

Financial Security and Well-being in Retirement:

What Lies Ahead?

Life Course Approach



Emerging Adult (16-18)



Young Adult (19-25)



Young Households (26-40)



Peak Working Age (41-65) ←

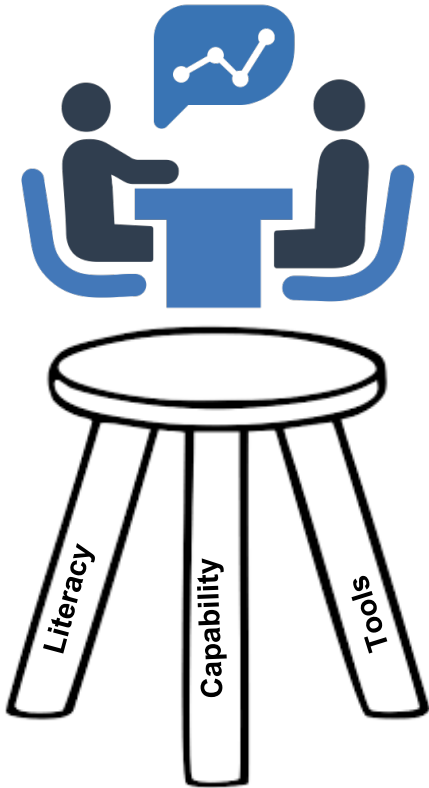


Retirement Transitions (65-72)



De-accumulation (73+)

The “3- Legged Stool” of Financial Security



1. Financial Literacy

- Knowing Information

2. Financial Capability & Wellbeing

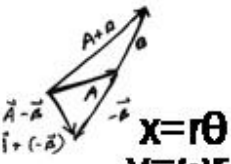
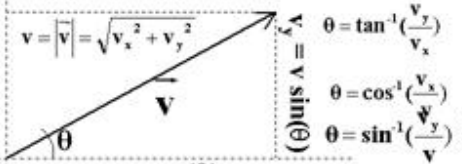
- Skills & Confidence
- Wellbeing

3. Financial Access & Tools

- Savings
- Social Insurance

$$\Delta \mathbf{x} = \mathbf{x}_f - \mathbf{x}_i \quad \Delta \mathbf{v} = \mathbf{v}_f - \mathbf{v}_i$$

$$\bar{\mathbf{v}} = \frac{\Delta \mathbf{r}}{\Delta t} \quad \bar{\mathbf{a}} = \frac{\Delta \mathbf{v}}{\Delta t}$$



$$\omega = \frac{\Delta \theta}{\Delta t} \quad \alpha = \frac{\Delta \omega}{\Delta t}$$

$$\omega = 2\pi f \quad f = \frac{1}{T}$$

$$\mathbf{v} = \mathbf{v}_0 + \mathbf{a}t$$

$$\mathbf{x} = \mathbf{x}_0 + \mathbf{v}_0 t + \frac{1}{2} \mathbf{a}t^2$$

$$v^2 - v_0^2 = 2\mathbf{a} \cdot (\mathbf{x} - \mathbf{x}_0)$$

$$\bar{\mathbf{v}} = \frac{\mathbf{v}_f + \mathbf{v}_i}{2} \quad \Delta \mathbf{x} = \bar{\mathbf{v}} \Delta t$$

$$\mathbf{x} \rightarrow x, y \quad \mathbf{x}_0 \rightarrow x_0, y_0$$

$$\mathbf{v} \rightarrow v_x, v_y \quad \mathbf{v}_0 \rightarrow v_{0x}, v_{0y}$$

$$\mathbf{a} \rightarrow a_x, a_y$$

$$v = \sqrt{\frac{T}{\rho}}$$

$$\mathbf{x} = r\theta$$

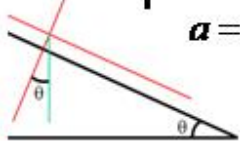
$$\mathbf{v} = \omega r$$

$$\mathbf{a} = \alpha r$$

$$I = \sum_i m_i r_i^2 \quad \theta = \theta_0 + \omega_0 t + \frac{1}{2} \alpha t^2$$

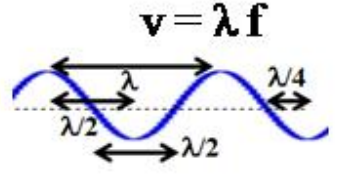
$$\omega^2 - \omega_0^2 = 2\alpha(\theta - \theta_0)$$

$$\vec{F}_{\text{tot}} = m \vec{a}$$



$$\mu N$$

$$a = \frac{v^2}{R}$$



$$L = r_{\perp} p = mvr_{\perp} \quad \tau = r_{\perp} F = rF_{\perp}$$

$$L = I\omega \quad \tau = \frac{\Delta L}{\Delta t} \quad \tau = I\alpha$$

$$\frac{1}{2} I\omega^2$$

$$\sum_i \vec{F}_i = 0 \quad \sum_i \vec{\tau}_i = 0$$

$$W = F d_{\parallel} = F_{\parallel} d$$

$$W_{\text{tot}} = \Delta(\text{KE})$$

$$\Delta U = -W_{\text{if}}$$

$$\frac{1}{2} kx^2 \quad \omega = \sqrt{\frac{k}{m}}$$

$$p = m v$$

$$\vec{P}_{\text{init}} = \vec{P}_{\text{final}}$$

$$\left(\sum_j m_j \vec{v}_j \right)_{\text{init}} = \left(\sum_j m_j \vec{v}_j \right)_{\text{final}}$$

$$E = K + U$$

$$E_i = E_f$$

$$\frac{1}{2} m v^2$$

$$x = A \cos(\omega t) \text{ (or) } A \sin(\omega t)$$

$$v = A \omega \sin(\omega t) \text{ (or) } A \omega \cos(\omega t)$$

$$a = A \omega^2 \cos(\omega t) \text{ (or) } -A \omega^2 \sin(\omega t)$$

$$\Delta Q = (\text{quant.}) C_{\text{cond}} \Delta T$$

$$\Delta Q_{\text{into}} = \Delta W_{\text{by}} + \Delta E$$

$$\frac{RT}{2} \Big|_{\text{deg. freedom}} \quad C_p = C_v + R$$

$$M_e = 5.97(10)^{24} \text{ Kg}$$

$$R_e = 6.37(10)^6 \text{ m}$$

$$G = 6.67(10)^{-11} \text{ N m}^2/\text{Kg}^2$$

$$\Delta S \geq 0$$

$$\Delta Q = l \Delta(\text{quant.})$$

$$e = \frac{\Delta W}{\Delta Q} \quad e = 1 - \frac{T_L}{T_H}$$

$$\frac{GM_e}{R_e} = g R_e \quad \frac{GMm}{r^2}$$

$$-\frac{GMm}{r}$$

$$PV = nRT$$

$$P = \frac{F}{A}$$

$$M = \rho V \quad P_1 = P_2$$

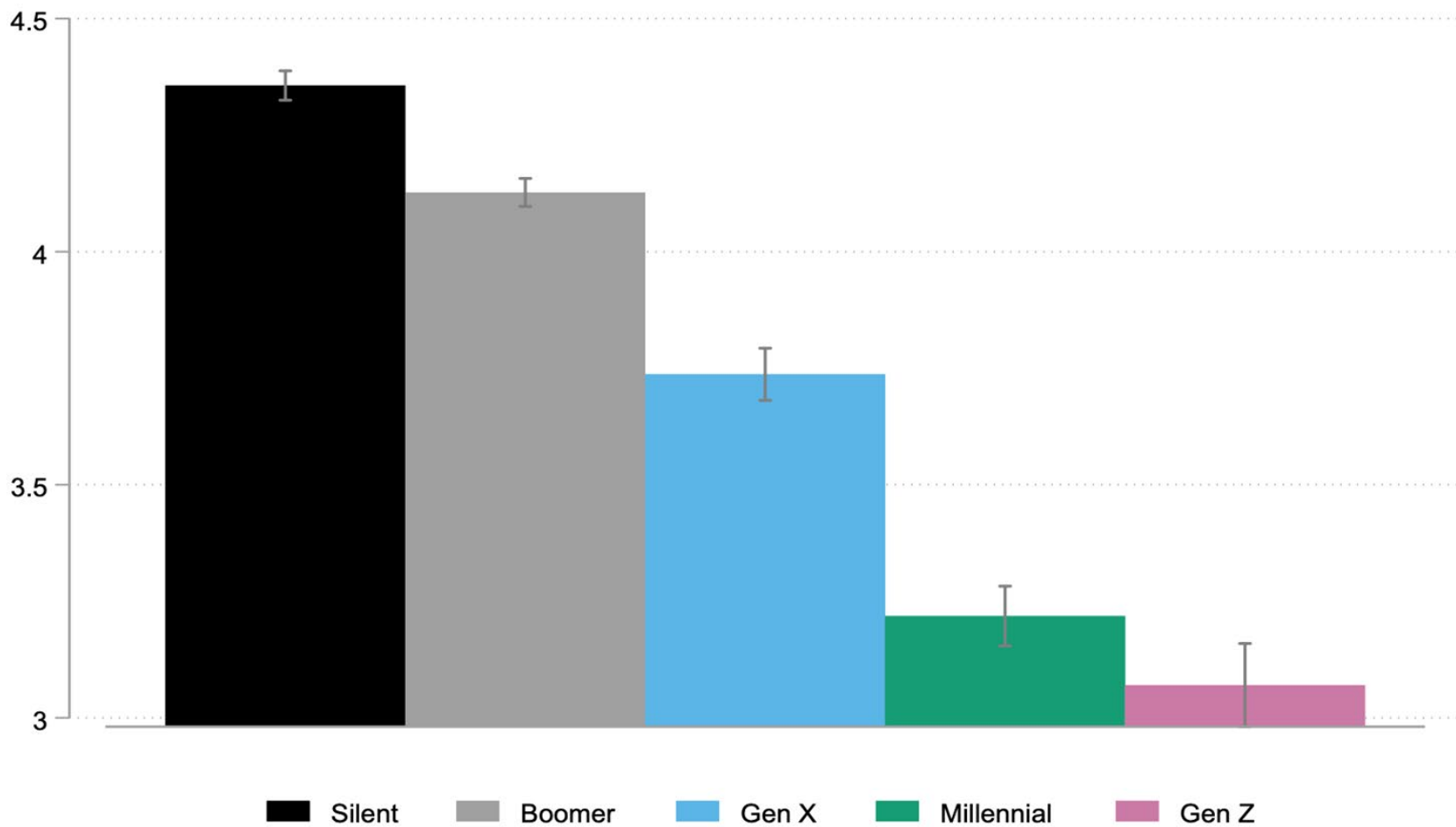
$$\Delta P = \rho g \Delta h$$

$$B = \rho_{\text{liq}} V_{\text{disp}} g$$

$$A_1 v_1 = A_2 v_2$$

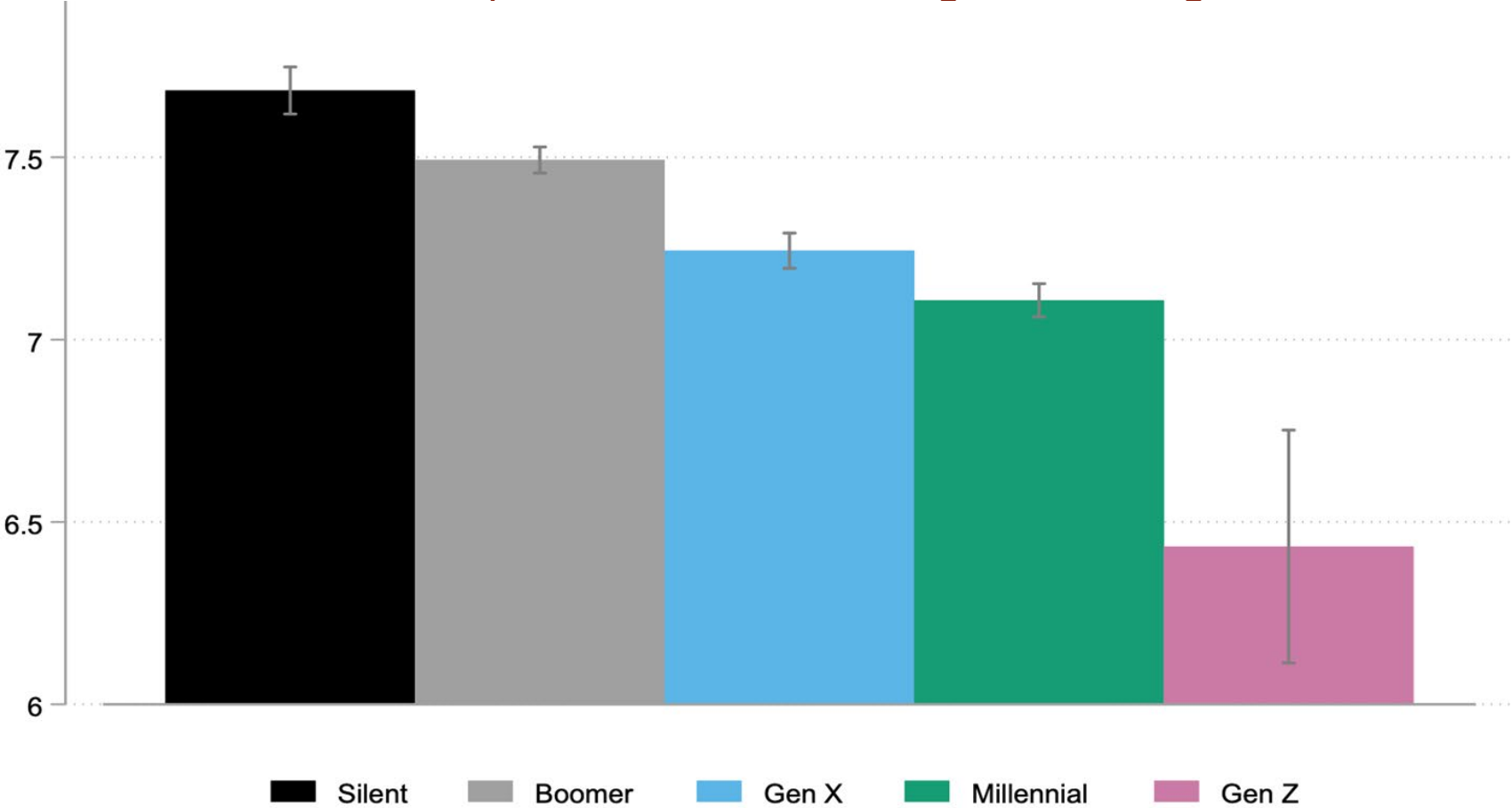
$$P + \frac{1}{2} \rho v^2 = \text{const.}$$

FINRA Financial Capability Study Financial Literacy Quiz (5-questions)



Federal Reserve Survey of Consumer Finances 2016

10-point Financial Knowledge Self Rating



Financial Literacy

1. Terms, Definitions, Applied Numeracy

e.g. compound interest, Rule of 72, bond prices, etc.

