coj Millard Susman, Marcy Doelp, Jack Sorenson, Tom Broman, thiab Laurie Mayberry.

Raws li kuv saib rov qab dhau 18 lub hlis dhau los, UWRA txuas ntxiv mus tom ntej. Txawm hais tias nws zoo li txawv, peb tsis nco ib qho kev ntaus. Peb Lub Koom Haum muaj ntau yam txaus siab rau! Nyob, Wisconsin! [n](#)

TUS NEEG SAWV DAWS TSHUJAJ

Tshiab ntawm Pawg Thawj Coj: Marc Fink

Marc Fink tau ua tus kws qhia oboist hauv Tsev Kawm Ntawv Nkauj 40 xyoo txog thaum nws so haujlwm xyoo 2013. Nws kuj tau ua tus thawj coj ntawm Tsev Kawm Ntawv thiab yog tus tswv cuab ntawm Wingra Quintet, cov kws qhia ua ke nyob hauv. Nws txuas ntxiv ua tus thawj xibfwb ntawm Madison Symphony Orchestra.



Marc yuav yog tus ntaus nkauj tshwj xeeb nrog Madison

Symphony Orchestra hauv Mozart Concerto rau Oboe thiab Orchestra hauv lawv qhov kev hais kwv txhiaj yav tom ntej, Cuaj hlis 24, 25, 26 ntawm Overture Center. Nws tau koom nrog lub suab paj nruag thaum nws tuaj txog hauv Madison xyoo 1973 thiab tau ua tus thawj coj ntawm ob lub suab paj nruag txij li xyoo 1988 los ntawm cov thawj coj suab paj nruag Roland Johnson thiab John DeMain.

Thaum lub sijhawm Marc tuav nrog Madison Symphony Orchestra, nws tau ua yeeb yam nrog cov neeg ntaus suab paj nruag hauv ntiaj teb suav nrog Itzhak Perlman, Andre Watts, Olga Kern, Josh Bell, thiab Gil Shaham, rau npe xwb. Nws kuj tau tuav txoj haujlwm tseem ceeb oboe nrog Madison Opera. Yog xav paub daim pib, mus ntsib Madison Symphony Orchestra lub vev xaib ntawm madisonsymphony.org

Marc cov haujlwm yam koj nyiam suav nrog mus ncig, ntaus pob tesniv, ntaus golf, thiab cag rau Wisconsin Badgers thiab Chicago Cubs. Nws tau koom nrog UWRA xyoo 2014 thiab yog Pawg Thawj Saib Xyuas Haujlwm ntawm UWRA Luncheon Committee. [n](#)

Los ntawm UWRA Thawj Tswj Hwm

Thawj Tswj Hwm Zoo Siab Txais Tos

Los ntawm ESTHER OLSON, 2021–22 UWRA Thawj Tswj Hwm



Wtos txais xyoo tshiab, lub ntiaj teb tshiab, txoj hauv kev tshiab ntawm kev khiav lub koom haum, thiab ib txoj hauv kev tshiab ntawm kev sib tham thiab sib tham nrog peb cov phooj ywg. Kuv nco qab peb tus thawj tswj hwm tawm mus Chris Kleinhenz cov lus txais tos uas nws qhia kev cia siab tias peb nyob ze qhov kawg ntawm peb cov kev txwv

lub sijhawm tab sis nws tau nco ntsoov tias txoj hauv kev tom ntej tseem tuaj yeem nyuaj rau kev taug nrog txhua qhov "potholes" thiab lwm yam tsis paub tseeb. Tub, puas yog nws hais txog qhov ntawd!

Kuv tau txais tos tshwj xeeb rau peb cov tswv cuab tshiab thiab ua tsaug ntau rau peb cov tswv cuab txuas ntxiv uas nyob ruaj khov thoob plaws lub sijhawm muaj tus kabmob kis thoob ntiaj teb thiab ua rau peb lub koom haum ua tiav. Tsis tsuas yog peb tau ua cua daj cua dub tab sis peb tau dhau los muaj zog dua qub, feem ntau vim yog kev ua siab loj ntawm peb ob tus thawj tswj hwm yav dhau los, peb tus thawj coj muaj peev xwm, thiab peb pawg neeg saib xyuas.

Pawg Thawj Coj thiab ntau pawg UWRA tau ua haujlwm dhau lub caij ntuj sov los npaj cov haujlwm rau xyoo tom ntej. Cov khoos kas suav nrog ntau yam ncauj lus, los ntawm kev sab laj nyiaj xtiag thiab kev so haujlwm rau noj su thiab noj hmo. Peb cov pab pawg ua haujlwm hnyav los muab cov xwm txheej nthuav thiab cuam tshuam, tsis hais tus neeg lossis tus kheej.

Kuv caw koj, ua tswv cuab, los koom nrog peb cov pab pawg sib txawv thiab kev ua ub no.

Nov yog koj lub koom haum, thiab lub hom phiaj yog muab cov tswv cuab muaj ntau yam kev lom zem thiab muaj xtiag ntsig zoo rau cov xwm txheej thiab cov hauv kev.

Yav dhau los tus thawj tswj hwm Mary Czyszczak-Lyne yuav txuas ntxiv coj peb Lub Koom Haum hauv nws txoj kev npaj phiaj xwm

kev pib ua haujlwm, sib koom tes ua haujlwm ntau yam pib ob xyoos dhau los. Nov yog lub sijhawm rau cov tswv cuab los muab tswv yim rau hauv cov lus taw qhia thiab cov haujlwm ntawm lub koom haum, yog li txiav txim siab qiv koj cov tswv yim thiab cov lus qhia los ntawm kev koom nrog Pawg Txheej Txheem Txoj Haujlwm.

Raws li kuv tos ntsoov rau xyoo tshiab, Kuv ua tsaug rau qhov ua haujlwm loj heev uas tau ua los ntawm cov thawj tswj hwm yav dhau los, cov thawj coj hauv pawg thawj coj, thiab cov pab pawg. Kuv tau cog lus tias yuav txhawb nqa txoj haujlwm ua haujlwm zoo.

Yog li, sawv cev ntawm UWRA Pawg Thawj Coj, Kuv zoo siab tos txais koj txhua lub xyoo tshiab thiab cov haujlwm tshiab. Thiab nyob rau hauv tus ntsuj plig ntawm peb lub xeev motto, cia peb mus *TUAG!*



Koj puas paub?