2. Economic Concepts – rules of thumb

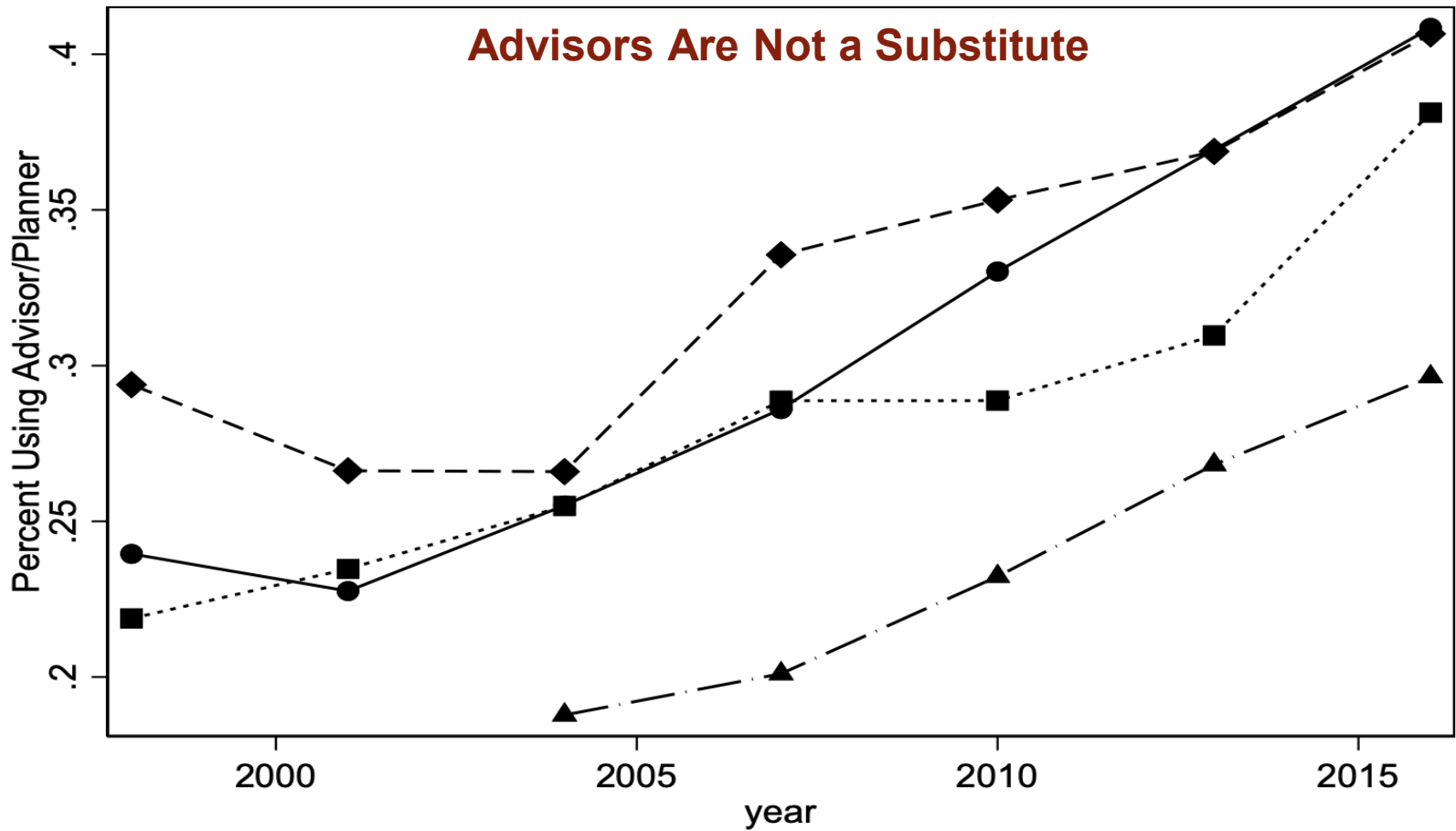
e.g. “no free lunch”, costs and benefits, marginal costs

3. Knowing to ask questions

e.g. understanding where/how to learn more

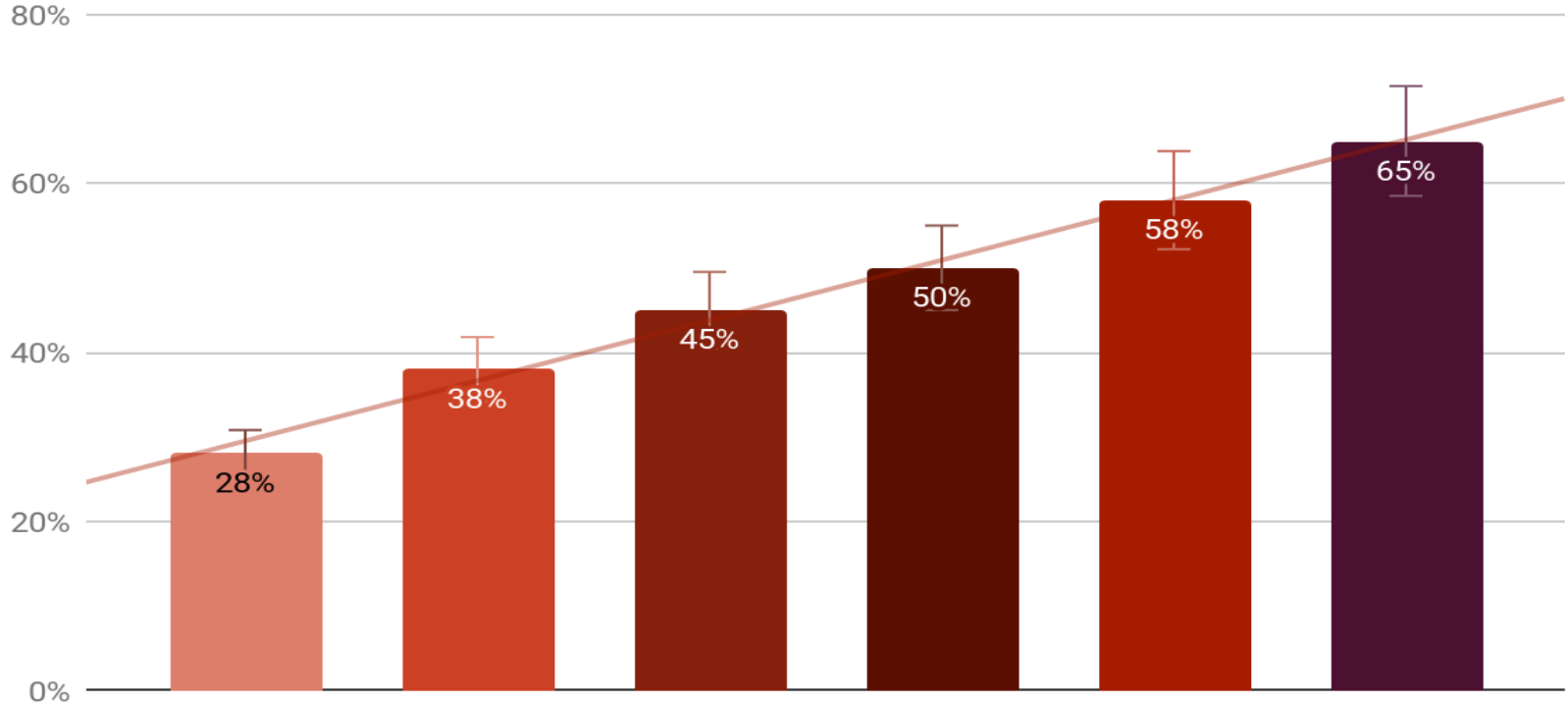


Advisors Are Not a Substitute



People with More Financial Knowledge Seek Advice

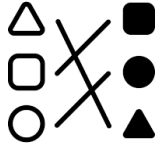
Advice on debt, taxes, investment, insurance in last 5 years



Number correct financial literacy questions

FINRA Financial Capability Study 2015

Not One Size Fits All



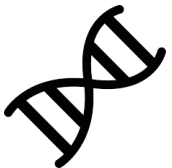
Match content to decisions



Few, **simple** pieces of information are often all that is needed



Delivered in **flexible** and convenient ways



Assume some **basic** foundational knowledge



Set Goals

Goals are what keeps us motivated. 3 to 4 simple goals are great. For example: "to buy a home" or "send my son to school"



Maintain an Emergency Fund

Having a cushion reduces stress and prevents problems. Set aside enough to cover recurring bills or unexpected expenses.



Automate Bills and Saving

Set up transfers every paycheck or every month. If you wait to save, there never seems to be anything left. You can always tap into your savings during the month if needed.



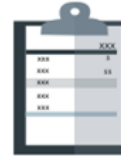
Use a System to Manage Multiple Accounts

Some accounts are for making ends meet, others are more for long-run, like retirement. Online tools might help. Keep fees as low as you can.



Maximize Savings Matches

If your employer has a retirement plan and offers a match, save at least enough to get all the match you can qualify for. It is like a bonus.



Pay Attention to Spending & Due Dates Every Month

It's easy to lose track of what you spend. Check your accounts frequently. Make sure to keep track of due dates. Set up a system so you can pay every bill on time.



Use Insurance

Shop around for a auto, home and life insurance policy. Insurance can protect you from hardships. You may also want to shop around for disability insurance.



Pay Off Credit Cards in Full

Payment cards are convenient, but if the card offers you the ability to revolve or carry the balance month to month, it can become expensive. Pay off the balance every month if you can.

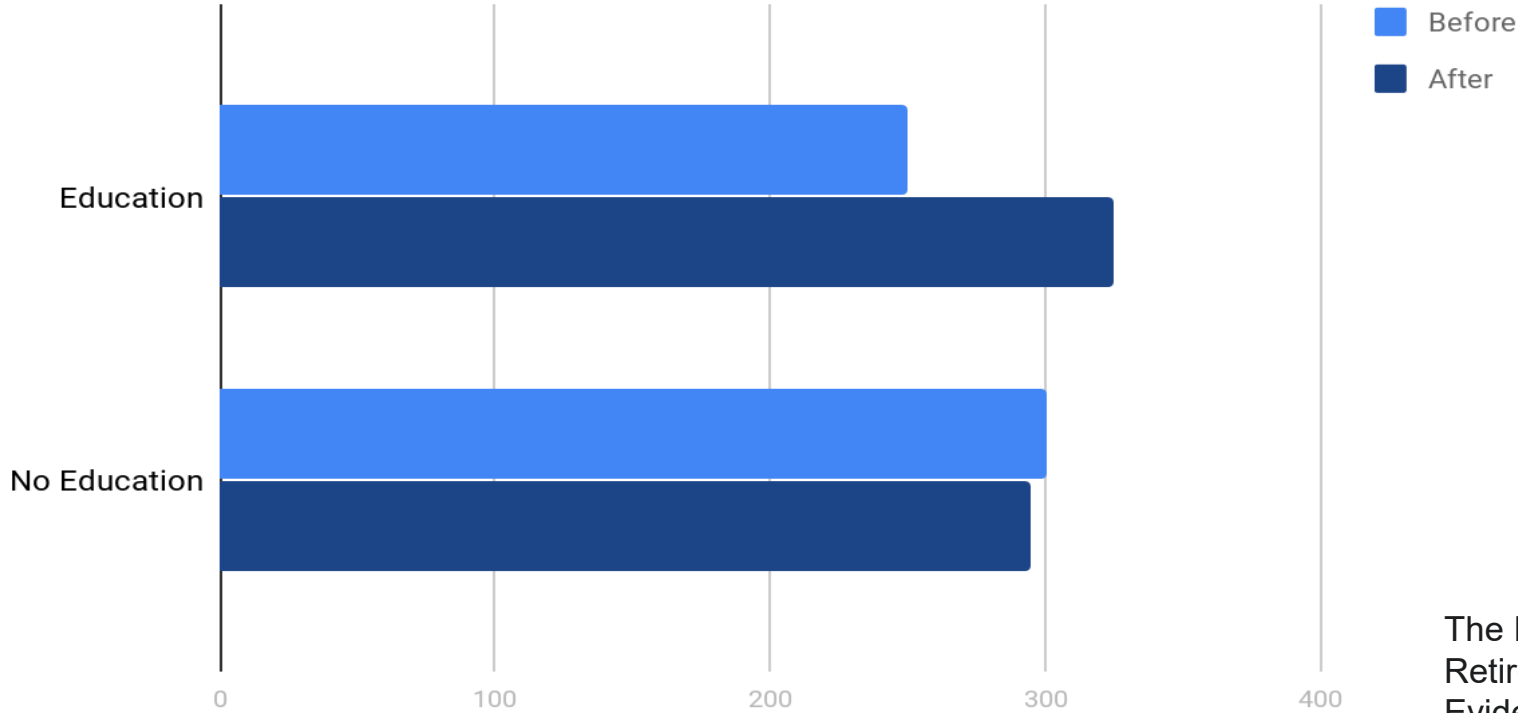


Watch for Fees and Costs

No matter what kind of financial service, subscription, investment or loan, be sure to shop around, read the fine print, and ask questions.

Field Study: Online Financial Education Increased Retirement Savings

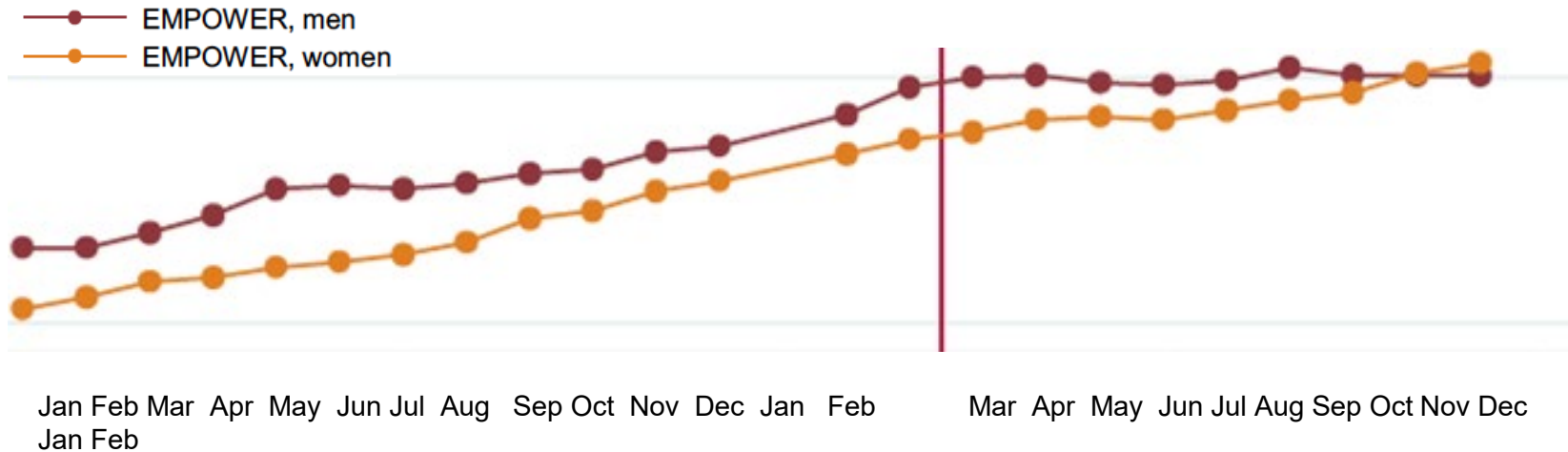
Monthly Deferral \$



The Role of Information On Retirement Planning: Evidence From A Field Study. J. Michael Collins Carly Urban 2016

Field Study: Workshops Targeted to Women in Workplace Narrowed Gap in Savings Rate

Contributions in dollars per month to employer defined contribution plan



Anderson, D. M. and J. M. Collins (2018). "Can Knowledge Empower Women to Save More for Retirement?"

Financial Wellbeing

Meet financial **obligations**,

Feel **secure** in financial future,

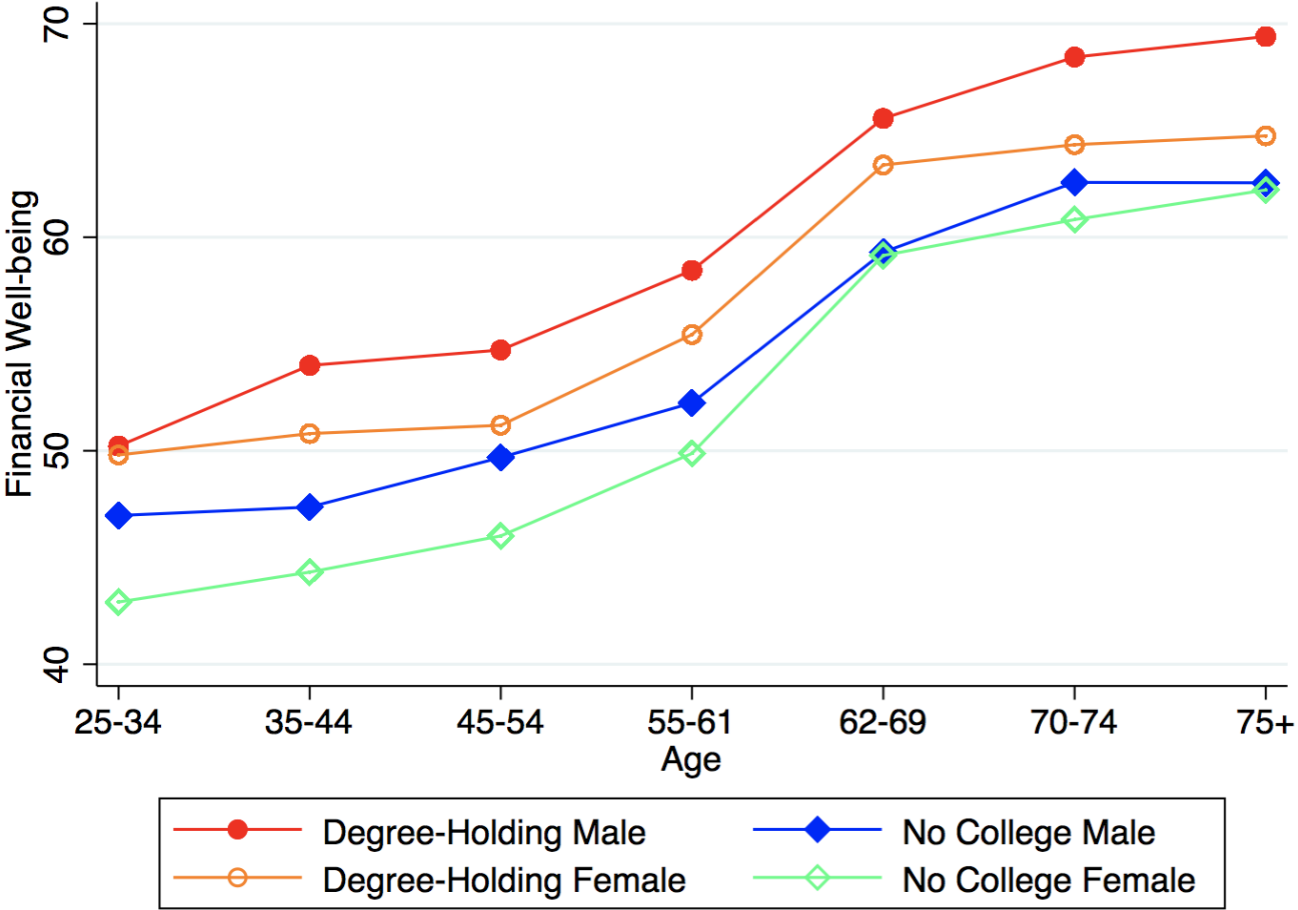
Able to **make choices** that **allow** enjoyment of life.



- Independence
- Control
- Stability
- Resilience

Financial Wellbeing

- Control over day-to-day finances
- Ability to absorb a financial shock
- On track to meet financial goals
- Financial situation does not limit basic consumption



National Financial Wellbeing Survey, 2016.

Key Factors for Financial Capability

Motivation

Attention/ Planning

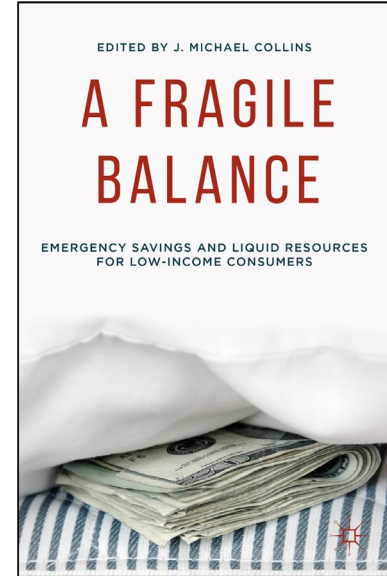
Take on new financial tasks
Reminders to stick with it

Liquidity

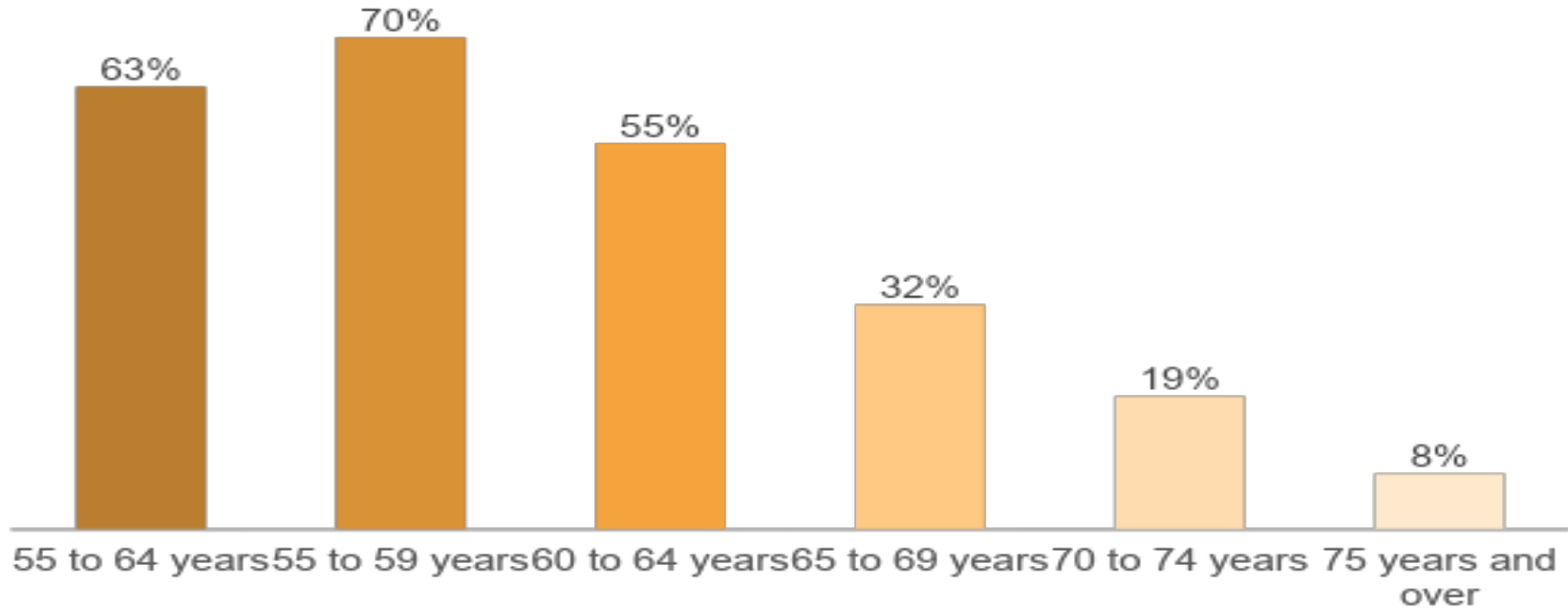
Emergency Savings
Credit
Insurance (payment security vs volatility)