Txhawm rau sau npe rau txoj haujlwm lossis rooj sib tham ntawm pawg saib xyuas, mus rau UWRA qhov home page ntawm UWRAmadison.org, nrhiav qhov xwm txheej uas koj xav sau npe, thiab nyem rau ntawm qhov txuas. Ntawm nplooj ntawv kev tshwm sim, nyem rau ntawm "sau npe" khawm. Cov txheej txheem sau npe yuav npaj ua ntej koj cov ntaub ntawv tiv toj. Yog tias koj muaj qhua, nqes mus rau "ntxiv qhua" khawm. Nyem lub pob thiab sau lawv lub npe. Yog tias koj tsis muaj qhua, tsuas yog nyem lub pob "tom ntej", ntawm lub vijtsam tom ntej. Tom qab ntawv nyem "lees paub," thiab koj tau sau npe! Cov txheej txheem sau npe yuav xa email rau koj qhov kev pom zoo. Koj qhov kev lees paub thiab ceeb toom kev ceeb toom yuav suav nrog Zoom hu xov tooj.

EAST -WEST VIRTUAL BREAKFAST

Hnub Thursday, Cuaj hlis 9, 2021

9: 00–10: 00 AM Kev Sib Tham Online

Hnub kawg rau npe: Cuaj hlis 6

Yuav tsum sau npe ua ntej. Sau npe online ntawm: UWRAmadison.org/event-4439425

TAWS WEBINAR

Ib qho saj ntawm Africa

Los ntawm ESTHER OLSON, CO-CHAIR, KEV TSEV KAWM NTAWW

Jambo ua! Jambo! Nyob zoo!

Tuaj ncig ua si nrog Bernard Easterday thiab Esther Olson los ntawm Kenya, Rwanda, thiab Tanzania, thiab qhia peb cov kev paub thaum peb mus ntsib, nyob, thiab ua haujlwm puag ncig los ntawm cov tsiaj qus, sib txawv ntawm cov toj roob hauv pes, txaj muag tab sis txaus siab thiab nyiam cov neeg, thiab qhov sib txawv heev. .

Ua rau pom qee qhov duab ze ntawm ntau hom tsiaj thiab noog sib txawv uas nyob hauv cheeb tsam, suav nrog roob gorillas hauv Rwanda. Saib Oldupai Hau, yog ib qho tseem ceeb tshaj plaws keeb kwm keeb kwm keeb kwm ntawm lub ntiaj teb, qhov twg Louis thiab Mary Leakey xub pom thawj cov hniav fossilized thiab pob txha taub hau ntawm ib ntawm peb cov poj koob yawm txwv thaum ntxov. Kawm paub txog Hnub Easter txoj kev tshawb fawb txog kab mob ntawm tsiaj txhu hauv Kenya uas yog thiab tseem yog qhov muaj feem cuam tshuam rau Asmeskas kev lag luam tsiaj txhu. n

*Yog tias koj muaj lus nug ua ntej rau cov neeg hais lus, thov email lawv ua ntej rau tus kws saib xyuas haujlwm Esther Olson ntawm emolson2@wisc.edu los ntawm **Cuaj hlis 14.***



Rau-lub hlis-laas Roob Gorilla.

Hauv Wisconsin, **Bernard Hnub Easter** yog tus paub zoo tshaj plaws uas yog xibfwb thiab tus thawj tswj hwm ntawm University of Wisconsin School of Veterinary Medicine. Hauv Kenya, Maasai hu nws tias "Leshan," uas txhais tias "yug thaum lub caij los nag," thiab lawv hwm nws ua tus txwj laus hauv zos. Xyoo 2021 nws ua kev zoo siab 60 xyoo ntawm kev ua haujlwm hauv University of Wisconsin

tsev kawm ntawv.



KENYA, RWANDA, TANZANIA
Hnub Monday, Cuaj hlis 20, 2021
1: 00–3: 00 PM Online Webinar
Hnub kawg rau npe: Cuaj hlis 16

Yuav tsum sau npe ua ntej. Sau npe online ntawm:
UWRAmadison.org/event-4412547

Khoom noj khoom haus Pantry

\$ Open Seat Food Pantry yog qhov kev xav nkaus xwb. Qhib Rooj (asm.wisc.edu/the-open-seat/)

yog cov tub ntxhais kawm khoom noj khoom haus hauv chav noj mov hauv tsev kawm ntawv uas mob siab daws teeb meem zaub mov tsis txaus rau cov tub ntxhais kawm. Nws yog qhov kev pabcuam tseem ceeb muab los ntawm Cov Tub Ntxhais Kawm Koom Tes ntawm Madison (ASM). Txiax txim siab ua qhov pub dawb rau Open Seat nrog daim tshav them rau UW Foundation, nrog "Open Seat" ntawm kab ntawv sau tseg. Xa ntawv pub dawb rau UWRA, 21 North Park Street, Room 7205, Madison, WI 53715-1218. n



TSEV KAWM NTAWV NYOB HAUW WEBINAR RETIREMENT

Peb puas tuaj yeem them nyiaj laus thaum peb muaj hnuv nyoog?

BY RICK DALUGE, MEMBER, COMMITTEE ON FINANCIAL MATTERS IN RETIREMENT

Koom nrog peb rau cov ntaub ntawv xov xwm webinar no. Helen Marks Dicks ntawm American Association of Retired People (AARP) yuav tham txog yuav siv sijhawm zoo tshaj plaws rau peb li "xyoo" thiab qhov twg los nrhiav kev pab. John Sauer ntawm Tus Thawj Coj Hnuv Nyoog Wisconsin yuav tham txog cov xwm txheej hauv cov chaw saib xyuas neeg laus, xws li tus nqi nce tus nqi, qhia kev saib xyuas kev saib xyuas mob nkeeg raws li ib feem ntawm cov zej zog nyob, nkag mus thiab muaj peev xwm pab tau kev saib xyuas kev noj qab haus huv hauv lub xeev, thiab lwm yam kev hloov pauv . Peb tus hais lus zaum kawg, Tim Schiefelbein ntawm UW Credit Union, yuav tham txog yuav ua li cas zoo tshaj plaws los npaj nyiaj txiag rau yav tom ntej. Txhua tus neeg hais lus yuav nthuav tawm rau 20 feeb, thiab peb yuav siv sijhawm thib ob los teb cov lus nug los ntawm cov neeg mloog. n

*Yog tias koj muaj lus nug ua ntej rau cov neeg hais lus, thov email lawv ua ntej rau tus kws saib xyuas haujlwm Rick Daluge ntawm rdaluge@wisc.edu los ntawm **Cuaj hlis 21.***