Access

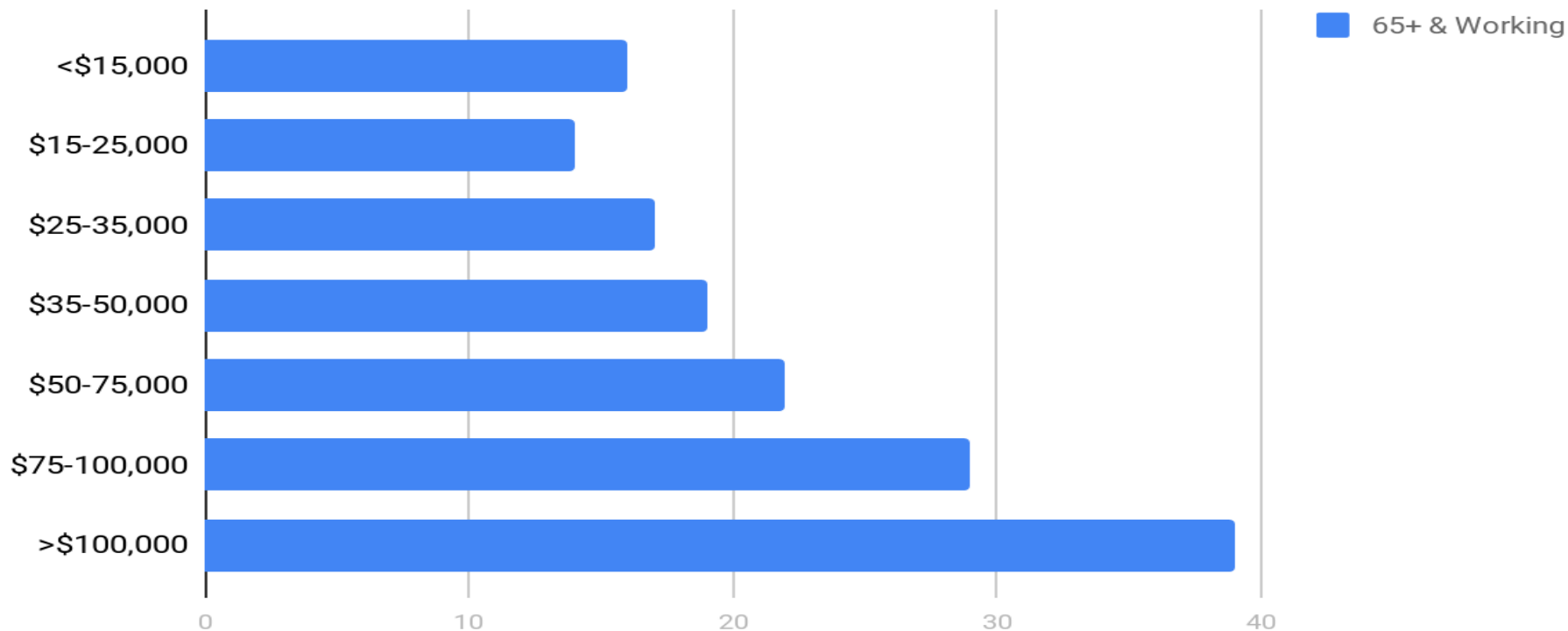
Products & Services



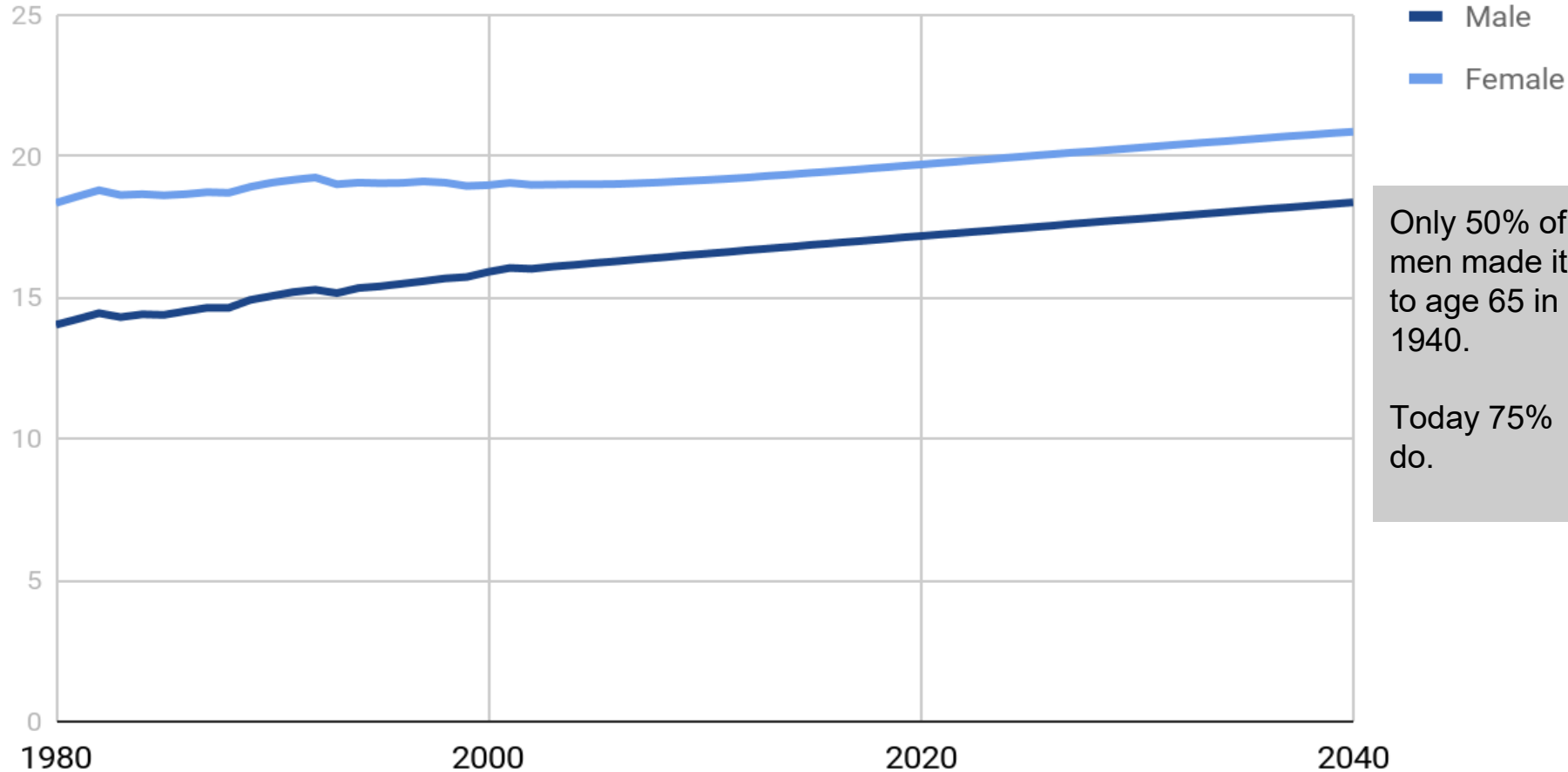
Rate of People Working by Age, 2017



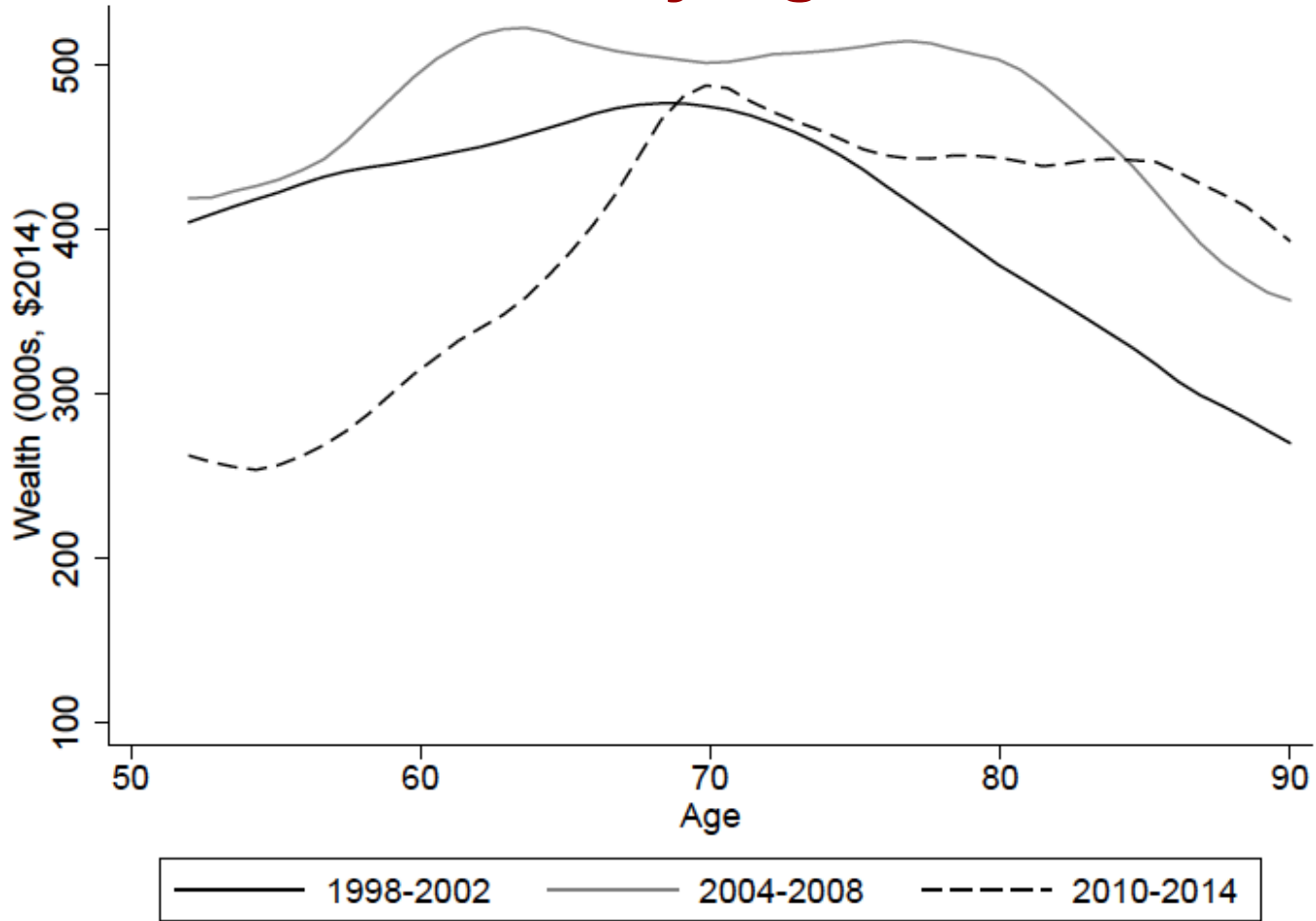
65+ Age & Self-Reported Retirement From Work by Income



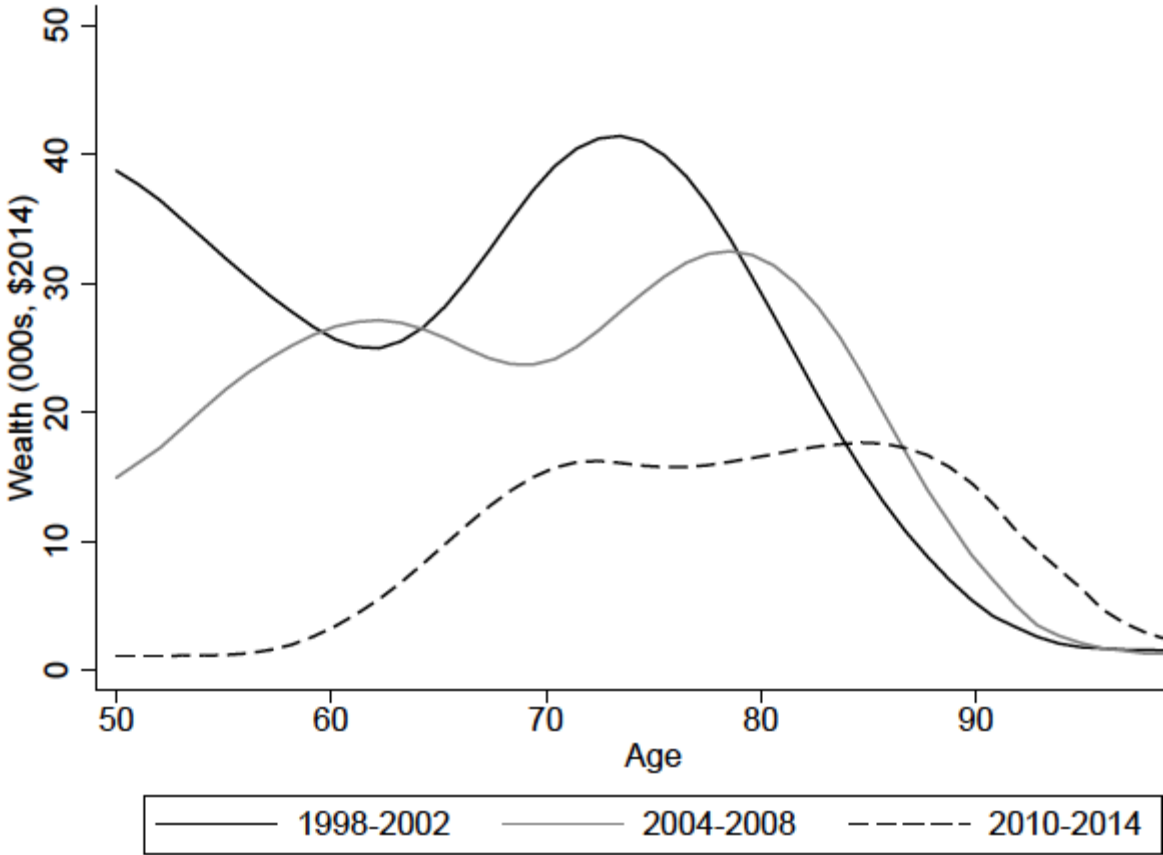
Life Expectancy at age 65



Wealth Levels Over Time by Age

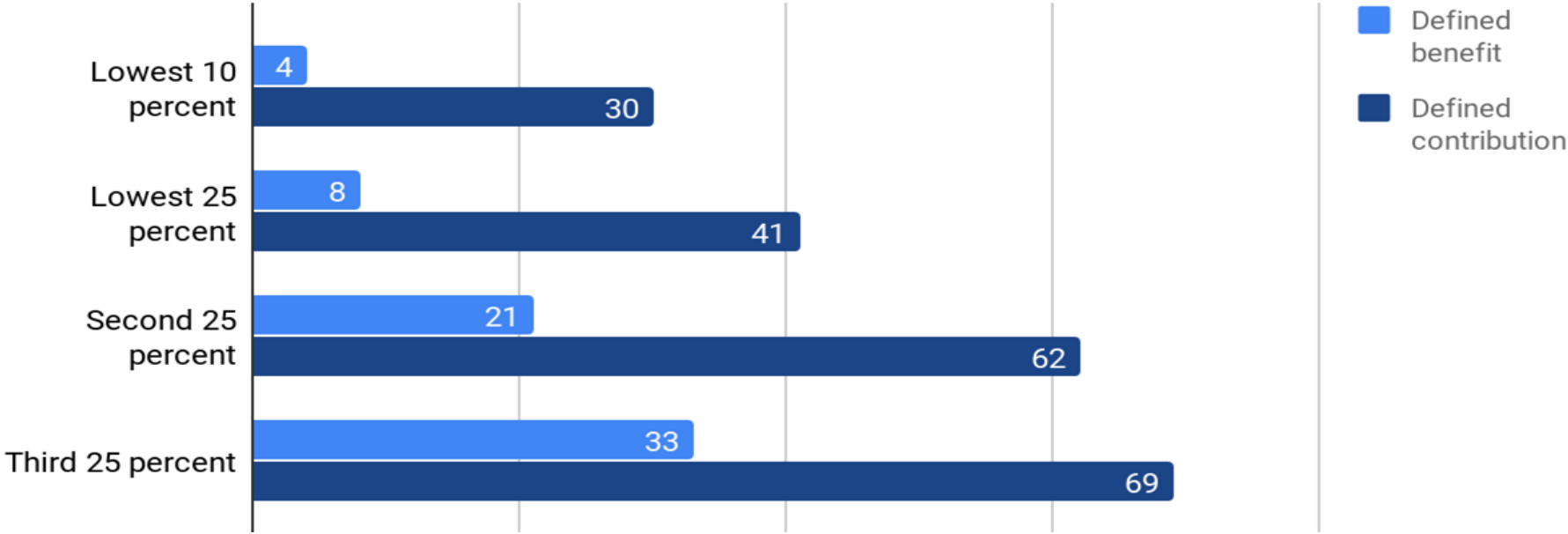


20th Wealth Percentile

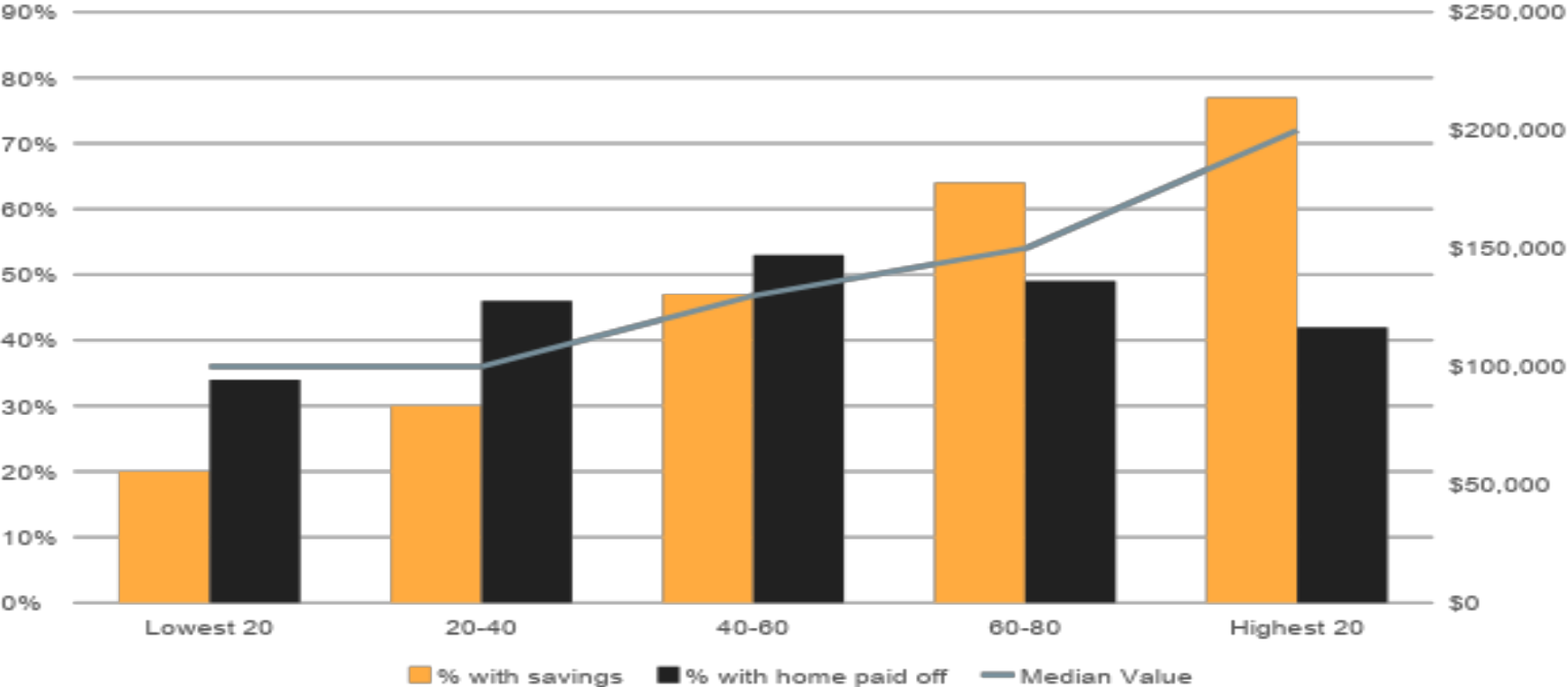


From Defined Benefit to Defined Contribution

Access by Income Level



Housing Wealth by Income



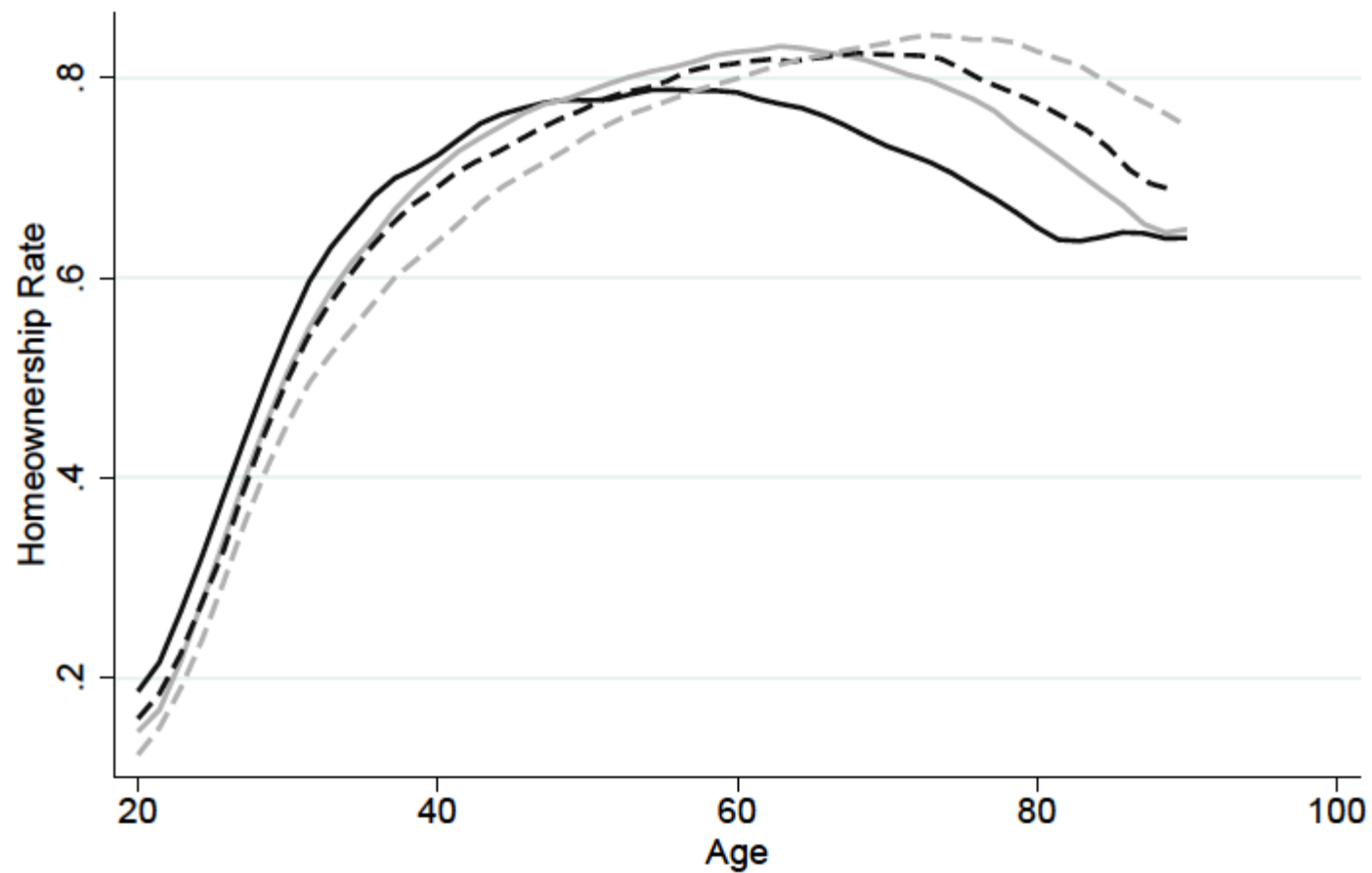
<https://www.mercatus.org/system/files/warshawsky-reverse-mortgages-mercatus-v1.pdf>

Home Equity as Primary Form of Wealth

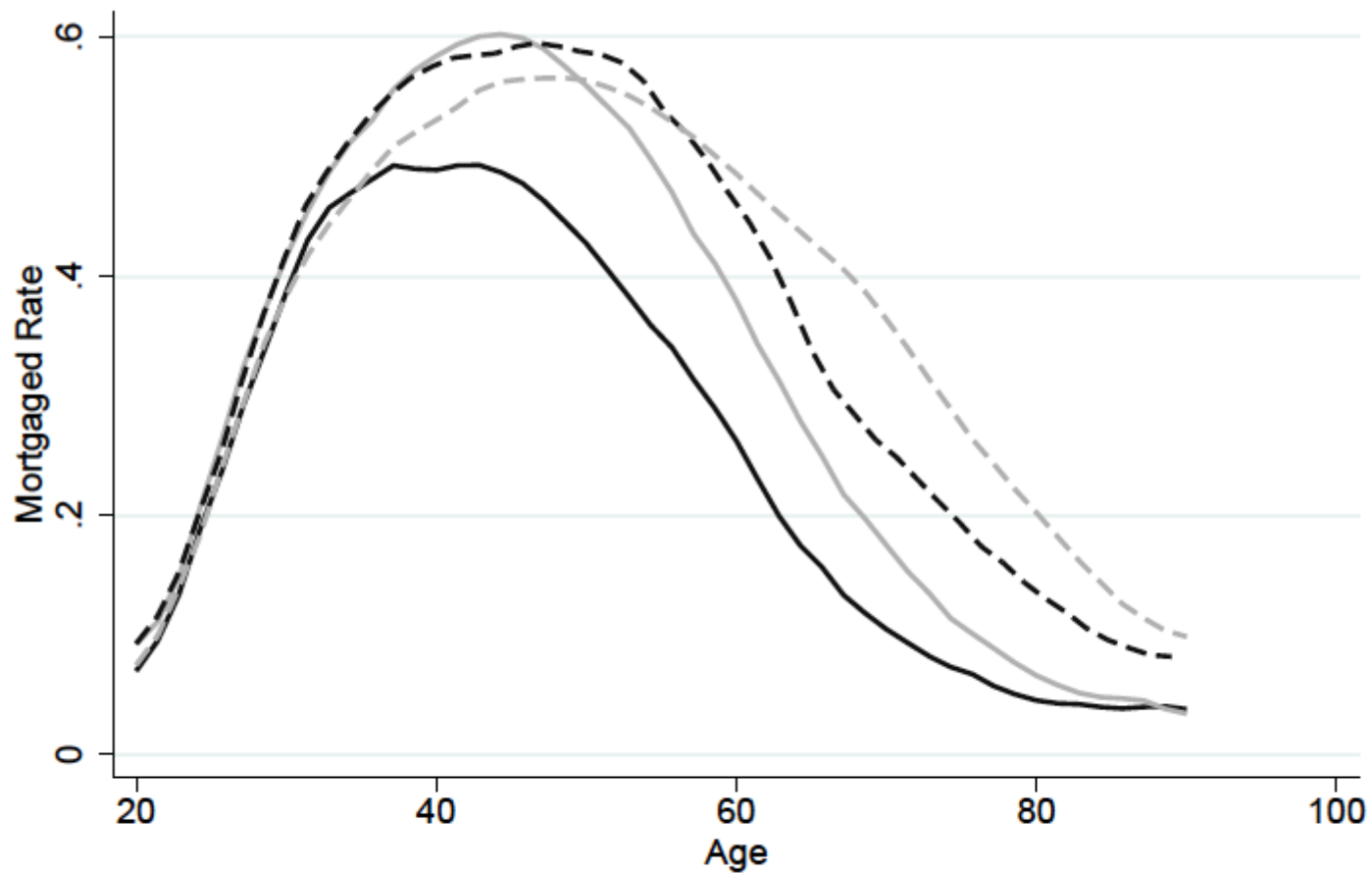
	Age 50-64			
	Home Equity	Homeowner Non-Housing Wealth	Homeowner Net Worth	Renter Net Worth
Less than \$15,000	55,000	9,100	66,100	790
\$15,000–29,999	60,000	11,500	93,150	2,520
\$30,000–44,999	70,000	42,290	120,200	9,700
\$45,000–74,999	90,000	86,150	192,500	14,735
\$75,000 or More	186,000	447,405	691,200	121,800

2016 Survey of Consumer Finances.

<https://www.jchs.harvard.edu/housing-americas-older-adults-2018>



— 1980 — 1990 - - - 2000 - - - 2015

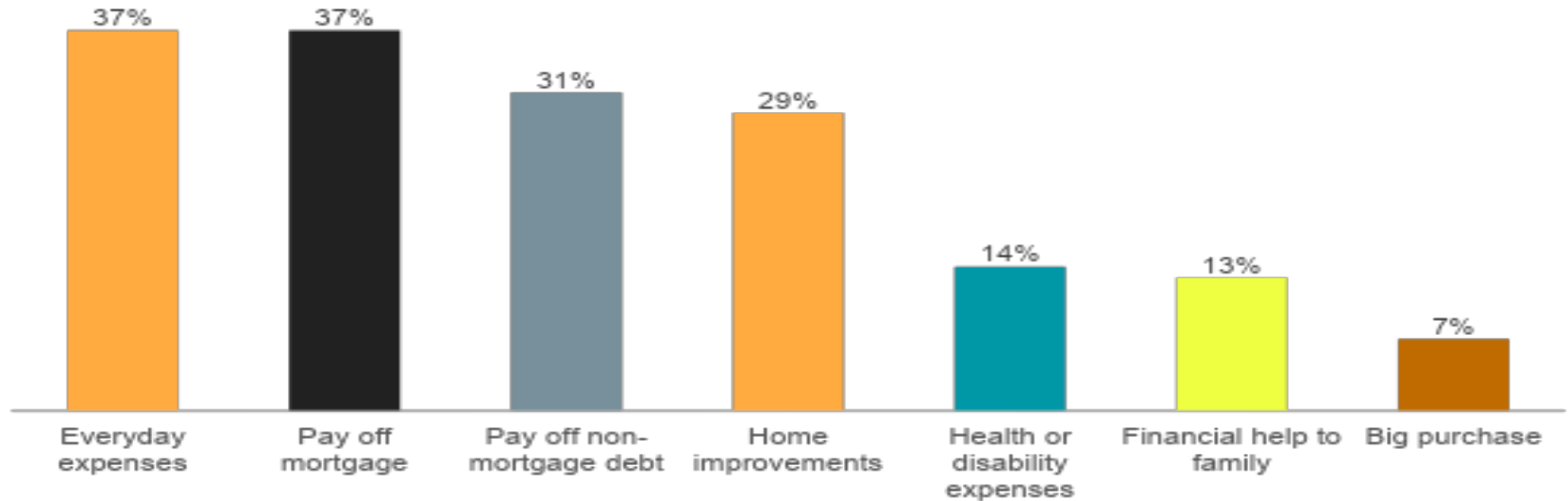


— 1980 — 1990 - - - 2000 - - - 2015

Reverse Mortgage

Home Equity Conversion Mortgage (HECM)

Homeowners 62 and older to convert home equity into cash for...