RETIREMENT OPPORTUNITIES WEBINAR

Hloov tshiab txog COVID-19 Pandemic



Los ntawm MILLARD SUSMAN, MEMBER, RETIREMENT OPPORTUNITIES COMMITTEE

Tnws Lub Chaw Tiv Thav Kab Mob cov lus pom zoo hais txog COVID-19 kev kis thoob qhov txhia chaw hloov pauv raws sijhawm, vim tias lawv yog los ntawm kev tshawb fawb. Zoo dua peb nkag siab tus kab mob tshiab no, zoo dua peb tuaj yeem tswj hwm nws. Tom Friedrich ntawm UW-Madison Tsev Kawm Ntawm Veterinary Tshuaj, uas kawm txog COVID-19, yuav qhia peb txog qhov kev kawm zoo uas nws tau nthuav qhia rau UWRA cov tswv cuab thaum Lub Peb Hlis. Cov ntsiab lus ntawm webinar yuav nyob ntawm qee qhov ntawm kev txhim kho kev tshawb fawb ntawm tam sim no thiab tom qab ntawd. Cov ncauj lus yuav suav nrog kev nthuav dav ntawm Delta qhov sib txawv thiab lwm yam kev hloov pauv thiab lawv cuam tshuam rau kev txhaj tshuaj tiv thaiv kab mob zoo; hloov tshiab txog tshuaj tiv thaiv

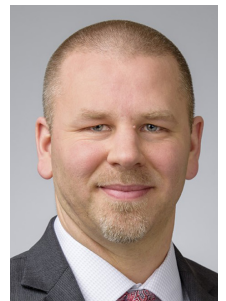
Peb puas tuaj yeem rov qab tau?

Hnuv Tuesday Lub Cuaj Hli 28, 2021

10:00 AM – NOON Online Webinar

Hnuv kawg rau npe: Cuaj hlis 24

Yuav tsum sau npe ua ntej. Sau npe online ntawm: [UWRAmadison.org/event-4438113](https://uwramadison.org/event-4438113)



Helen Marks Dicks yog tus thawj coj hauv xeev, thiab tus thawj coj ntawm lub xeev cov lus txhawb nqa, rau AARP Wisconsin.

John Sauer yog tus thawj coj ntawm Thawj Coj Hnuv Nyoog Wisconsin, koom nrog 500 lub chaw tsis muaj txiag ntsig hauv lub xeev muab kev saib xyuas tas li. **Tim Schiefelbein** yog tus kws pab tswv yim nyiaj txiag nrog UW Credit Union tshwj xeeb hauv lub sijhawm ntev thiab nyiaj laus so thiab cov phiaj xwm qub txeeq qub teg.

COVID-19 Hloov tshiab

Hnuv Thursday Lub Kaum Hli 7, 2021

10:00 AM – NOON Online Webinar

Hnuv Kawg Sau Npe: Lub Kaum Hli 1

Yuav tsum sau npe ua ntej. Sau npe online ntawm: <https://uwramadison.org/event-4438063>

Thomas Friedrich yog xibfwb ntawm virology ntawm UW– Madison Tsev Kawm Ntawm Veterinary Tshuaj. Nws lub chaw soj ntsuam tshawb fawb yuav ua li cas thiab kis tau tus kab mob zoo li HIV, khaub thuas, Zika, thiab SARS-CoV-2 hloov zuj zus mus rau kis, kis, thiab ua rau muaj kab mob.

txoj cai, suav nrog kev tso cai rau menyuum yaus hnuv nyoog qis dua 12 xyoos thiab muaj peev xwm siv tshuaj txhaj koob tshuaj tiv thaiv; thiab kwv yeas cov teeb meem tom ntej hauv kev teb rau kis thoob qhov txhia chaw. n

*Yog tias koj muaj lus nug ua ntej rau cov neeg hais lus, email lawv ua ntej rau tus kws saib xyuas haujlwm Millard Susman ntawm msusman@wisc.edu los ntawm **Cuaj hlis 30.***

TUS NEEG UWRA

Tshuaj thiab Nkauj Hauv Paradise

Los ntawm STAN INHORN, UWRA Cov Tswv Cuab



Kuv so haujlwm los ntawm UW xyoo 1998 tom qab 39 xyoo uas yog xibfwb qhia ntawv hauv Chav Haujlwm ntawm Kab Mob thiab Tshuaj Kho Mob thiab Tshuaj Tiv Thaiv (tam sim no hu ua Pej Xeem Health Science). Kuv kuj yog tus thawj coj/kho mob tus thawj coj ntawm Wisconsin State Laboratory of Hygiene. Kuv loj hlob nyob rau hauv

Cleveland thiab tau mus rau Western Reserve University (tam sim no Case Western Reserve University), kawm tiav hauv chemistry.

Ib lub caij ntuj sov kuv yog tus sawv cev los ntawm Reserve rau lub rooj sib tham ntawm National Student Association tuav hauv University of Wisconsin's Memorial Union. Kuv xav tias kuv nyob hauv lub vaj kaj siab thiab, yog tias kuv puas muaj sijhawm, kuv yuav rov los rau Madison. Tom qab kawm tiav qib siab, kuv tau mus rau Tsev Kawm Ntawv Kho Mob Columbia University, thiab tom qab ntawd kuv txoj kev npau suav tau los tiag. Kuv tau sib phim mus ua haujlwm xyaum haujlwm thiab ua haujlwm rau kuv nyob ntawm Tsev Kho Mob UW.

Thaum kuv xyaum ua haujlwm kuv tau ntsib Shirley, uas yog kawm tiav hauv Physiological Chemistry. Peb tau sib yuav xya lub hlis tom qab thiab tsis ntev los no ua kev zoo siab 66 xyoo ua ke. Peb ob leeg muaj kev nyiam suab paj nruag; Shirley yog tus ntaus pianist, thiab kuv yog tus ntaus nkauj ntaus nkauj. Xyoo 1960s thiab 1970s thaum ntxov, kuv ua si hauv Madison Symphony Orchestra. Kuv qhov kev nco tshaj plaws yog ua tus Mexiyas thaum Lub Kaum Ob Hlis ntawm UW Stock Pavilion, qhov chaw loj tshaj plaws hauv Madison thaum lub sijhawm, nrog lub suab nrov zoo.

Thaum kuv hnuv ua haujlwm, Kuv tau ua haujlwm ntawm cov laug cam ntawm ntau lub koom haum tsis koom tes, tshwj xeeb hauv kev hu nkauj. Kuv tseem ua haujlwm nrog Wisconsin Cov Hluas Symphony Orchestras thiab Madison Symphony Orchestra ntxiv rau Koom Haum Koom Tes Pabcuam Kev Noj Qab Haus Huv.