Planning: Good Scenario

Replacement rates – level of consumption will cover costs of living

Saving – have access to programs at low cost

Work – no disruptions, no health problems

Debt– little or no debt service required in retirement

Coordination -spouse and family issues / timing

Example: Male Born in 1962

Began working in 1980 at age 18.

In 2027 will be age 65 and plan to retire from work

Worked every year, earning \$12,000 annually in 1980

3% wage increases annually: \$25,500 in 2019

Saved 3% of income annually, grew at 5% annually

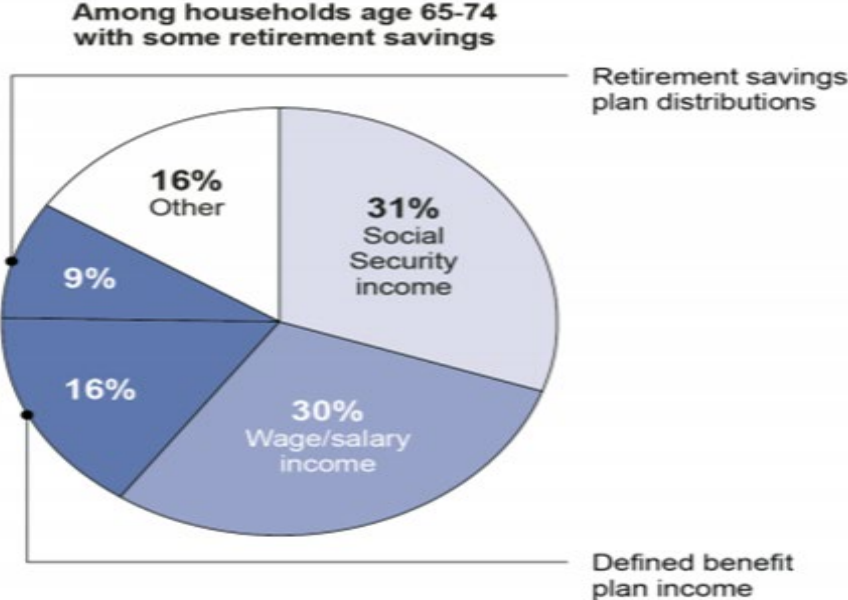
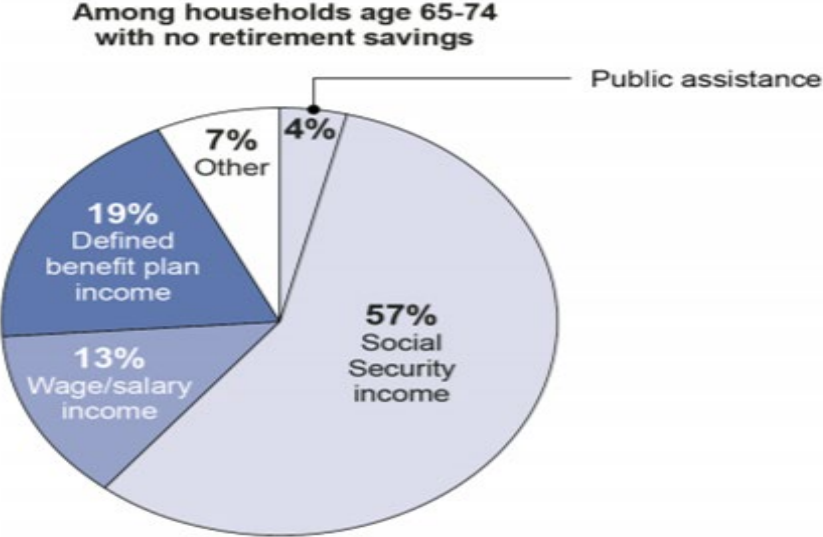
Will have \$94,000 saved

Social Security will pay \$15,000 per year if claim at 65

Goal: replace income of \$30,000 when retire.

Gap: \$15,000 per year. **By age 72, savings depleted**

Social Security Income is Major Source



Source: GAO analysis of 2013 Survey of Consumer Finances (SCF) data. | GAO-15-419

Social Security helps 15 million seniors avoid poverty

-Elderly poverty rate would be 39% instead of 9%

Social Security Beneficiaries: 2017



51 million people / **\$799** billion for Old Age and Survivors

10 million people / **\$143** billion for Disability

5 million people / **\$55** billion for Supplemental Security Income

44 million people / **\$706** billion for Medicare

→ *DI and OASI beneficiaries also qualify for Medicare (after period); SSI generally can qualify for Medicaid*

Social Security Administration: Old Age and Survivors Insurance

Funded by payroll, or “FICA” taxes (Federal Insurance Contributions Act) on earnings

Benefit is based on Primary Insurance Amount: generally average of the highest 35 years of earning

Birth Year	1943-54	1955	1956	1957	1958	1959	1960 & later
Full Retirement Age	66	66 + 2 mos.	66 + 4 mos.	66 + 6 mos.	66 + 8 mos.	66 + 10 mos.	67

<http://www.socialsecurity.gov/estimator/>

Social Security SSI

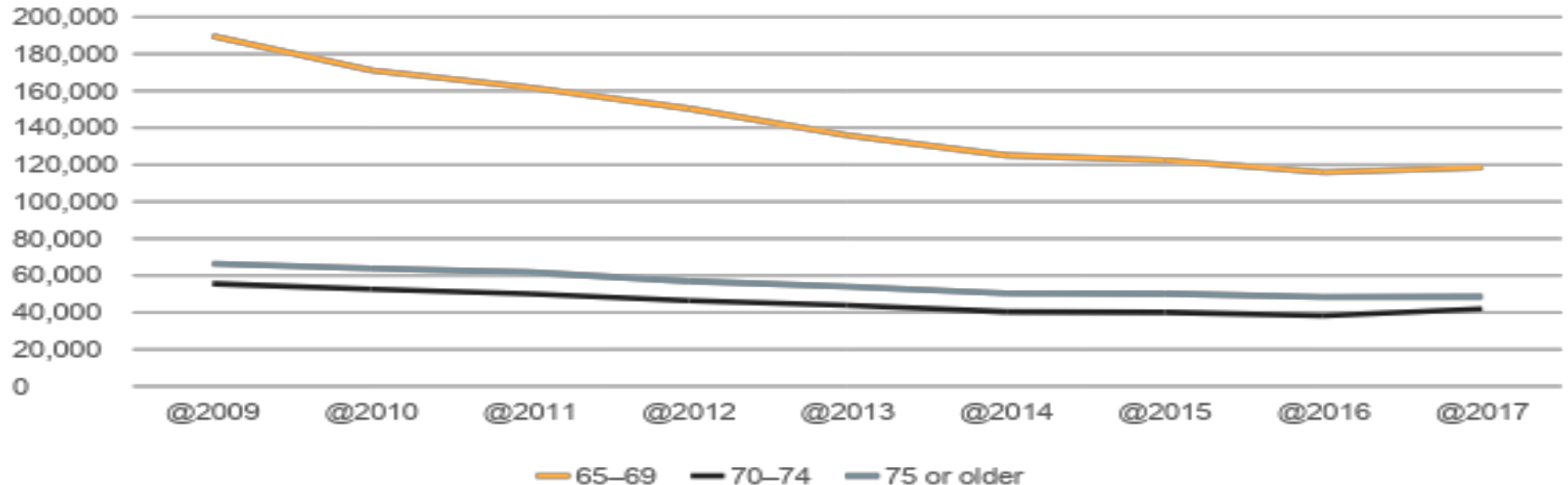
2.2 million senior households receive SSI

Maximum benefit \$750 for a single individual and \$1,125 for a married couple.

Assets cannot exceed \$2,000 (\$3,000 for couple)

Income level: \$9,252 for an individual and \$13,884 for a couple.

Applications



Age 65+ Income Share of Income by Source

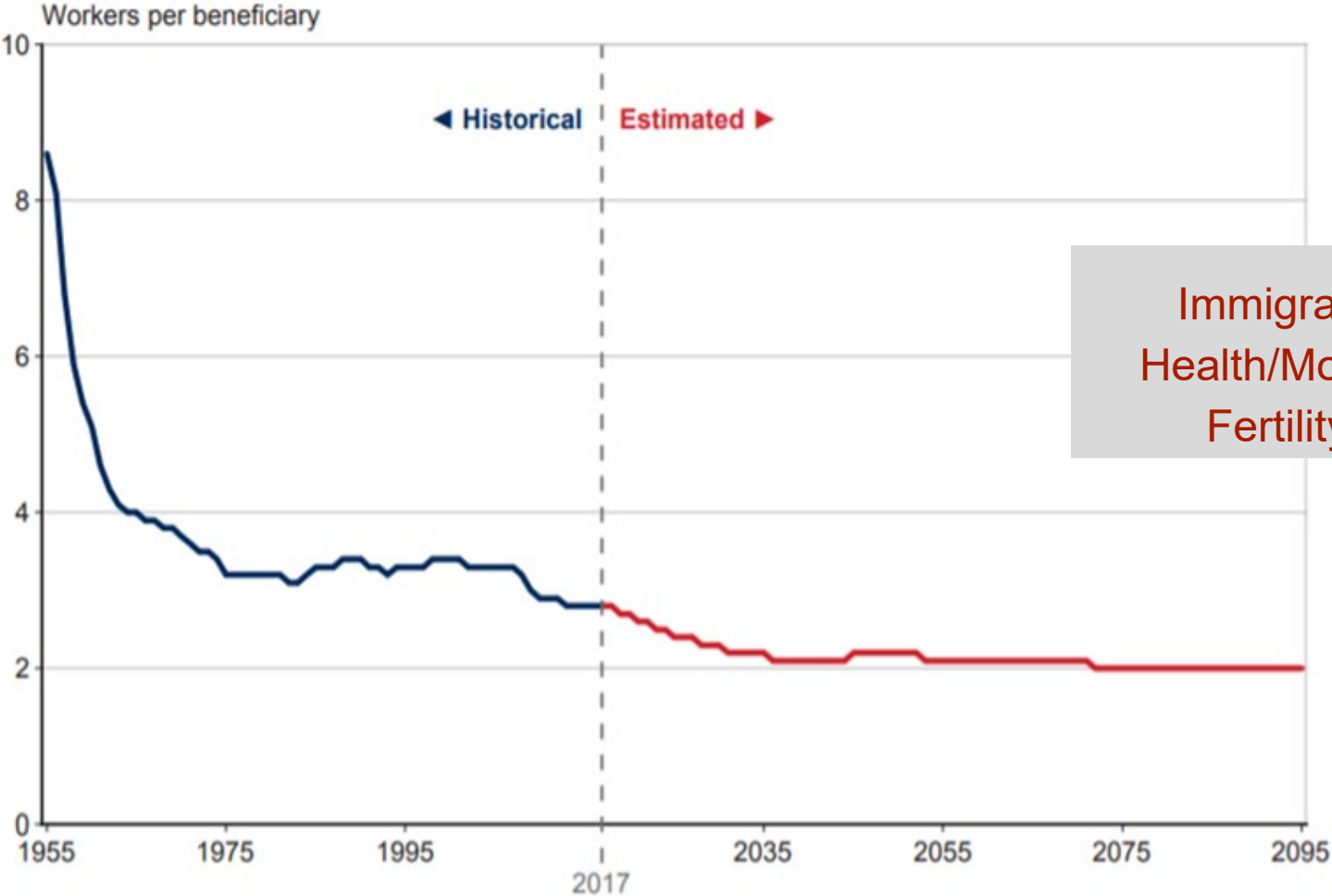
Income Level	Earnings	SS-OASI	SSI	Retirement Plan	Other	SSA Amt
Lowest	3%	55%	30%	6%	6%	\$12,596
2	3%	83%	4%	6%	4%	\$12,325
3	4%	77%	2%	13%	4%	\$14,638
4	8%	64%		22%	6%	\$16,441
5	11%	53%		29%	7%	\$19,313
6	13%	46%		35%	6%	\$20,674
7	17%	39%		36%	8%	\$22,065
8	19%	32%		40%	9%	\$22,752
9	25%	24%		40%	11%	\$23,235
Highest	35%	14%		34%	17%	\$25,309

Aggregate income, by source (in percent)



SOURCES: Data for 1962 are from SSA, *The Aged Population of the United States: The 1963 Social Security Survey of the Aged* (1967). Data for 2015 are SSA calculations from the March 2016 Annual Social and Economic Supplement to the Current Population Survey.