Rau kaum xyoo dhau los, Shirley thiab kuv tau nyob ntawm Oakwood Village – University Woods. Peb txaus siab rau ntau yam kev kawm muaj nyob rau ntawd thiab tseem tuaj koom ntau qhov kev hais kwv txhiaj thiab kev ua yeeb yam uas muab los ntawm Madison ntau lub koom haum nkauj thiab ua yeeb yam zoo. Cov khw noj mov tuaj thiab mus, tab sis peb nyiam tshaj yog Porta Bella, uas muaj qhov zoo ib puag ncig (ntxiv rau Porta zaub xam lav qab).

Lwm qhov chaw peb nyiam thaum peb cov menyuum thiab cov xeeb ntxwv tuaj rau hauv nroog yog qhov chaw zoo nkauj ntawm ntug dej ntawm Memorial Union Terrace. Hauv cov hnuv qub, cov nyiaj hli ntawm UW tsis zoo li ntawd, yog li peb tau xaiv cov kws qhia ntawv muaj peev xwm nyob rau lub caij ntuj sov kom tau txais txiaj ntsig ntawm Terrace. Nws tau hais tias qhov kev paub dhau los muaj nqis tsawg kawg \$ 10,000. Koj tuaj yeem hais tias Madison muaj txhua yam. Qhov ntawd yog qhov ua rau kuv nyob ntawm no txij xyoo 1953. [n](#)

Hu rau ARTICLES

Qhia Peb Txog Koj Tus Kheej Cov Dej Num Tshiab hauv Kev So Haujlwm

Tej zaum koj yuav tau nyeem txog cov neeg so haujlwm 'nrhiav pom ntawm kev koom nrog cov kev nyiam tshiab hauv cov ntawv hloov tshiab tsis ntev los no *Sifter*. Peb caw koj los koom nrog tus lej zoo sib xws. Kab ntawv no (saib p. 7) hais txog cov txiaj ntsig zoo ntawm cov haujlwm ntxim nyiam uas cov tswv cuab koom nrog thiab muab peb txhua qhov kev nkag siab los ntawm cov neeg so haujlwm tuaj yeem tsim kho qhov tshiab, ntau yam, thiab txaus siab rau tom qab so haujlwm.

Bob Jokisch tswj hwm cov koob no thiab tuaj yeem yog mus txog ntawm bobjokisch@gmail.com.

Cov txheej txheem Hauv 250 lo lus lossis tsawg dua, piav qhia:

- yam koj ua thiab nws txoj kev sib raug zoo (yog muaj) rau yam koj tau ua ua ntej nyiaj laus
- qhov chaw koj muaj sijhawm ua thiab nrog leej twg
- koj pom koj txoj hauv kev mus ua haujlwm li cas - thiab lwm tus yuav zoo li cas
- yam txiaj ntsig koj tau ntsib (kev lom zem thiab qhov tsis zoo ntawm kev nrhiav).

Yog ua tau, kuj xa daim duab ntsig txog koj li haujlwm tshiab. [n](#)

MAY – AUGUST, 2021

Peb tos txais cov tswv cuab tshiab

B. Lynn Allen- Yog

Hoffmann, Kev kho mob

Tsev Kawm Ntawv - Pathology

Diane Agans, uas Wisconsin

Pej Xeem Xov Xwm

Margaret Baker, uas DoIT

Kev Tshaj Tawm Digital &

Luam Ntawv

Leonelo Bautista: koj puas xav tau ntau tus thwjtim?

Bruce Beihoff, Tus Thawj COJ

Grainger lub koom haum rau

Engineering- COE

Linda Endlich, Kuv. SOE

Gail Giab, Engineering - Kev

Txhvim Kho Kev Ua Haujlwm

Cai Richard Glines, DoIT

Ana Guaracao, uas Xeev

Lub ntawm Huv Huv, CDD

Gary Hammersley, uas

MB/MV

Georgia Hammersley

David Hildner, Thawj Tswj Hwm Lus Mev

thiab Portuguese

Carol Hillmer, uas CAI -

Kev Pabcuam Tib Neeg

Cindy Huber, kuv. Pub dawb

Lub neeg

Daniel Iyama-Kurtycz, uas

Kab mob

Christina Yim-

Kurtycz

Marilyn Cai, DOV

Gisela Kutzbach, tus College

ntawm Engineering

Gabriele Lubach,

Psychology

Kirk Malnor, uas C nkag

mus rau Kev Kawm Txuj Ci

Cynthia Mai, Txoj cai lij choj

Gary Mier, Kuv. Vaj tse

Kev Nichols

Yvonne Schofer, uas General

Library System

Tim Sparks, ICTR-SMPH

Karen Stephens, kuv.

Tshuaj lom neeg

Gary Stephens

Jeffrey Strobel,

Kev Lag Luam Txuas Ntxiv &

Kev sib txuas lus

Elizabeth Tryon, tus

Morgridge Center rau

Kev Pabcuam Pej Xeem

Michael Vov, DoIT

Kev Tshaj Tawm Digital &

Luam Ntawv

Robert Woods,

Tshuaj lom neeg

Patricia Zingsheim

TSHIAB ACTIVITIES IN RETIREMENT

Sau Cov Keeb Kwm Xiav thiab Dawb Tuam

Tshoj Cov Khaub Ncaws

Los ntawm MICHELE BURR MICKELSON, UWRA MEMBER

Atus me nyuam, Kuv poob rau hauv kev hlub nrog kuv cov tais diav xiav thiab dawb thiab nrog kuv pog pog tob, daim iav xiav daim hlau. Tias yog vim li cas zaum mus rau ib lub rooj nrog Suav teb koj rov nco.

Kuv so haujlwm ua tus pab dean emerita ntawm Cov Tub Ntxhais Kawm Kev Kawm Txuj Ci hauv Tsev Kawm Ntawv ntawm Tib Neeg Ecology, thiab kuv tau ua tus thawj koj ntawm UWRA

Pawg Neeg Muaj Peev Xwm Txuas Siab Ua Haujlwm (ROC). Kuv ib txwm tau xav nyob rau hauv antique xiav thiab dawb Tuam Tshoj, tab sis tam sim no kuv txaus siab tshawb fawb nws.

Tej zaum koj tau pom hloov pauv qaib ntxhw daim hlau rau Thanksgiving. Cov qauv no saib duab. Flow Blue cov qauv, sib piv, zoo li cov xim plooj lossis "ntws" thaum tua hluav taws hauv qhov cub. Kuv tus txiv thiab kuv koom nrog Flow Blue International Collectors 'Club (FBICC) thiab Transferware International Collectors Club (TICC) kom paub ntau ntxiv.

Kev ncig xyuas kev kawm ntawm "The Potteries" hauv Stoke-on-Trent, Askiv, qhia peb txog kev tsim khoom ntawm Suav teb-av nplaum, hloov kev tsim qauv los ntawm phaj tooj liab mus rau ntau so ntswg, ci, thiab tua hluav taws. Thaum peb saib cov ntawv qub ntawm cov ntawv, peb hnab hlab looj tes dawb kom tiv thaiv kev puas tsuaj. Cov chav kawm Zoom Kuv tau koj los ntawm Tsev khaws puav pheej Victoria & Albert thiab Tsev khaws puav pheej Royal Worcester hauv tebchaws Askiv tau yog cov peev txheej zoo. Ib qhov tseem ceeb nthuav tawm yog rov tsim dua ntawm 566 lub lauj kaub tais diav hauv Suav teb thiab cov phaj los ntawm cov av uas tsis pom nyob ib puag ncig London tsev.

Kuv zoo siab koom nrog FBICC pawg thawj koj xyoo no, yog lub sijhawm tshiab los kawm paub ntau ntxiv txog kuv "cov khoom muaj nqis." Kuv txhawb koj kom koj tus kheej tsev neeg hauv Suav teb tawm ntawm lub txee kom txaus siab rau cov xim, cov qauv, cov dab neeg, thiab kev nco. n



**UWRA yog
koj lub network hauv
nyiaj laus!**

Cov Nyiaj Txiag Nyiaj Txiag WEBINAR

"Nws yog Koj Qhov Xaiv" rau 2022

Dab tsi tshiab hauv Kev Pov Hwm Kev Noj Qab Haus Huv rau Wisconsin Cov Neeg Ua Haujlwm thiab Cov Neeg Laus?

Los ntawm MILLARD SUSMAN THIAB KATHY ZWEIFEL, MEMBERS, COMMITTEE ntawm cov nyiaj txiag tseem ceeb hauv kev rov qab los

A pab pawg coj los ntawm Eileen Mallow, tus thawj coj ntawm Lub Chaw Haujlwm Saib Xyuas Txoj Cai Kev Noj Qab Haus Huv ntawm Wisconsin Lub Tsev Haujlwm Saib Xyuas Cov Neeg Ua Haujlwm Cov Nyiaj Txiag, yuav nthuav qhia lub webinar ntawm kev xaiv saib xyuas kev noj qab haus huv uas muaj rau UW cov neeg ua haujlwm thiab so haujlwm xyoo 2022.

Qhov kev nthuav qhia yuav suav nrog cov ntsiab lus ntawm cov haujlwm tseem ceeb thiab kev hloov pauv rau cov haujlwm no rau xyoo 2022, nrog rau kev tsom mus rau GIB Cov phiaj xwm phiaj xwm, hloov pauv rau cov txiaj ntsig ntxiv, Kev hloov kho kev noj qab haus huv, hloov kho Medicare, hloov tshuaj tiv thaiv, thiab lwm yam txiaj ntsig xyoo 2022 hloov pauv.

Xyoo 2021 Wisconsin Pab Pawg Pov Hwm Kev Noj Qab Haus Huv qhib sijhawm rau npe nkag yuav los ntawm lub Cuaj Hli 27 txog rau Lub Kaum Hli 22.

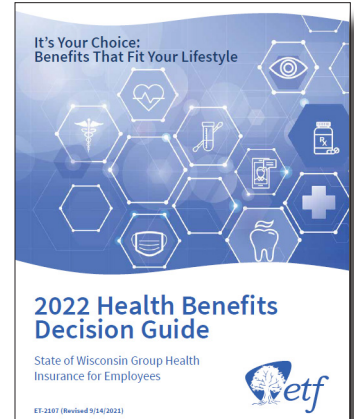
Cov *Nws yog Koj Qhov Kev Xaiv 2022 Phau Ntawv Txiaiv Txim Siab* yog teem- npaj yuav xa tuaj tsis pub dhau Lub Cuaj Hli 20 tab sis yuav tsis xa mus txog tom qab lub lim tiam ntawd. Txawm li cas los xij, txhua cov ntaub ntawv suav nrog hauv *Phau Ntawv Txiaiv Txim Siab* yuav muaj nyob ntawm ETF lub vev xaib (etf.wi.gov) raws li lub Cuaj Hlis 20. n

Yog tias koj muaj lus nug ua ntej rau tus hais lus, thov xa email rau lawv ua ntej rau tus kws saib xyuas haujlwm Millard Susman thiab Kathy Zweifel ntawm msusman@wisc.edu thiab kazweife@wisc.edu los ntawm Lub Kaum Hli 5.

Nws yog koj qhov kev xaiv, 2022
Hnub Tuesday, Kaum Hli 12, 2021
10: 00 – NOON Online Webinar
Hnub Kawg Sau Npe: Lub Kaum Hli 9

Yuav tsum sau npe ua ntej. Sau npe online ntawm:
UWRAmadison.org/event-4437779

Cov neeg nthuav qhia suav nrog **Tricia Seeg**, Tsev muag tshuaj Qhov Kev Pab Cuam; **Renee Taug kev**, Tus Kws Pab Tswv Yim; **Nyob zoo Molly Heisterkamp**, Kab mob Kev Tswj thiab Kev Noj Qab Nyob Zoo; **Korbey Dawb**, Kev Noj Qab Haus Huv; **Eileen Mallow**, Txoj Cai Tswjfwim Kev Noj Qab Haus Huv; **Douglas Wendt**, uas Tus Kws Saib Xyuas Kev Noj Qab Haus Huv Txoj Cai; thiab **Arlene Larson**, Ua tsaug Tsoom fwm Txoj Haujlwm thiab Txoj Cai.



4 Txuag Hnub, TECHNOLOGY WEBINAR

Tshawb Nrhiav Yuav Ua Li Cas UW – Madison Cov Tub Ntxhais Kawm Tau Kawm Hauv Txoj Kev Koj Yuav Tsis Muaj Ib Yam Xav Li Cas Nrog Tshuab Tshiab

Remember lightboards hauv koj li kev lag luam? Lub hnab virtual ntawm cov khoom kho mob thiab cov ntaub ntawv hauv koj cov chav kho mob? Cov duab qhia kev sib tham thiab cov ntawv hauv koj chav kawm ntawm kab lis kev cai nruab nrab? Peb tsis ua!

Lub Kaum Hli 29, txij 10:00 txog tav su, tuaj koom nrog peb li cas UW -Madison cov kws qhia ntawv thiab cov neeg ua haujlwm qhia siv cov thev naus laus zis tshiab los nthuav dab tsi thiab cov tub ntxhais kawm kawm li cas.