Ratio of covered workers to Social Security beneficiaries



Back to Example: Born in 1962

Can use housing – pay down debt, use equity as income, if owner

Delay Social Security until age 70: OASI benefit is now \$21,000
\$125,000 saved (because worked/saved/invested longer)

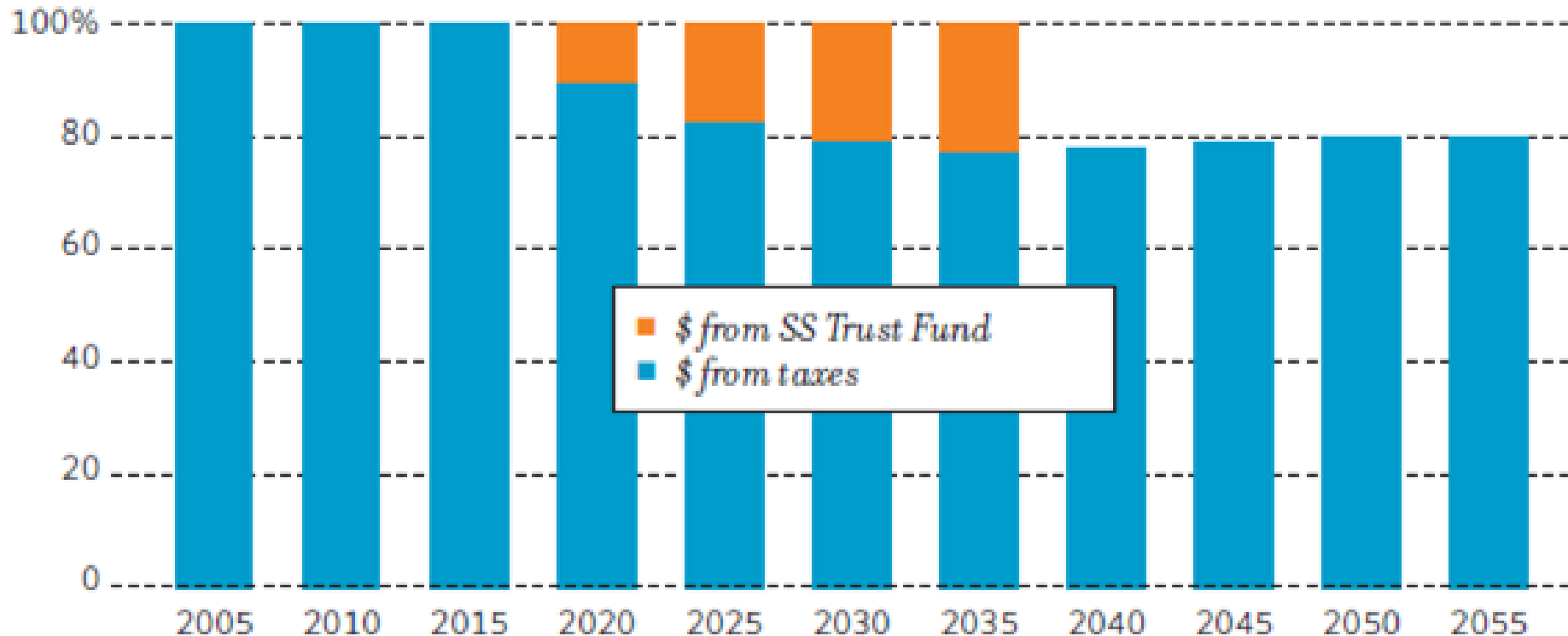
Gap: \$12,000 per year. **Now, savings depleted at age 81.**
- Expected life span of 85 for a male who makes it to age 70

Could continue to work part time...if health okay and work exists

Cut expenses...

Rely on spouse or family support...

Old Age and Survivors Insurance Will Not “Go Bankrupt”, But... (if no reforms) 80 cents on \$1



Source: Boston College

Looking Ahead

Social Security's stability is important issue for vulnerable households



Housing wealth; long-run value of owning even a modest home

Healthcare costs—at end of life, but also generally out-of-pocket costs

Strategies to reduce consumption costs; food, housing, energy – including **benefit** programs



At very low incomes, benefits are critical

Changing Face of Retirement Security

More than half of 65-year-olds will require **long-term care** at some point

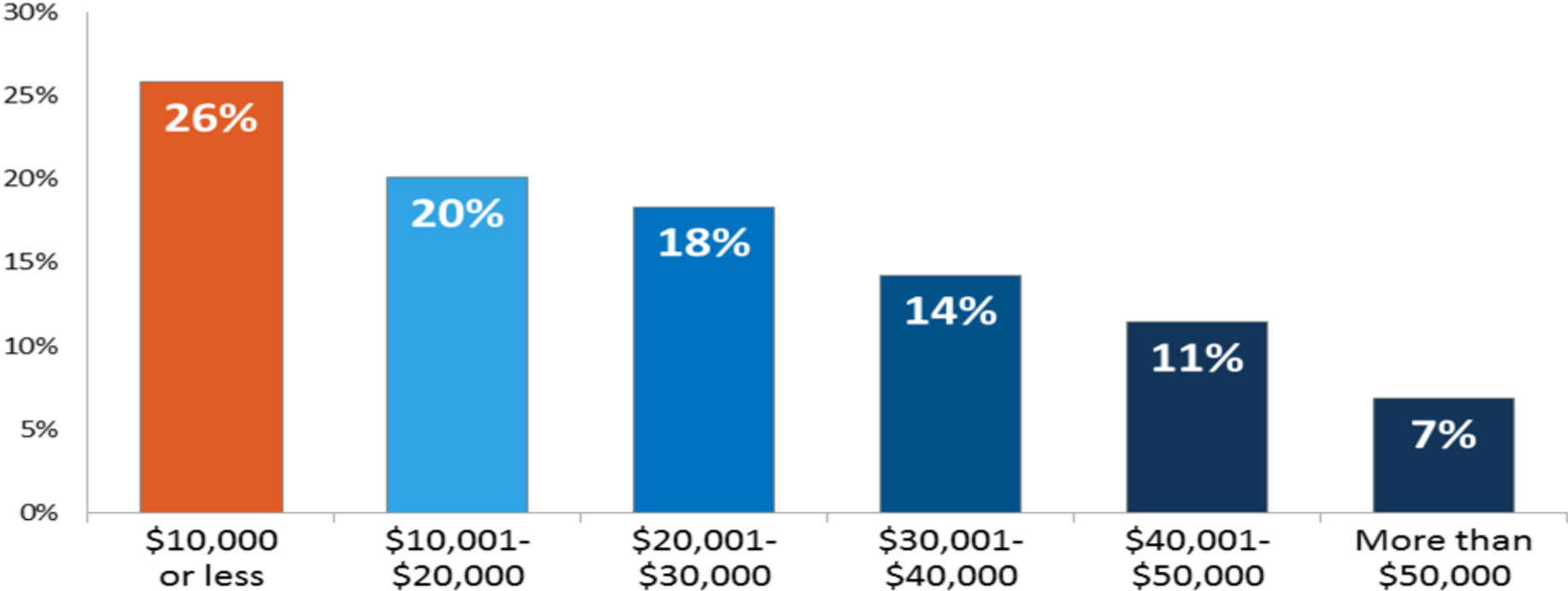


Out of pocket **medical costs** rising

Demands of **caring** for spouse or family members



Spending on Healthcare as % of Income



NOTE: Estimates based on spending and income amounts in 2016 dollars. Excludes Medicare Advantage enrollees and beneficiaries enrolled in Part A or B only. Total out-of-pocket health care spending includes spending on services and premiums for Medicare and private health insurance premiums. Per capita income for married couples is income for the couple divided by two.

SOURCE: Kaiser Family Foundation analysis based on CMS Medicare Current Beneficiary Survey 2013 Cost and Use file.

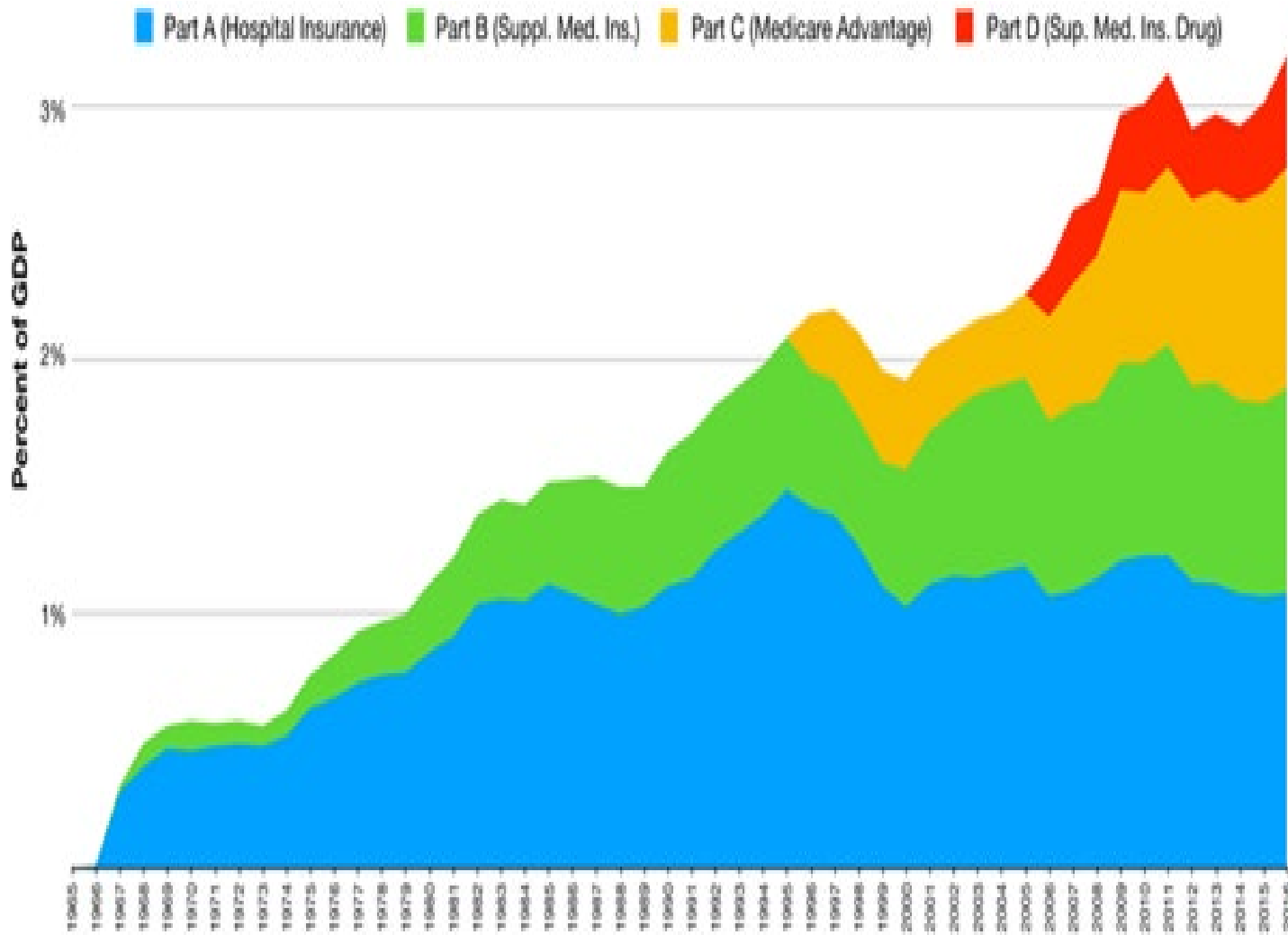
Medicare

In 1965, 56% of seniors did not have health insurance.