Saib UWRA lub vev xaib thiab Lub Kaum Hli *Sifter* kom paub meej ntxiv txog cov neeg hais lus uas yuav muab qhov kev nthuav qhia no. Hnub kawg rau npe yog hnub Tuesday, Kaum Hli 26. Saib UWRAmadison.org/xwm txheej-4449285

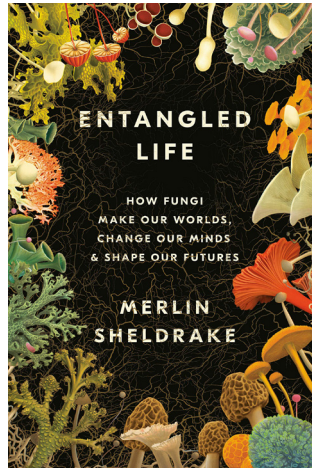


BOOK MARKS

Lub Neej Tsis Ncaj Ncees

Los ntawm MILLARD SUSMAN, BOARD OF DIRECTORS & UWRA MEMBER

M Erlin Shel Drake, tus tus sau ntawm *Lub Neej Tsis Tsaus Siab: Yuav ua li cas Fungi Ua Peb Lub Ntiaj Teb, Hloov Peb Lub Siab, Thiab Hloov Peb Lub Neej* (Random House, 2020), sau hais tias "Kuv yeej tsis koj tus cwj pwm zoo li tus kab mob ntau dua li thaum kuv tab tom tshawb nrhiav lawv."



Nws txhais tau tias raws li kev qhuas. Thaum twg

Sheldrake tab tom kawm txog cov kab mob hu ua fungi,

nws yog nws qhov zoo tshaj plaws -nyob rau hauv cov cuab yeej siv siab rau sib tham nrog cov npoj yaig, pab nyiaj ntau, ua kom pom tseeb, tsim, thiab sib tham nrog cov pwm. Sheldrake pom cov kab mob hu ua fungi uas muaj nyob, yuav luag tsis pom rau peb tab sis nthuav tawm peb lub ntiaj teb thiab ua ntau yam haujlwm tu tsev uas ua rau lub neej muaj peev xwm.

Nov yog qhov nws qhia me ntsis rau hauv phau ntawv: "Thaum koj nyeem cov lus no, cov kab mob hu ua fungi tau hloov txoj hauv kev uas lub neej tshwm sim, zoo li lawv tau ua rau ntau tshaj li ib txhiab xyoo. Lawv noj pob zeb, ua av, zom cov kuab paug, txhawb nqa thiab tua cov nroj tsuag, muaj sia nyob hauv qhov chaw, ua rau pom kev, ua zaub mov noj, ua tshuaj, tswj kev koj tus cwj pwm tsiaj, thiab cuam tshuam rau ntiaj teb huab cua nyob ib puag ncig. "

Sheldrake koj tus nyeem ntawv mus ncig ua si zoo nkauj ntawm lub ntiaj teb fungal, xws li los ntawm qhov ntxim nyiam truffle los ntawm kev nco-hloov "khawv koob nceb" mus rau tinder fungus uas tuaj yeem ua tiav rau hauv cov khoom zoo li hu ua amadou, haum rau ua kaus mom. Nws piav qhia cov av fungi uas nws cov fibrous tendrils (mycelia) saib xyuas cov hauv paus hniav ntawm cov nroj tsuag. Ntau dua 90% ntawm cov nroj tsuag vam khom rau cov kab mob mycorrhizal no los pab lawv kom tau txais cov dej thiab cov khoom noj los ntawm cov av. Cov av loj heev

cov kab mob hu ua fungi tuaj yeem ua haujlwm raws li pawg neeg npaj hauv zej zog los txhawb kev sib cuam tshuam ntawm cov nroj tsuag sib txawv - thiab txawm tias cov kab mob hauv av -with lawv sib faib chaw nyob. Sheldrake sau cov ntaub ntawv pob zeb noj thiab ua av ntawm cov fungi thiab piav qhia lawv lub luag haujlwm hauv kev rov ua cov neeg tuag ntawm cov nroj tsuag thiab tsiaj. Nws zoo siab nyob rau hauv lub zog ntawm cov kab mob los hloov cov txiv hmab txiv ntoo thiab noob mus rau hauv dej cawv thiab qhia dab neeg ntawm nws tus kheej taug txuj kev nyuaj hauv kev fermentation, suav nrog kev tsim cov cider los ntawm cov txiv apples nws tau ua los ntawm cov xeeb ntxwv ntawm Newton thawj tsoob ntoo.

Phau ntawv tau piav qhia nrog cov duab ntxim nyiam Coprinusink ntxiv rau ntau yam duab txawv xim.

Lub Neej Tsis Ncaj Ncees tau npe rau ntawm *Sijhawm* cov ntawv xov xwm cov npe ntawm 100 Yuav Tsum Nyeem Phau Ntawv ntawm 2020, *Tus Xov Tooj* npe ntawm 50 Phau Ntawv Zoo Tshaj Plaws ntawm 2020, thiab raug xaiv los ua ib qho ntawm cov ntawv zoo tshaj plaws ntawm xyoo 2020 los ntawm *Lub Sijhawm* (London). Sheldrake yog kws tshawb fawb txog biology nrog Ph.D. hauv kev nyab xeeb ntawm huab cua puag ncig los ntawm Columbia University, tus kws sau ntawv, tshuab raj, thiab tus fermenter. ⁿ

Thov email txheeb xyuas phau ntawv rau Phau Ntawv Cim rau kab ntawv tus kws lis haujlwm Laurie Mayberry ntawm laurie.mayberry@wisc.edu.

UNIVERSITY LEAGUE

Tus Thawj Koj ntawm Chazen Tsev khaws puav pheej kos duab los hais Hnub Wednesday, Cuaj hlis 22, thaum 10:00 teev sawv ntxov

Tnws University League zoo siab tos txais Amy Gilman, tus thawj koj ntawm Chazen Museum of Art, ua tus hais lus rau nws Lub Caij Nplooj Ntoos Zeeg. Gilman yuav tham txog lub luag haujlwm ntawm tsev khaws puav pheej kos duab hauv tsev kawm ntawv thiab yuav ua li cas Chazen tau hloov kho nws lub hom phiaj thiab kev ua haujlwm thaum lub sij hawm QHID-19 muaj thoob qhov txhia chaw, nrog rau kev hloov pauv mus tas li hauv thaj tsam tsev cia puav pheej raws li tsev cia puav pheej teb rau qhov teeb meem hauv tebchaws. Gilman tau ua tus thawj koj ntawm Chazen Museum txij xyoo 2017.