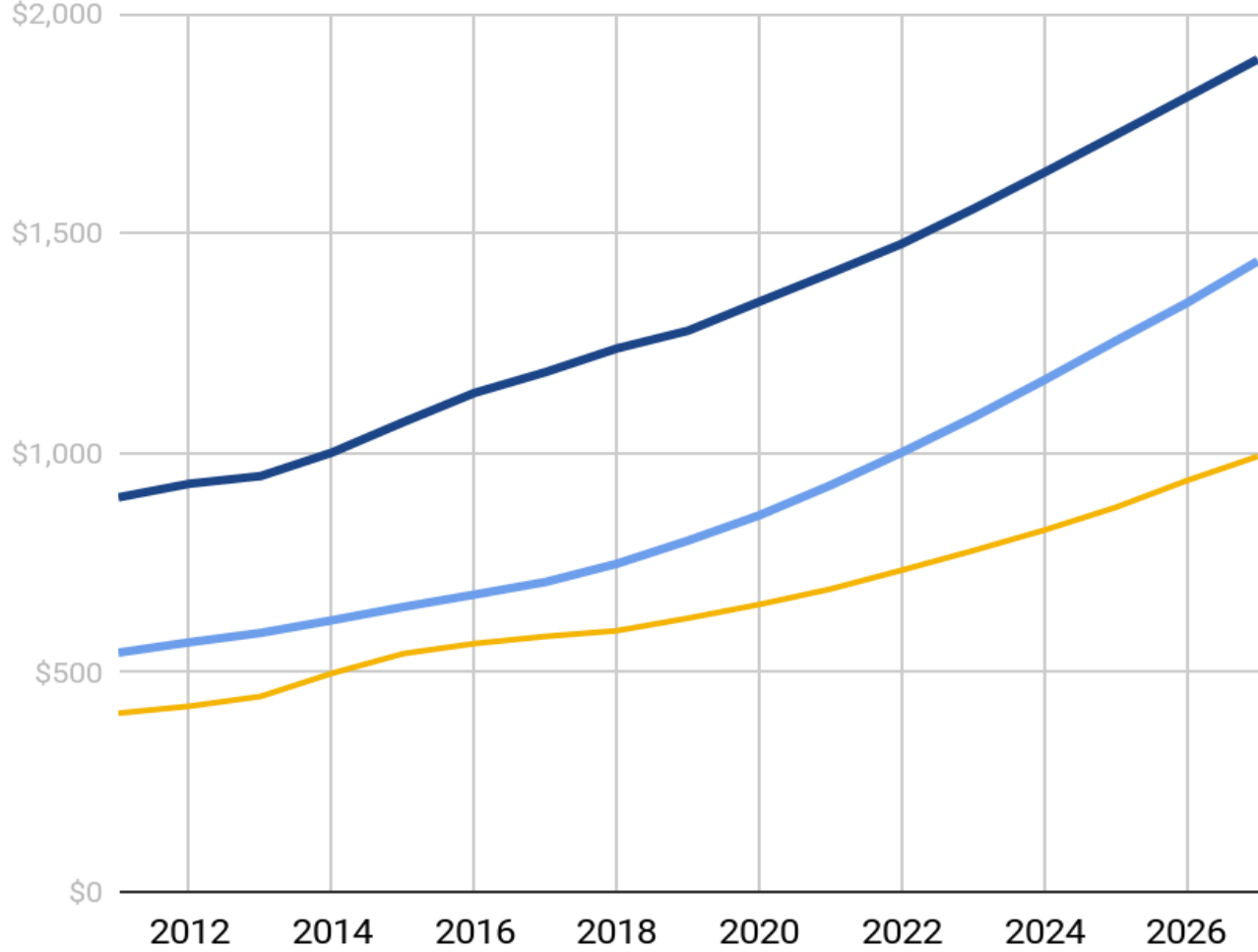
Program has expanded coverage over time

Population has aged

Health care costs have increased



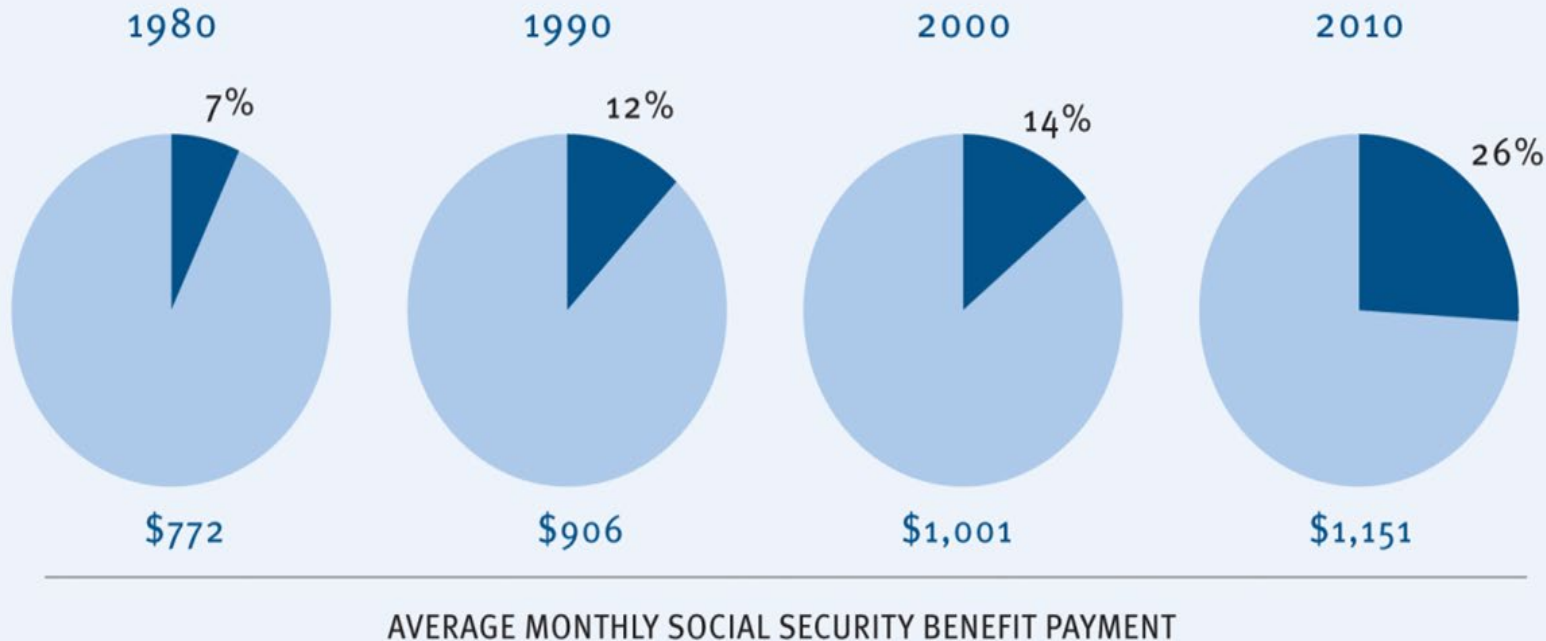
billions



- Private Health Insurance
- Medicare
- Medicaid

SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary.

Part B and Part D Premiums and Cost Sharing as a Share of Average Social Security Benefit Payments, 1980–2010



SOURCE: Kaiser Family Foundation analysis based on data from Boards of Trustees 2012.

Medicare Financing

Medicare Hospital Insurance (Part A) Trust Fund is projected to be **depleted in 2026** (2018 Medicare Trustees Report)

- Will only pay **91 cents** per dollar - gap filled by appropriations or other sources

Medicare costs will grow from 3.7% gross domestic product (GDP) to **5.9% by 2040**



Policy Choices: Is there a path forward?

Social Security - strongly influenced by demographics

- Shifting benefits and costs as demographics change
- Intergenerational tradeoffs

Medicare part of larger health care system

- Part of larger market with rising costs



No easy answers: major policy issues keep getting kicked down the road

Medicare Options

- **Cost sharing** - out-of-pocket costs
- Increasing Medicare **premiums**
- Raising the **eligibility** age
- Expand use of **cost controls** through ACOs & Medicare Advantage
- Increasing Medicare **payroll tax** or expanding application of payroll tax (biggest impact)

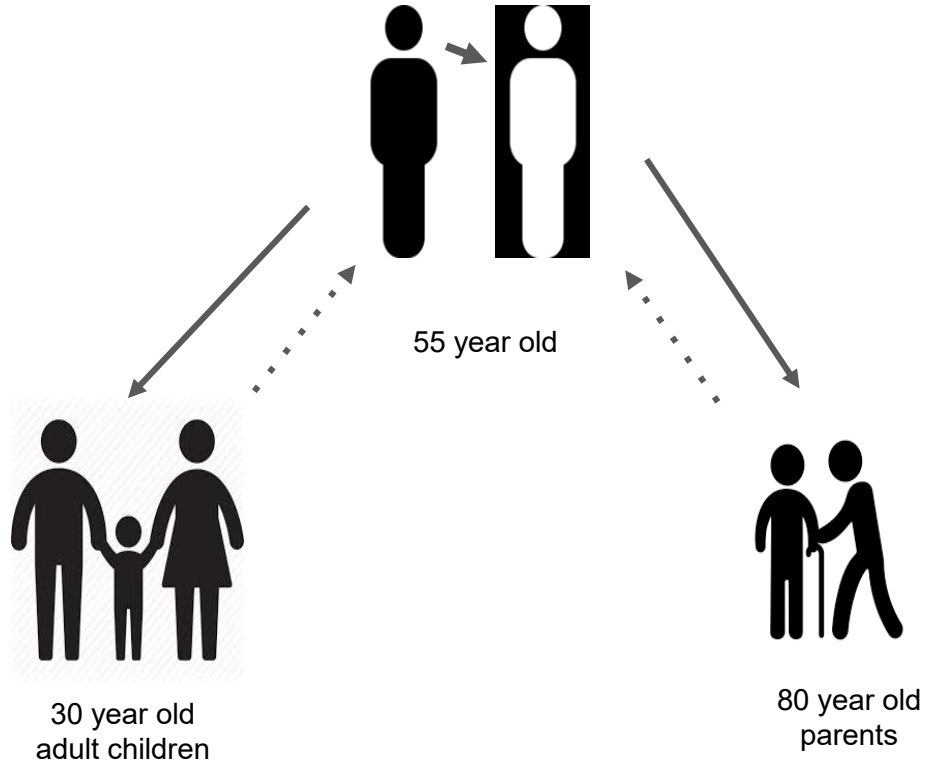


OASI Policy Options

- Increase Retirement Age
- Limit Benefits
- Increase payroll tax or what income levels are taxed
- Expand coverage of payroll tax

YOUR POLICY SELECTIONS	% OF GAP CLOSED
Slow Benefit Growth for Top 20% Of Earners	12%
Raise Age to 69 then index to Longevity	41%
Tighten SSDI Eligibility Criteria	8%
Limit Spousal Benefits for High Earners	4%
Offer "Bump-Up" for Very Old Beneficiaries	-6%
Calculate Benefits Based on Highest 38 Years	11%
Raise and Re-Index the Taxable Maximum	22%
Cover Newly-Hired State & Local Workers	9%

Multi-Generational Financial Planning



65 year old male likely to live to age 84 (19 years)

65 year old woman will live to age 88 (23 years).

★ 8 out of 10 women will outlive their husbands-- and be the sole financial decision maker

21% of people 65 and older live with two other generations

Major Financial Planning Issues

Estates – beneficiaries, titling, simple steps, power of attorney



Life insurance – document management

Debt – mortgages, other credit planning



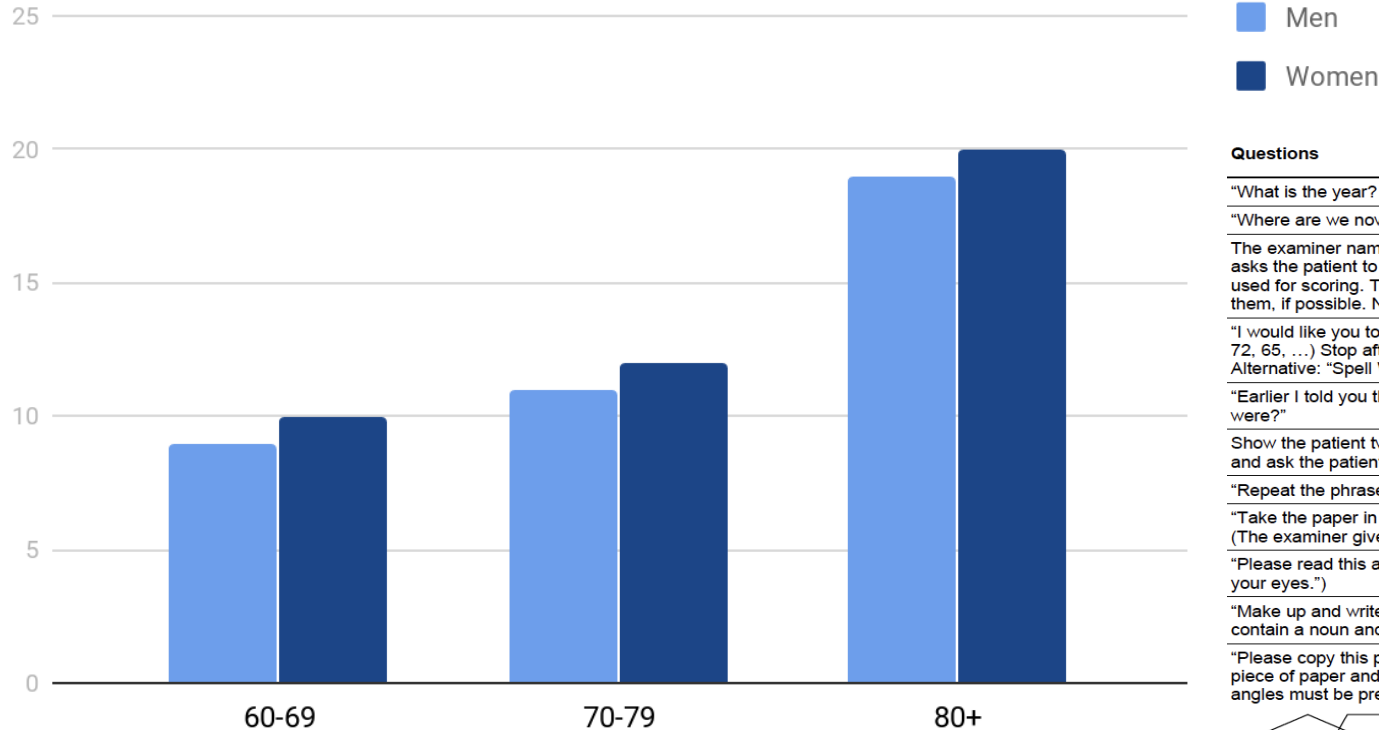
Taxes – need to manage IRA and other accounts as age



Organization - abandoned accounts

Cognitive Decline

% with Reported MMSE Problems



1 in 5 by age 80

Mini-Mental State Examination (MMSE)

Questions

"What is the year? Season? Date? Day of the week? Month?"

"Where are we now: State? County? Town/city? Hospital? Floor?"

The examiner names three unrelated objects clearly and slowly, then asks the patient to name all three of them. The patient's response is used for scoring. The examiner repeats them until patient learns all of them, if possible. Number of trials: _____

"I would like you to count backward from 100 by sevens." (93, 86, 79, 72, 65, ...). Stop after five answers.

Alternative: "Spell WORLD backwards." (D-L-R-O-W)

"Earlier I told you the names of three things. Can you tell me what those were?"

Show the patient two simple objects, such as a wristwatch and a pencil and ask the patient to name them.

"Repeat the phrase: 'No ifs, ands, or buts.'"

"Take the paper in your right hand, fold it in half, and put it on the floor." (The examiner gives the patient a piece of blank paper.)

"Please read this and do what it says." (Written instruction is "Close your eyes.")

"Make up and write a sentence about anything." (This sentence must contain a noun and a verb.)

"Please copy this picture." (The examiner gives the patient a blank piece of paper and asks him/her to draw the symbol below. All 10 angles must be present and two must intersect.)



More “Hot” Issues

Saving

- OASI will not cover all retirement expenses; IRA, 401k etc. critical
- Medicare cost sharing on the rise: HSAs as one strategy

Insurance

- Annuitization products
- Medicare Advantage and supplemental plans

Lifestyle

- Major costs of care due to chronic conditions and end of life care
- Managing health care costs and treatments



Social Security Administration's Retirement and Disability Research Consortium 2019-2024

- Studying issues relate to disability and retirement programs
- Training for emerging scholars
- Outreach and translation of research
- Focus on economically vulnerable households



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The findings and conclusions presented today are those of the author and do not necessarily represent the views of the Social Security Administration or the University of Wisconsin.

Thank you!

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