Kev nthuav qhia yuav muaj nyob ntawm Blackhawk Country Club. Yuav tau txais puas tshais sab av loj. Qhov kev tshwm sim tau qhib rau pej xeem, thiab tus nqi nkag yog \$ 20. Txog cov ntaub ntawv rau npe, mus ntsib univleague.wisc.edu/programs . ⁿ

RAWS LI WEBINAR

Pawg Neeg Sib Haum thiab Kev Qhia thiab Kev Kawm hauv Qib Siab Ed

Los ntawm LAURIE MAYBERRY, MEMBER, RETIREMENT OPPORTUNITIES COMMITTEE

Aron Bird Bear, tus thawj koj ua thawj koj ntawm pab pawg sib raug zoo rau University of Wisconsin -Madison, tau qhia txog keeb kwm ntawm kev sib raug zoo ntawm pab pawg neeg vim nws cuam tshuam nrog kev kawm qib siab. Thaum peb coob leej paub tias 1862 Txoj Cai Morrill tau muab thaj av rau kev tsim UW-Madison, peb yuav tsis paub tias 30 lub tsev pab nyiaj thaj av uas tsim los ntawm txoj cai tau nyiaj los ntawm cov nyiaj tau los ntawm thaj av uas tau koj los ntawm cov neeg hauv paus txawm los ntawm kev cog lus, txiav tawm , los yog qaug dab peg. Koj kuj tseem yuav tsis paub tias UW-Madison nyob ntawm qhov uas yuav yog lub tsev kawm ntawv muaj keeb kwm muaj keeb kwm zoo tshaj plaws hauv lub tebchaws.

Bird Bear tau hais tias 80% ntawm cov neeg Amelikas tsis muaj kev paub txog Native Americans. Kuv muaj hmoo tau kawm keeb kwm hauv tsev kawm them siab uas tau hais txog qee yam keeb kwm Asmeskas keeb kwm thiab dab tsi noog Bear hu ua "kev nyob ruaj khov rau kev ua neeg nyob." Lub hom phiaj ntawm cov neeg nyob ruaj khov hauv kev tswj kav yog hloov chaw hauv zej tsoom haiv neeg (piv txwv li, hauv Australia, Canada, New Zealand, thiab Tebchaws Meskas). Tsoomfwm Meskas tau ua haujlwm txhawm rau tshem tawm haiv neeg Amelikas li kab lis kev cai thiab lus kom txog thaum nyuam qhuav txog xyoo 1975.

Ib lub tsev kawm ntawv txoj haujlwm txhawb pab pawg neeg sib raug zoo nrog kev kawm qib siab hauv Wisconsin yog qhov tshiab, piv rau lwm lub xeev. Ntawm UW -Madison, lub luag haujlwm ntawm Tus Thawj Koj ntawm Kev Sib Txheeb Rau Pawg Neeg yog los koj txoj hauv kev rau kev koom tes nrog, cov haujlwm tshwj xeeb, thiab kev pib ua haujlwm nrog Native Nations ntawm Wisconsin thiab cov koom haum koom nrog. Peb zoo siab rau Aaron Bird Bear lub sijhawm thiab nthuav qhia. Yog xav paub ntau ntxiv txog kev sib raug zoo no, kuv txhawb koj kom txheeb xyuas cov kab lus swb rau qhov kev nthuav qhia no. Lawv kuj tseem npog cov ntaub ntawv kawm thiab kev tsis tsim nyog thiab hom phiaj kawm thawj xyoo rau cov tub ntxhais kawm tshiab ntawm UW-Madison. n

Slides los ntawm qhov webinar no tuaj yeem pom ntawm

UWRAmadison.org , tom qab ntawd saib Cov Khoom Siv/ Kev

nthuav qhia/ 2020-21 Lub Ib Hlis -Lub Rau Hli.

RAWS LI WEBINAR

Txoj Haujlwm Master Gardener

Los ntawm BOB JOKISCH, MEMBER, RETIREMENT OPPORTUNITIES COMMITTEE

Kuv n Lub Rau Hli, Ed Meachen nthuav qhia lub webinar ntawm Wisconsin Master Gardener program. Ed tau dhau los ua Tus Tswv Xib Fwb hauv xyoo 2013 tom qab nws so haujlwm ua tus lwm thawj koj rau Kev Kawm thiab Ntaub Ntawv Technology ntawm UW System Administration.

Qhov Master Gardener program tau pib xyoo 1973 hauv Washington State thiab tam sim no ua haujlwm hauv txhua 50 lub xeev. Cov neeg koom hauv Wisconsin tau txais kev qhia paub thiab kev kawm paub txog txuj ci kev cog qoob loo los ntawm UW- Madison's Division of Extension. Thaum ua tiav qhov kev xeem, lawv tau ntawv pov thawj raws li tus tswv vaj. Txhawm rau tswj hwm daim ntawv pov thawj, txhua xyoo Master Gardeners yuav tsum ua tiav kaum teev ntawm kev kawm txuas ntxiv thiab 24 teev ntawm kev pab dawb uas txhawb pej xeem lub vaj thiab txuas ntxiv lub luag haujlwm los koj kev kawm horticulture rau pej xeem. Ed tau ua tus thawj tswj hwm ntawm Madison Area Master Gardeners Association txij xyoo 2014.

Xyoo 1997, Ed tau yuav ib daim teb thiab kawm tau ntau yam los ntawm kev cog ntoo thiab paj ntoo, feem ntau nyob hauv qhov chaw tsis raug. Tom qab so haujlwm xyoo 2013, nws kawm cov chav kawm los ntawm Master Gardener program vim nws xav paub ntau ntxiv txog kev ua vaj zaub. Cov chav kawm yog ib nrab hnuab txhua txhua lub lim tiam thoob plaws lub caij ntuj sov.

Zoo tshaj 50% ntawm Master Gardeners tau so lawm. Hauv Xyoo 2019, Tus Tswv Xib Fwb muab 169,000 teev kev pab dawb hauv Wisconsin. Ntau tus neeg tuaj yeem pab dawb ua haujlwm nrog tsev kawm ntawv them qis thiab them nrab, teb cov lus nug ntawm cov neeg ua liaj ua teb kev lag luam, lossis ua haujlwm ntawm UW - Extension Horticulture Hotline.

Txhawm rau kawm paub ntau ntxiv txog Master Gardener program, mus [ntsib mastergardener.extension.wisc.edu](http://ntsib.mastergardener.extension.wisc.edu) . n

Qhov webinar no tau kaw tseg thiab tuaj yeem pom ntawm

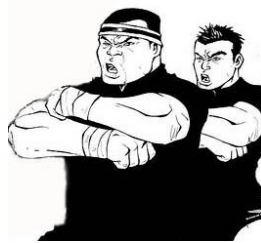
UWRAmadison.org , tom qab ntawd saib Cov Khoom Siv/ Kev

nthuav qhia/ 2020-21 Lub Ib Hlis -Lub Rau Hli.

KEV NTSEEG

Ua haujlwm hauv tsev Haka!

Los ntawm MARY BARNARD RAY



Kuv tsis nyiam tu tsev. Kuv nyiam lub tsev huv, ntawm

tau kawg, tab sis kev xyiv fab hauv tus txheej txheem

eludes kuv. Kuv hloov kho cov txheej txheem niaj hnub rau ntau yam, qee zaum ntxuav ib chav los ntawm chav, qee zaum ua txhua yam uas xav tau kev siv ib qho cuab yeej tshwj xeeb lossis khoom tu. Muaj ib tug nyiam siv cov cuab yeej tu me ntsis. Piv txwv li, Kuv tau txais lub siab me ntsis tam sim no uas kuv paub tias kuv lub tshuab nqus tsev yog tib lub npe uas lawv siv los ntxuav lub nroog lub tsev kaw neeg. Nws yog lub tshuab tawv -Kuv tau muaj nws txij li xyoo 1978, ua rau lub tshuab nqus plua plav nqus nrog nws, thiab nws tseem muaj zog. Kuv nyiam kuv cov tais diav uas tawg yooj yim vim tias kuv tuaj yeem ntxuav nws hauv lub tshuab ntxuav tais diav, kom txog thaum nws tawg tas mus li. Mloog xov tooj cua thaum ua haujlwm pab tau; Larry Meiller txoj haujlwm "Garden Talk" ntawm Wisconsin Xov Tooj Cua Xov Tooj Cua yog qhov nyiam tshaj. Xav zoo txog kev tawm dag zog uas kuv tau txais tsuas yog tsis ua haujlwm kiag li. Xav txog mis nyuj khov ua qhov khoom plig pab, tab sis ... cov calories!

Dab tsi ua haujlwm zoo tshaj rau kuv, txog tam sim no, tab tom ua Maori haka seev cev. Kuv nrhiav tau qhov kev xaiv no thaum mus ntsib Maori kev coj noj coj ua hauv tebchaws New Zealand, qhov uas kuv pom kev ua yeeb yam haka. Kuv cog lus rau kuv tus kheej tias kuv yuav tau sim ib hnub twg. Tam sim no, Kuv tshawb nrhiav hakas online - tshwj xeeb tshaj yog cov ua los ntawm New Zealand rugby pawg. Nws yuav luag tsis yooj yim sua rau kuv saib ib qho yam tsis muaj kev yuam kom ua caj npab thiab ntsej muag ua, yam tsawg kawg nkaus.

Ib feem, ua haka txoj kev no muaj kev noj qab haus huv vim tias nws ua rau kuv luag rau kuv tus kheej, tab sis kuj tseem txhawb kuv lub zog thiab ua rau kuv muaj zog. Tsis muaj dab tsi zoo li lo koj tus nplaig kom deb li nws yuav mus thiab qhib koj lub qhov muag kom dav li sai tau kom koj sawv los. Slamming nrig rau ntawm lub luj tshib tsis sib xws zoo li muaj zog, thiab zaum zaum thaum koj ua nws tsa koj ob sab qis. Yog tias koj tsis tau pom haka, txheeb xyuas ib qho los ntawm pab pawg New Zealand rugby, All Blacks. Nov yog qhov txuas rau tus qauv kom koj pib: tinyurl.com/ua . Tam sim no kuv tau saib nws, Kuv xav tias kuv yuav mus txhuan [kuv lub dab!](#)

UW – Madison Association Retirement Association Calendar Hnub Hnub

Txuas ntxiv mus saib xyuas UWRAmadison.org lub vev xaib rau kev hloov kho tshiab.

• Hnub Thursday, Cuaj hlis 9	9: 00-10: 00 teev sawv ntxov	East-West Virtual Breakfast
• Hnub Monday, Cuaj hlis 20	1: 00–3: 00 PM	<i>Ib qho saj ntawm Africa</i>
• Hnub Tuesday, Cuaj hlis 28	10:00 AM - TSO	<i>Peb puas tuaj yeem them nyiaj laus thaum peb muaj hnub nyoog?</i>
• Hnub Thursday, Kaum Hli 7	10:00: TSON	<i>COVID-19 Hloov tshiab</i>
• Hnub Tuesday, Kaum Hli 12	10:00 AM - TSO	<i>Nws yog Koj Qhov Kev Xaiv, 2022 Hloov Kho</i>
• Hnub Thursday, Kaum Hli 14	9: 00-10: 00 teev sawv ntxov	East-West Virtual Breakfast
• Hnub Wednesday, Kaum Hli 20	5: 00-7: 00 teev tsaus ntuj	Caij Caij Caij Caij Caij Nyoog Txais Tos Ntawm Carson Gulley Center
• Hnub Tuesday, Kaum Hli 26	1: 00–3: 00 PM	<i>Madison's Sister City Program</i>
• Hnub Tuesday, Kaum Hli 29	10:00: TSON	<i>Tshawb Nrhiav Yuav Ua Li Cas UW -Madison Cov Tub Kawm Ntawm Kawm</i>
• Hnub Thursday, Kaum Ib Hlis 11	9: 00-10: 00 teev sawv ntxov	East-West Virtual Breakfast
• Hnub Tuesday, Kaum Ib Hlis 16	10:00 AM - TSO	<i>Cov se thiab ntau dua</i>
• Hnub Thursday, Hlis ntuj nqeg 9	9: 00-10: 00 teev sawv ntxov	East-West Virtual Breakfast
• Hnub Wednesday, Kaum Ob Hlis 15	10:00 AM - TSO	<i>Kev Noj Qab Haus Huv ntawm Asmeskas Kev Lag Luam</i>

Yog xav paub ntxiv txog PLATO kev mus tom ntej, mus saib platomadison.org/page-18561. Rau cov ntau ntawm ntawm Pawg Thawj Coj thiab Cov rooj sib tham ntawm pawg neeg thiab hnub kawg rau Tus Sifter, saib UWRA lub vev xaib ntawm UWRAmadison.org.

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UWRAmadison.org

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Thov siv email, xa ntawv tsis tu ncuu,

lossis mus ntsib peb lub vev xaib kom muab koj qhov

chaw nyob tshiab rau peb kom koj tuaj yeem tau

txais txuas ntxiv *Tus Sifter* tsis tu ncuu.

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NYEEM NTAWV

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